

# User Manual

## MS-98F1S



# Preface

Dear users:

We're pleased to present to you our 10-in-1 beauty machine featured with weight loss, figure slimming, anti-aging, cleaning, hydrating and so on. It is a multifunctional beauty machine, targeted at both face and body, mainly focusing on lifting and tightening of face, removing wrinkles, and body shaping. We aim at a safe and, at the same time, effective beauty result by using high-end technologies. RF, lipo laser and ultrasonic beauty machines are anti-aging machines for professional use, which needs to be handled by professionals with proper training. Any improper use will result in adverse outcomes. Therefore we advise any personnel read this guide thoroughly and follow the instructions strictly before operation.

We believe our quality product will bring in good returns on your end. Also, you can count on our worry-free after-sales service.

Thank you!

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# Part I

## Brief Introduction

RF and ultrasonic beauty machines are currently the most popular beauty machines that work on tightening, body-shaping and anti-aging. Coupled with strong fat dissolving of lipo laser pads, it's an effective replacement of all the facial and body care programs in beauty salons. Moreover, they are convenient and easy to operate. It solves both skin and body management issues for beauty-lovers. This equipment requires no injection, no medication, no operation, thus having no side-effects. It is used externally during the whole process and has an immediate effect. RF machines heats deeper skin layers, stimulates collagen cells to reform in dermis, increases blood circulation in hypodermis, thus achieving skin tightening and anti-aging. Ultrasound of special frequency targets at stubborn unwanted cellulite, bringing amazing results.

## Advantages

1. 10-in-1 multifunctional beauty machine that works on both of your facial and body care.
2. Ultrasonic fat burning replaces and transcends liposuction, bringing good news for treating obesity.
3. Various work heads can be replaced in different parts according to different requirements.
4. The perfect combination of ultrasound and RF solves the dilemma of losing weight. It helps with weight loss while at the same time maintains firm skin, increases skin elasticity, metabolism, and ultimately better health.
5. Adopting the cutting-edge technology of ultrasonic fat burning.
6. Suitable for all skin types. It also improves and soothes skin.
7. Painless, non-invasive during the process. Skipping any recovery periods without affecting any work and life plans.
8. No consumption, low cost and quick returns.
9. Wider treatment range and faster and more visible effects.
10. Unevenness, bleed, swelling and stasis will not appear after treatment.
11. Ultrasound, negative pressure and radio frequency all have the energy release of red LED respectively. They can dissolve fat and massage while at the same time accelerate metabolism, and sterilize skin. The effect is remarkable with a higher comfort level.
12. Deep clean skin and at the same time hydrate and refine skin.
13. Lipo laser: even fat dissolving, leaving skin smooth; Safe and painless.

## Facial Anti-aging

### Principles

## **Microdermabrasion**

The use of special micro-carved tube, inlaid with different thickness of fine steel particles, by the way of back and forth friction, and with the strength of vacuum suction control force, the skin will be shed a shallow layer of dead skin cells. It is non-invasive and physical. By removing dead skin cells from the surface of the skin, the regeneration ability and skin quality can be improved. After treatment, the skin will be slightly reduced, and the skin will become more smooth and tender. At the same time, combined with manual massage techniques also play an improving role in skin lifting.

### **Physical Effects**

Vacuum negative pressure suction technology is adopted to reduce internal air pressure, which can effectively remove waste cuticle, draw out blackheads and excessive oil and other pore garbage. Also, it helps achieve free skin breathing circulation, which can dredge pores, improve large pore sizing and brighten skin tone.

## **RF Face**

RF works through the circuits formed by electrodes in pair. The optimum frequency of radio frequency biothermal effect is 3 MHz, and the maximum speed of extreme change is 8 million charged particles in tissues per second. In the rapid change of electrodes, the dermal tissue naturally resists the radio frequency current and generates thermal energy. During the process, RF promotes the metabolism and proliferation of skin collagen through high electromagnetic wave change, therefore heating up dermis layer of the skin, thus achieving effects like tightening, lifting, wrinkle removal, anti-aging and smooth skin.

### **Biological Effect**

Radio frequency can shake millions of high frequency radio waves per second, penetrate the epidermis, directly act on the dermis, deep heat collagen cells, stimulate the growth of collagen fibers, so that it has a large number of new collagen support, making the skin more compact and elastic.

Every time energy comes into the skin, it feels a temporary sense of heat. This means that collagen has been stimulated to produce fever, resulting in tightening of the skin. While operating sliding, the radio frequency wave emitted by the therapeutic head of the super-frequency wave system, under the cold protection of the epidermis, has acted on the deep dermis through the epidermis, rapidly heating water molecules to produce safe Bio-thermal energy. When the natural friction of collagen tissue is heated up to 45°C~60°C, it will shrink immediately and stimulate the collagen to grow continuously. At the same time, bio-heat can effectively accelerate blood flow in adipocytes, and release free fatty acids (ffa), thereby increasing the dissolution of superficial fat, and achieve the purpose of tightening and lifting the sagging part of the body.

## **BIO**

The combination of micro-current and inductive current has a strong cosmetic effect. The function of microcurrent is to increase the synthesis of ATP (adenosine triphosphate), which is five times higher than usual. It can provide muscle and body energy, make you look energetic; Improve the permeability of cells, 30% - 40% higher than usual, help the human body better absorb nutrients and water, oxygen-containing blood, etc., and remove waste and toxins as soon as possible. Promote the synthesis of muscle fibers, 68% higher than usual, keep the skin moist, soft, compact and lustrous; Increase the level of collagen synthesis to 73%, reduce wrinkles, make the skin more soft, elastic and lustrous. The function of induced current is to balance cell's electric potential, increase cell ATP, accelerate blood circulation, improve collagen synthesis and increase skin elasticity.

BIO Cell Activation Instrument, which imitates human biological current, enters muscle cells through skin, stimulates ATP contained in cells, and restores normal operation and function of cells. It collects the latest technology to shape facial contour, thin face, reduce double chin and wrinkles and shrink pores for customers in the shortest time possible. BIO makes facial muscles tight and delicate, and rosy cheeks will appear naturally. It is more effective on loose skin, so as to achieve the goal of shaping a beautiful face.

## **Effects**

1. Deeply clean pores and remove waste corneum.
2. Shrink pores and improve pore sizing.
3. Stimulate collagen regeneration.
4. Improve skin sagging, laxity and wrinkles.
5. Accelerate circulation and metabolism at the bottom skin.
6. Tighten the face and introduce nutrition deeply.
7. Fade pigment, spots, tender and whiten skin.
8. Moisturize skin and increase skin absorption.

## **Applicable Range**

1. Those with facial dullness and uneven skin.
2. Those with skin relaxation, sagging and lack of elasticity.
3. Those with rough skin and large pores.
4. Those with thick layers of corneum and exuberant oil secretion.
5. Those with dry lines, fine lines, and dynamic wrinkles.
6. Those with loss of collagen.
7. Those who are under long-term exposure of UV radiation at workplace.
8. Those with lax skin, edema or obesity after birth.

## **Inapplicable Range**

1. Those who have just undergone plastic surgery which have implanted prostheses, metal materials and so on.
2. Those who have recently received certain injections, such as hyaluronic acid, intradermal injection, wrinkle removal, or plastic surgery.
3. Those with skin trauma or wound.
4. Those who are overaging.
5. Those in menstruation, pregnancy, lactation, surgical recovery.
6. Those with skin diseases and infectious diseases.
7. Use with caution for those who are allergic to electric currents.

## **Notes after Operation**

1. Do not wash your face with overheated water within three days (lukewarm or cold water is recommended).
2. Enhance moisturizing and sunscreen.
3. Do not soak in hot springs, steam saunas or exercise strenuously, etc. within three days.
4. Use facial masks at least three times a week.
5. Spicy, greasy food should be avoided. Staying up late, smoking and drinking are prohibited. Eat more vegetables, fruits, and less greasy food.
6. Avoid food that will cause '3 Hs' (high blood pressure, high cholesterol and high blood sugar), less greasy food is advised.

# **Facial Tightening and Lifting**

## **Principles**

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thin face, reduce double chin and wrinkles and shrink pores for customers in the shortest time possible. BIO makes facial muscles tight and delicate, and rosy cheeks will appear naturally . It is more effective on loose skin, so as to achieve the goal of shaping a beautiful face.

## **Face Vacuum & RF**

Massage skin and muscles with the special negative pressure suction head, which can effectively improve body fluid flow and increase cell activity to achieve effects like improving skin elasticity, accelerating blood circulation of capillary blood vessels, clearing out toxins through lymphatic drainage, and improving and lowering the occurrence of dark spots, hyperpigmentation and blood stasis. The kneading action generated by vacuum suction can increase the tissue activity of skin and muscle, thus helping to reduce the cellular tissue and increase the elasticity of skin tissue, so that both slimming and shaping can be completed at the same time. In addition, vacuum negative pressure movement can also stimulate the surface and deep sympathetic nervous system, improve skin sensitivity. The suction and release process of air pressure can not only improve the capillary system but also improve the flow between deeper veins and lymph network, strengthen blood vessels, and improve varicose veins.

**Advantages:** Unique RF function head design, RF and negative pressure are relatively independent but complementary metabolic system as a whole, RF has negative pressure, negative pressure has RF , each other as a whole. Compared to the ordinary single-stage RF can be more effective, faster and more uniform perfect remodeling body.

## **Hydro Spray Jet**

Using high pressure oxygen and water, it sprays water flow on the skin with molecular particles less than 80 microns. The active water molecules and pure oxygen then quickly enters into the deep layer of the skin, accelerating the skin nutrition absorption. Through high pressure force into the pores of the skin and skin crack by skin penetration into the dermis layer so as to promote the cell regeneration, it directly and quickly provides adequate nutrition for the skin, removes rubbish from deep skin layer at the same time. Hyperbaric oxygen and nutrients can stimulate the fibrous tissue of the dermis regeneration, promote metabolism, thus achieves effects like hydrated, tender and glowing skin.

### **Physical Effects**

The hydro spray jet is equipped with a 8 kg pressure oxygen pump. It adopts the advanced principle of pressure swing adsorption (PSA, quick separation of high concentration of pure oxygen in the air, and through the pulse type push to mix 80% of pure oxygen molecules and 0.9% of the water molecules to water and transport them into cells in deeper layers of skin, and replace waste toxins wherein, quickly



produce energy, promote metabolism, so as to achieve the clean, translucent and glowing skin.

Through the vacuum tube which is as thin as three hairs, water and oxygen are quickly atomized into molecules and injected into all levels of the skin through the pulse type push, thus supplementing the cell needs of water and oxygen, so as to restore cell activity, achieve plump, moist, and elastic skin.

## **Effects**

1. Shrink pores, improve pore sizing.
2. Tighten and lift, and fade wrinkles.
3. Improve skin sagging, laxity and wrinkles.
4. Deep hydration and nutrition.
5. Help your skin absorb nutrients deeply.
6. Stimulate collagen regeneration and increase skin elasticity.
7. Shape the facial contour to make the five features more three-dimensional.
8. Lift cheeks and canthus.

## **Applicable Range**

1. Those with facial dullness and uneven skin.
2. Those with skin relaxation, sagging and lack of elasticity.
3. Those with unclear facial outline.
4. Those with dryness, skin dehydration and lack of nutrition.
5. Those with large pores, thick layers of corneum and exuberant oil secretion.
6. Those with sagging cheeks and skin sagging around eyes.
7. Those who are under long-term exposure of UV radiation at workplace.
8. Those with lax skin, edema or obesity after birth.

## **Inapplicable Range**

1. Those who have just undergone plastic surgery which have implanted prostheses, metal materials and so on.
2. Those who have recently received certain injections, such as hyaluronic acid, intradermal injection, wrinkle removal, or plastic surgery.
3. Those with skin trauma or wound.
4. Those who are overaging.
5. Those in menstruation, pregnancy, lactation, surgical recovery.
6. Those with skin diseases and infectious diseases.

## **Notes after Operation**

1. Do not wash your face with overheated water within three days (lukewarm or cold water is recommended).

2. Enhance moisturizing and sunscreen.
3. Do not soak in hot springs, steam saunas or exercise strenuously, etc. within three days.
4. Use facial masks at least three times a week.
5. Spicy, greasy food should be avoided. Staying up late, smoking and drinking are prohibited. Eat more vegetables, fruits, and less greasy food.
6. Avoid food that will cause '3 Hs' (high blood pressure, high cholesterol and high blood sugar), less greasy food is advised.

## Facial Cleaning & Hydrating

### Principles

#### Microdermabrasion

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#### Physical Effects

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#### Physical Effects

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concentration of pure oxygen in the air, and through the pulse type push to mix 80% of pure oxygen molecules and 0.9% of the water molecules to water and transport them into cells in deeper layers of skin, and replace waste toxins wherein, quickly produce energy, promote metabolism, so as to achieve the clean, translucent and glowing skin.

Through the vacuum tube which is as thin as three hairs, water and oxygen are quickly atomized into molecules and injected into all levels of the skin through the pulse type push, thus supplementing the cell needs of water and oxygen, so as to restore cell activity, achieve plump, moist, and elastic skin.

## **Effects**

1. Replenish water and nutrition deeply.
2. Remove excessive cutin and regain skin balance.
3. Remove blackheads and improve strawberry nose.
4. Moisturize and whiten your skin.
5. Nourish and brighten your complexion.

## **Applicable Range**

1. Those with imbalanced skin.
2. Those who has or experience dry skin, dehydration, peeling, etc.
3. Those with large and clogged pores.
4. Those with dull skin.
5. Those with poor skin metabolism and poor absorption.
6. Those with thick cuticle and high turnover of oil secretion.

## **Inapplicable Range**

1. Those with severely sensitive skin or those in allergic phase.
2. Those whose nose has prosthesis.
3. Those with extensive facial trauma.
4. Those who are pregnant and those suffering from serious heart disease, severe three H's(hypertension, hyperlipidemia, hyperglycemia), serious diseases, etc.
5. Those with skin diseases and infectious diseases.
6. Those who have just received injection, such as hyaluronic acid, intradermal injection, wrinkle removal, or plastic surgery.
7. Those with metal implants in the body, such as stents and pacemakers and who are allergic to metal.

## **Notes after Operation**

1. Wash your face with warm water within 3 days after operation.
2. Strengthen hydration and pay attention to sun protection.

3. Do not use stimulating skin care products including scrub, exfoliating and AHAs within one week after operation.
4. Avoid staying up late, smoking and drinking, and eat more fruits and vegetables and less greasy food.
5. Apply a hydrating mask once a day for three days.

## Anti-aging around Eyes

### Principles

#### RF Eyes

RF works through the circuits formed by electrodes in pair. Radio frequency waves penetrate skin directly and produce thermal energy created by strong vibration from tissue resistance (1 MHz). During the treatment, RF device stimulates new collagen production by heating up hypodermis around eyes, which helps to tighten the skin, remove dark circles and bags, treat couperose and fine lines.

#### Biological Effects

RF can shake millions of high frequency radio waves per second, penetrate the epidermis, directly act on the dermis, deep heat collagen cells, stimulate the growth of collagen fibers, so that it has a large number of new collagen support, make the skin more compact and elastic.

Every time energy comes into the skin, it feels a temporary sense of heat. This means that collagen has been stimulated to produce fever, resulting in tightening of the skin. While operating sliding, the radio frequency wave emitted by the therapeutic head of the super-frequency wave system, under the cold protection of the epidermis, has acted on the deep dermis through the epidermis, rapidly heating water molecules to produce safe Bio-thermal energy. When the natural friction of collagen tissue is heated up to 45°C~60°C, it will shrink immediately and stimulate the collagen to continue. At the same time, bio-heat can effectively accelerate blood flow in adipocytes, release free fatty acids (ffa), thereby increasing the dissolution of superficial fat, and achieve the purpose of tightening and lifting the sagging part of the body.

#### BIO

The combination of micro-current and inductive current has a strong cosmetic effect. The function of microcurrent is to increase the synthesis of ATP (adenosine triphosphate), which is five times higher than usual. It can provide muscle and body energy, make you look energetic; Improve the permeability of cells, 30% - 40% higher than usual, help the human body better absorb nutrients and water, oxygen-containing blood, etc., and remove waste and toxins as soon as possible. Promote the synthesis of muscle fibers, 68% higher than usual, keep the skin moist,

soft, compact and lustrous; Increase the level of collagen synthesis to 73%, reduce wrinkles, make the skin more soft, elastic and lustrous. The function of induced current is to balance cell's electric potential, increase cell ATP, accelerate blood circulation, improve collagen synthesis and increase skin elasticity.

BIO Cell Activation Instrument, which imitates human biological current, enters muscle cells through skin, stimulates ATP contained in cells, and restores normal operation and function of cells. It collects the latest technology to shape facial contour, thin face, reduce double chin and wrinkles and shrink pores for customers in the shortest time possible. BIO makes facial muscles tight and delicate, and rosy cheeks will appear naturally. It is more effective on loose skin, so as to achieve the goal of shaping a beautiful face.

## **Effects**

1. Relieve eye fatigue, dark circles, eye bags and edema.
2. Reduce lines around eyes and crow's feet.
3. Reduce dark spots and accelerate blood circulation.
4. Accelerate metabolism and prevent hyperpigmentation.
5. Supplement nutrition to the eyes and moisturize skin.
6. Tighten and soften skin, lift the corners of the eyes.
7. Accelerate blood circulation around eyes and help skin absorb nutrients efficiently.

## **Applicable Range**

1. Those with wrinkles, fine lines, bags and dark circles around the eyes.
2. Those with dry skin, dry lines and dynamic wrinkles.
3. Those with eyes prone to fatigue and dryness.
4. Those frequently face computer screens and mobile phones.
5. Those who often stay up late and have dark circles.
6. Those who often stay in a dry or hot environment.

## **Inapplicable Range**

1. Those who had just undergone plastic surgery.
2. Those with hypertension, heart disease, diabetes, severe thyroid and malignant tumors.
3. Those who are having an allergic reaction, or people with severe sensitive skin or allergic to metals.
4. Those with skin trauma or wound.
5. Those who are overaging.
6. Those who are pregnant or convalescents.
7. Those with skin disease and contagious diseases.

## **Notices after Operation**

1. Avoid excessive exposure to the sun. Sun protection is encouraged.
2. After operation, the treated area is relatively dry, moisturizing and sun protection is encouraged.
3. Within 1-3 days after operation, it is better not to use alcohol, AHA or other exfoliating products.
4. Avoid facial washing with overheated water, sauna steaming, hot springs or other strenuous exercise within 7 days after operation.
5. Moisturizers and eye masks are encouraged to use, preferably 3 times or more on eye masks a week.

## Anti-aging on Neck

### Principles

#### RF Face

RF instrument can achieve the effect of tightening skin, lifting skin and shaping face. The optimum frequency of radio frequency biothermal effect is 3 MHz, and the maximum speed of extreme change is 8 million charged particles in tissues per second. In the rapid change of electrodes, the dermal tissue naturally resists the radio frequency current and generates thermal energy.

RF wave directly penetrates the skin and generates energy by the resistance action of the skin, which makes the temperature of the skin bottom rise, rapidly and continuously heats the tissue and promotes the growth of collagen in the skin. The principle is tightening collagen and stimulating the proliferation of collagen in the dermis and then is utilized to enhance the tightness and durability in time. After 2-6 months, collagen will gradually proliferate and recombine, making sagging or relaxed skin tight and elevated.

#### Biological Effect

Radio frequency can shake millions of high frequency radio waves per second, penetrate the epidermis, directly act on the dermis, deep heat collagen cells, stimulate the growth of collagen fibers, so that it has a large number of new collagen support, making the skin more compact and elastic.

Every time energy comes into the skin, it feels a temporary sense of heat. This means that collagen has been stimulated to produce fever, resulting in tightening of the skin. While operating sliding, the radio frequency wave emitted by the therapeutic head of the super-frequency wave system, under the cold protection of the epidermis, has acted on the deep dermis through the epidermis, rapidly heating water molecules to produce safe Bio-thermal energy. When the natural friction of collagen tissue is heated up to 45°C~60°C, it will shrink immediately and stimulate the collagen to continue to grow. At the same time, bio-heat can effectively accelerate blood flow in adipocytes, release free fatty acids (ffa), thereby increasing the dissolution of

superficial fat, and achieve the purpose of tightening and lifting the sagging part of the body.

## **BIO**

The combination of micro-current and inductive current has a strong cosmetic effect. The function of microcurrent is to increase the synthesis of ATP (adenosine triphosphate), which is five times higher than usual. It can provide muscle and body energy, make you look energetic; Improve the permeability of cells, 30% - 40% higher than usual, help the human body better absorb nutrients and water, oxygen-containing blood, etc., and remove waste and toxins as soon as possible. Promote the synthesis of muscle fibers, 68% higher than usual, keep the skin moist, soft, compact and lustrous; Increase the level of collagen synthesis to 73%, reduce wrinkles, make the skin more soft, elastic and lustrous. The function of induced current is to balance cell's electric potential, increase cell ATP, accelerate blood circulation, improve collagen synthesis and increase skin elasticity.

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## **Face Vacuum & RF**

Massage skin and muscles with the special negative pressure suction head, which can effectively improve body fluid flow and increase cell activity to achieve effects like improving skin elasticity, accelerating blood circulation of capillary blood vessels, clearing out toxins through lymphatic drainage, and improving and lowering the occurrence of dark spots, hyperpigmentation and blood stasis. The kneading action generated by vacuum suction can increase the tissue activity of skin and muscle, thus helping to reduce the cellular tissue and increase the elasticity of skin tissue, so that both slimming and shaping can be completed at the same time. In addition, vacuum negative pressure movement can also stimulate the surface and deep sympathetic nervous system, improve skin sensitivity. The suction and release process of air pressure can not only improve the capillary system but also improve the flow between deeper veins and lymph network, strengthen blood vessels, and improve varicose veins.

**Advantages:** Unique RF function head design, RF and negative pressure are relatively independent but complementary metabolic system as a whole, RF has negative pressure, negative pressure has RF , each other as a whole. Compared to the ordinary single-stage RF can be more effective, faster and more uniform perfect remodeling body.

## **Vacuum Physical Effects**

### **1. Skin layer**

The suction and release of air pressure:

- (1) It can improve the fluidity of cells, thus increasing the movement of cells, and can treat diseases related to blood stasis and blood stagnation.
- (2) Draining lymph glands and veins.

Effects: redundant water is discharged from tissue fibers.

### **2. Vascular layer**

The suction and release of air pressure:

- (1) Improve the blood circulation of microvessels, not only for the capillary system, but also the flow between the deeper veins and lymphatic networks.
- (2) Remove excess toxins in the body.

Effects: Strengthen blood vessels, eliminate toxins and relieve varicose veins.

### **3. Fibrous layer**

The suction and release of air pressure:

- (1) Repair cell tissue, increase its activity.
- (2) Lift and revive skin elasticity.
- (3) Stimulate the production of bone collagen and improve skin plumpness.
- (4) Improve the oxygen support capacity of skin and increase the consumption of carbon dioxide.

Effects: Break the hard fibers of cellulite, make it more elastic, so as to achieve the effect of body-shaping.

### **4. Nerve layer**

The suction and release of air pressure:

- (1) Stimulates the surface and deep sympathetic nervous system.
- (2) Improves skin sensitivity.
- (3) Repair skin elasticity and resist tissue fibrosis.

Effects: Repair and improve skin sensitivity.

## **Effects**

1. Reduce fine lines and wrinkles on the neck.
2. Improve the flabbiness, roughness and dullness of the neck skin.
3. Tighten skin and increase skin elasticity.
4. Remove double chin to present a clearer jaw line.
5. Accelerate lymphatic detoxification and improve facial skin.
6. Prevent cervical and lymphatic diseases.

## **Applicable Range**



1. Those with fine lines and wrinkles on the neck.
2. Those with loose and inelastic neck skin.
3. Those with dark and dull skin.
4. Those who often bow their heads.
5. Those are prone to have double chins.

### **Inapplicable Range**

1. Those who have just undergone plastic surgery.
2. Those with hypertension, heart disease, diabetes, severe thyroid and malignant tumors.
3. Those who are having an allergic reaction, or people with severe sensitive skin.
4. Those with skin trauma or wound.
5. Those who are overaging.
6. Those who are pregnant or convalescents.
7. Those with skin disease and other contagious diseases.

### **Notes after Operation**

1. Sunscreen is encouraged . Keep the neck warm.
2. After operation, the treated area is relatively dry, moisturizing and sun protection is encouraged.
3. Within 1-3 days after operation, it is better not to use alcohol, AHA or other exfoliating products.
4. Avoid facial washing with overheated water, sauna steaming, hot springs or strenuous exercise within 7 days after operation.
5. Moisturizing and mask for the neck is encouraged, at least 3 times masks a week. Essence or neck cream is encouraged.
6. Avoid bowing head for a long time.

## **Shaping Waist & Abdomen**

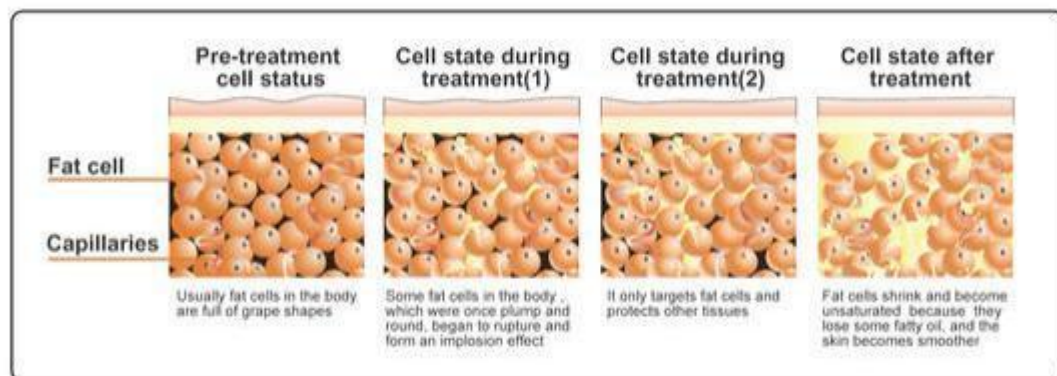
### **Principles**

#### **40K**

Using the sound wave with a frequency of 4 MHz emitted by the strong sound wave head gathering strong sound waves, human adipocytes can produce a strong impact and friction movement between adipocytes after entering the human body, which can effectively consume heat, water and shrink adipocytes. In addition, when sound waves vibrate, it can make adipocytes smaller. Strong crack will come along, cells will burst instantly, adipocytes reduce, so as to achieve the effect of fat removal.

**Cavitation Principle of Ultrasound:** Tens of thousands of tiny bubbles, namely cavitation bubbles, are produced by vibration of liquid. These bubbles grow in the negative pressure region formed by the longitudinal propagation of ultrasound, and close rapidly in the positive pressure region, thus being compressed and stretched under alternating positive and negative pressures. The bubbles will be compressed until burst, which will generate huge instantaneous pressure, generally up to tens of MPa to hundreds of MPa, and produce strong vibration and noise.

**Advantages:** It only aims for low-density adipose tissue in a specific frequency, and protects high-density tissue such as vascular and nerve tissue.



## Vacuum & RF

Massage skin and muscles with the special negative pressure suction head, which can effectively improve body fluid flow and increase cell activity to achieve effects like improving skin elasticity, accelerating blood circulation of capillary blood vessels, clearing out toxins through lymphatic drainage, and improving and lowering the occurrence of dark spots, hyperpigmentation and blood stasis. The kneading action generated by vacuum suction can increase the tissue activity of skin and muscle, thus helping to reduce the cellular tissue and increase the elasticity of skin tissue, so that both slimming and shaping can be completed at the same time. In addition, vacuum negative pressure movement can also stimulate the surface and deep sympathetic nervous system, improve skin sensitivity. The suction and release process of air pressure can not only improve the capillary system but also improve the flow between deeper veins and lymph network, strengthen blood vessels, and improve varicose veins.

**Advantages:** Unique RF function head design, RF and negative pressure are relatively independent but complementary metabolic system as a whole, RF has negative pressure, negative pressure has RF, each other as a whole. Compared to the ordinary single-stage RF can be more effective, faster and more uniform perfect remodeling body.

## Vacuum Physical Effects

### 1. Skin layer

The suction and release of air pressure:

- (1) It can improve the fluidity of cells, thus increasing the movement of cells, and can treat diseases related to blood stasis and blood stagnation.
- (2) Draining lymph glands and veins.

Effects: redundant water is discharged from tissue fibers.

### 2. Vascular layer

The suction and release of air pressure:

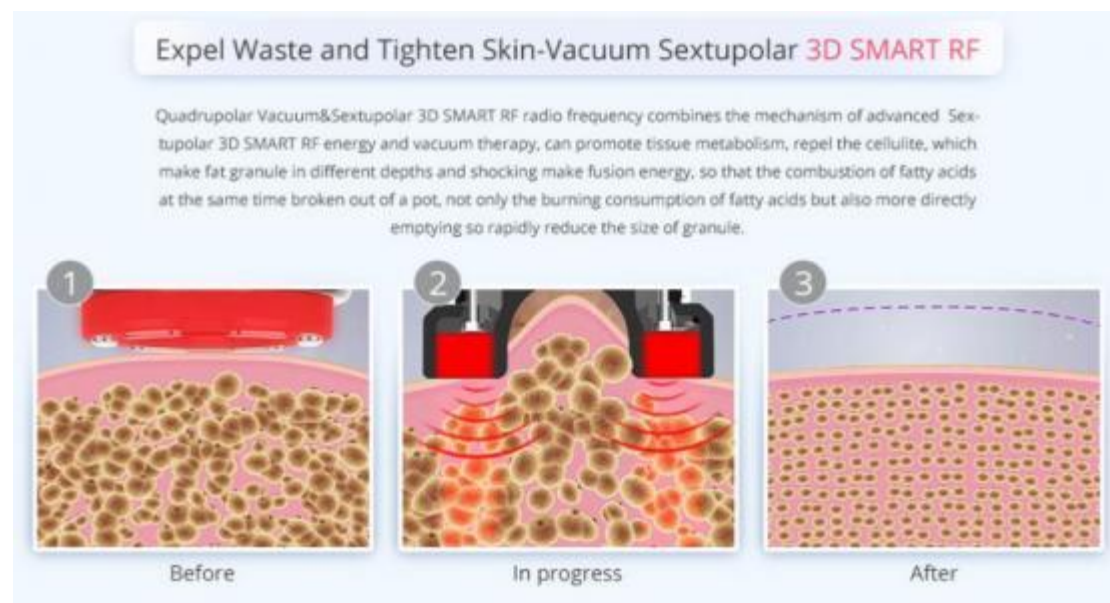
- (1) Improve the blood circulation of microvessels, not only for the capillary system, but also the flow between the deeper veins and lymphatic networks.
- (2) Remove excess toxins in the body.

Effects: Strengthen blood vessels, eliminate toxins and relieve varicose veins.

### 3. Fibrous layer

The suction and release of air pressure:

- (1) Repair cell tissue, increase its activity. Lift and revive skin elasticity.
- (2) Stimulate the production of bone collagen and improve skin plumpness.
- (3) Improve the oxygen support capacity of skin and increase the consumption of carbon dioxide.



## Laser Fat Removal

Laser fat-dissolving device is a red laser with a wavelength of 635nm-650nm, which is a visible spectrum. This wavelength of light has a strong penetrating power, which can effectively activate and repair fat cells, penetrate the fat layer, and dissolve subcutaneous fat by heat. Its treatment method is safe, without side effects or pain.

Low levels of laser energy chemical signals are sent to fat cells to break down triglycerides stored in the body's fat layer into free fatty acids and glycerol and release them through membrane channels. Fatty acids and glycerol are transported to tissues that produce metabolic energy. The release of fatty acids is a natural response when the body needs to use stored energy reserves, so there is no unnatural reaction in the body, nor does it affect or damage surrounding structures such as skin, blood vessels and peripheral nerves. After a period of exercise therapy, it will ensure that the free fatty acids of the body are eliminated through complete metabolism.

### **Biological Effect**

LED uses 635nm - 650nm LED laser heating fat cells in the target zone to make it decompose. In a very short period of time, fat deposition is only absorbed by our body's natural metabolic processes and discharge. In the process of operation, the laser seal small blood vessels, significantly reduce the injuries, introduce the heat treatment area, stimulates the production of collagen, to make it smooth and tight and also achieve the effect of body-sculpting.

Laser mainly acts as a low-energy laser (biological stimulation) to reach fat in depth. It stimulates biological cells and induces or strengthens a series of physiological reactions by giving appropriate energy, including promoting local blood circulation, regulating cell function, enhancing immune function and promoting cell metabolism. It can at the same time tighten skin, wrinkles, reduce fat, and shape body. Laser penetrating power is very strong, and can activate or repair fat cells more effectively. It can also penetrate the fat layer, heat up and dissolve subcutaneous fat. The treatment method is safe, and has no side effects, no pain.

Using the latest non-operative, non-invasive laser fat decomposition technique, low levels of laser energy released. It produce a kind of chemical signals in the fat cells that will dissolve the trioxide triene stored in body into free fatty acid, glycerin and water molecules. And this is the natural reaction when using the energy reserves one need. The free fatty acids are transported into the body through the lymphatic system to provide energy for the body, just like the body would respond when lack of heat.

### **Effects**

1. Relieve women's cold hands and cold feet, cold womb or cold body.
2. Tighten the skin on the waist and abdomen.
3. Reduce lumbar and abdominal fat.
4. Tighten skin, relieve stretch marks, obesity lines and increase skin elasticity.
5. Accelerate metabolism, relieve constipation and encourage intestinal peristalsis.

### **Applicable Range**

1. Those with cold hands and cold feet and cold womb.
2. Those with lumbar and abdominal fat or who have sagging skin after birth.
3. Those sitting for a long time, or with unideal waistlines.
4. Those with striae due to obesity and pregnancy.

5. Those with constipation or obstruction of abdominal meridians.

## **Inapplicable Range**

1. Those with “3 Hs”(hypertension, hyperglycemia, hyperlipidemia) and who have heart disease.
2. Those in pregnancy, menstruation or lactation.
3. Those who have just undergone surgical wounds or convalescents.
4. Those with epilepsy and severe diabetes and hyperthyroidism.
5. Those with malignant tumors, hemophilia or severe bleeding.
6. Those with skin diseases and infectious diseases.
7. Those with severe gynecological diseases.
8. Those whose gynecological diseases are being treated.

## **Notes after Operation**

1. Avoid crop top or anything exposing waist and abdomen as well as cold and windy environment.
2. Avoid binge eating or drinking. No alcohol, no spicy and greasy food. Staying up late should be avoided. Drink warm water.
3. Keep abdomen warm. Take a bath after 4-6 hours.
4. Steam sauna, hot spring or strenuous exercise should be avoided within 7 days after operation.
5. Before going to bed at night, you can rub your abdomen clockwise with your hands, so as to better the effect of weight loss and metabolism.

# **Shaping Breasts**

## **Principle**

### **RF Body**

RF heat effect produces specific radio frequency waves in a specific depth of the subcutaneous skin, which directly acts on the dermis through the skin epidermis, thus heating the tissue, promoting the catabolism of subcutaneous fat, and stimulating the proliferation and reorganization of collagen and elastic fibers. With the continuous regeneration and rearrangement of collagen in the dermis, it can be achieved. Let the flabby skin feel the effect of lifting upward and compacting immediately after the treatment. At the same time, massage can promote breast blood circulation, accelerate blood circulation, dredge congested blood clots and silt, and free fat to the chest under the condition of vibration. At the same time, more nutrients are absorbed into the breasts, which not only prevents atypical lobular hyperplasia and breast

cancer, but also enables you to have natural, healthy, beautiful and strong breasts, and makes beautiful female friends more confident.

## **Effects**

1. Adjust chest type and reduce accessory breast.
2. Relieve thoracic nodules, slight hyperplasia, alleviate menstrual breast pain.
3. Reduce chest expansion.
4. Alleviate irregular menstruation and reduce facial spots or skin without elasticity.
5. Alleviate postpartum breast atrophy, breast relaxation, breast duct blockage.

## **Applicable Range**

1. Those with bad breast shape and accessory breasts.
2. Those with nodules in the chest, slight hyperplasia and painful breast during menstruation.
3. Those with extended chest fat extended.
4. Those with low immunity.
5. Those with irregular menstruation and facial spots or whose skin is inelastic.
6. Those with improper developed mammary glands.

## **Inapplicable Range**

1. Those with cardiovascular and cerebrovascular diseases, diabetes mellitus, abnormal coagulation function and impaired vital organ function.
2. Those who are long-term or ongoing users of anticoagulants, vasodilators, corticosteroids and other drugs.
3. Those with infectious lesions on the chest skin.
4. Patients with severe thoracic proliferative or fibroma or cyst.
5. Those in pregnancy and lactation.

## **Notes after Operation**

1. Keep warm.
2. Wear styled and comfortable underwear. Don't press your chest hard.
3. Avoid getting cold. Take a bath after 4-6 hours.

# **Body-Shaping**

## **RF Body**

RF instrument can achieve the effect of tightening skin, lifting skin and shaping face. The optimum frequency of radio frequency biothermal effect is 3 MHz, and the

maximum speed of extreme change is 8 million charged particles in tissues per second. In the rapid change of electrodes, the dermal tissue naturally resists the radio frequency current and generates thermal energy.

RF wave directly penetrates the skin and generates energy by the resistance action of the skin, which makes the temperature of the skin bottom rise, rapidly and continuously heats the tissue and promotes the growth of collagen in the skin. The principle is tightening collagen and stimulating the proliferation of collagen in the dermis and then is utilized to enhance the tightness and durability in time. After 2-6 months, collagen will gradually proliferate and recombine, making sagging or relaxed skin tight and elevated.

### **Biological Effect**

Radio frequency can shake millions of high frequency radio waves per second, penetrate the epidermis, directly act on the dermis, deep heat collagen cells, stimulate the growth of collagen fibers, so that it has a large number of new collagen support, making the skin more compact and elastic.

Every time energy comes into the skin, it feels a temporary sense of heat. This means that collagen has been stimulated to produce fever, resulting in tightening of the skin. While operating sliding, the radio frequency wave emitted by the therapeutic head of the super-frequency wave system, under the cold protection of the epidermis, has acted on the deep dermis through the epidermis, rapidly heating water molecules to produce safe Bio-thermal energy. When the natural friction of collagen tissue is heated up to  $45^{\circ}\text{C}\sim 60^{\circ}\text{C}$ , it will shrink immediately and stimulate the collagen to continue to grow. At the same time, bio-heat can effectively accelerate blood flow in adipocytes, release free fatty acids (ffa), thereby increasing the dissolution of superficial fat, and achieve the purpose of tightening and lifting the sagging part of the body.

**Body sculpture & cellulite treatment**  
Body 8-Polar 3D SMART RF & Unoisetion cavitation 2.0 & Vacuum  
Sextupolar 3D SMART RF+ Laser Photon

**01**

Soften Fat Cells-Body 8-Polar 3D SMART RF

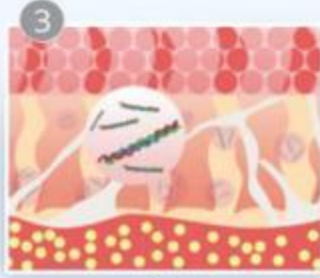
Using a high power of 1MHz 8-Polar 3D SMART RF radio frequency which is the same power for professional use, with a patent pending technology that generates heat deep under the skin, promoting metabolism by its hyper-thermal effect, this procedure enhances blood/lymph flow and is used for the purpose of fat reduction.



Before



In progress



After

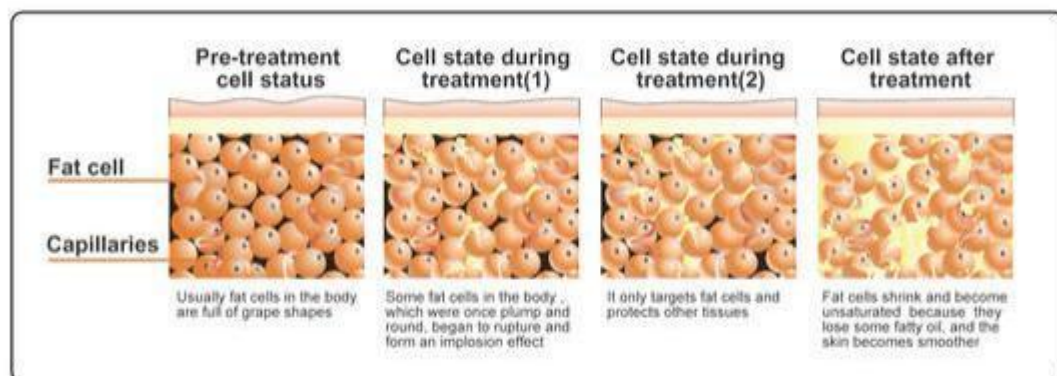


## 40K

Using the sound wave with a frequency of 4 MHz emitted by the strong sound wave head gathering strong sound waves, human adipocytes can produce a strong impact and friction movement between adipocytes after entering the human body, which can effectively consume heat, water and shrink adipocytes. In addition, when sound waves vibrate, it can make adipocytes smaller. Strong crack will come along, cells will burst instantly, adipocytes reduce, so as to achieve the effect of fat removal.

**Cavitation Principle of Ultrasound:** Tens of thousands of tiny bubbles, namely cavitation bubbles, are produced by vibration of liquid. These bubbles grow in the negative pressure region formed by the longitudinal propagation of ultrasound, and close rapidly in the positive pressure region, thus being compressed and stretched under alternating positive and negative pressures. The bubbles will be compressed until burst, which will generate huge instantaneous pressure, generally up to tens of MPa to hundreds of MPa, and produce strong vibration and noise.

**Advantages:** It only aims for low-density adipose tissue in a specific frequency, and protects high-density tissue such as vascular and nerve tissue.



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Massage skin and muscles with the special negative pressure suction head, which can effectively improve body fluid flow and increase cell activity to achieve effects like improving skin elasticity, accelerating blood circulation of capillary blood vessels, clearing out toxins through lymphatic drainage, and improving and lowering the occurrence of dark spots, hyperpigmentation and blood stasis. The kneading action generated by vacuum suction can increase the tissue activity of skin and muscle, thus helping to reduce the cellular tissue and increase the elasticity of skin tissue, so that both slimming and shaping can be completed at the same time. In addition, vacuum negative pressure movement can also stimulate the surface and deep sympathetic nervous system, improve skin sensitivity. The suction and release process of air pressure can not only improve the capillary system but also improve the flow between deeper veins and lymph network, strengthen blood vessels, and improve varicose veins.

**Advantages:** Unique RF function head design, RF and negative pressure are relatively independent but complementary metabolic system as a whole, RF has negative pressure, negative pressure has RF, each other as a whole. Compared to the ordinary

single-stage RF can be more effective, faster and more uniform perfect remodeling body.

## **Vacuum Physical Effects**

### **4. Skin layer**

The suction and release of air pressure:

(1) It can improve the fluidity of cells, thus increasing the movement of cells, and can treat diseases related to blood stasis and blood stagnation.

(2) Draining lymph glands and veins.

Effects: redundant water is discharged from tissue fibers.

### **5. Vascular layer**

The suction and release of air pressure:

(1) Improve the blood circulation of microvessels, not only for the capillary system, but also the flow between the deeper veins and lymphatic networks.

(2) Remove excess toxins in the body.

Effects: Strengthen blood vessels, eliminate toxins and relieve varicose veins.

### **6. Fibrous layer**

The suction and release of air pressure:

(1) Repair cell tissue, increase its activity.

(2) Lift and revive skin elasticity.

(3) Stimulate the production of bone collagen and improve skin plumpness.

(4) Improve the oxygen support capacity of skin and increase the consumption of carbon dioxide.

Effects: Break the hard fibers of cellulite, make it more elastic, so as to achieve the effect of body-shaping.

### **4. Nerve layer**

The suction and release of air pressure:

(1) Stimulates the surface and deep sympathetic nervous system.

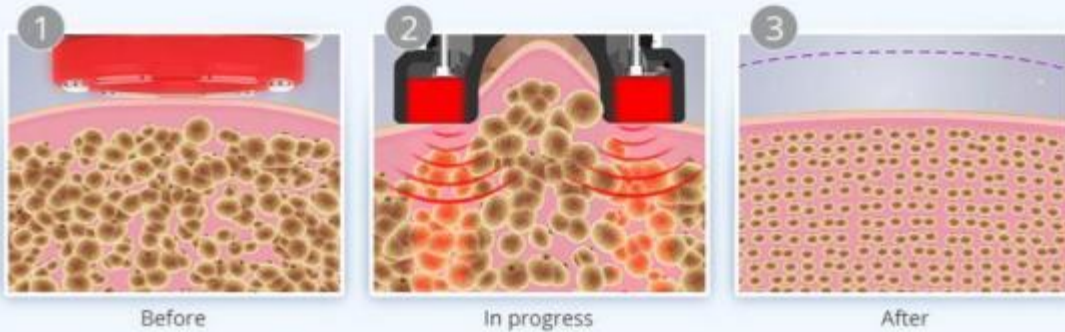
(2) Improves skin sensitivity.

(3) Repair skin elasticity and resist tissue fibrosis.

Effects: Repair and improve skin sensitivity.

## Expel Waste and Tighten Skin-Vacuum Sextupolar 3D SMART RF

Quadrupolar Vacuum&Sextupolar 3D SMART RF radio frequency combines the mechanism of advanced Sextupolar 3D SMART RF energy and vacuum therapy, can promote tissue metabolism, repel the cellulite, which make fat granule in different depths and shocking make fusion energy, so that the combustion of fatty acids at the same time broken out of a pot, not only the burning consumption of fatty acids but also more directly emptying so rapidly reduce the size of granule.



## Body-shaping: Arms

### Effects

1. Stimulate collagen hyperplasia in the bottom of the skin to shape and firm it.
2. Improve loose skin.
3. Improve flabby arms and thick arms.
4. Soothe and firm loose skin.
5. Accelerate blood circulation and dredge channels and collaterals.

### Applicable Range

1. Those with thick arms and want to look better in clothes.
2. Those with jiggly and flabby arms.
3. Those with loose arm skin.
4. Those whose arms are prone to pain and numbness.
5. Those who often carry kids or heavy stuff, which lead to arms that are prone to soreness and pain.

### Inapplicable Range

1. Those who have just had plastic surgery.
2. Those with hypertension, heart disease, diabetes, severe thyroid gland, malignant tumor, etc.
3. Those who are during allergic period and has severely sensitive skin.
4. Those with skin trauma or cut.
5. Those who are overly old.

6. Those who are pregnant and who are recovering from surgery.
7. Those with skin diseases and infectious diseases.

### **Notes after Operation**

1. Keep warm after operation. Do not eat cold food.
2. 4-6 hours later in the shower.
3. Drink plenty of warm water to stay hydrated.
4. Refuse to overeat or stay up late.
5. Avoid sauna, hot spring or strenuous exercise within one week after operation.

## **Body-shaping: Back**

### **Effects**

1. Relieve shoulder and back soreness, and improve the lump on back of the neck.
2. Dredge channels and collaterals, and improve channels and collaterals blocking.
3. Increase blood circulation and metabolism.
4. Improve blood supply to the head and sleep.
5. Regulate the functions of viscera and strengthen the body.
6. Firm skin and prevent sagging.
7. Improve excess fat on the back and shape the back.

### **Applicable Range**

1. Those with sore shoulders and backs and stiff necks.
2. Those with insomnia, dreaminess and fading memory.
3. Those who are prone to fatigue, drowsiness and poor circulation of qi and blood.
4. Those with thick back and want to look better in clothes.
5. Those who has a lump on the back of the neck.

### **Inapplicable Range**

1. Those with metal implants in the body, such as stents and pacemakers, are allergic to metal.
2. Those are during pregnancy, menstruation and lactation.
3. Those whose surgical wound is healing or convalescence
4. Those who has "three Hs" , heart disease, epilepsy and severe diabetes and hyperthyroidism.
5. Those with malignant tumor and hemophilia or severe bleeding.
6. Those with skin diseases and infectious diseases.
7. Those who are too weak.
8. Those who are drunk, full, empty, thirsty and overworked.

## **Notes after Operation**

1. Keep warm, avoid cold air and drink plenty of hot water.
2. Shower 4-6 hours after operation.
3. Avoid staying up late, drinking and overeating.
4. Avoid raw, cold and spicy foods and get enough sleep.
5. Avoid shoulder-baring and backless clothing.

## **Body-Sculpting: Buttocks**

Buttocks are located in the middle of human body, and are the key hub of meridian qi and blood operation. They are the main switch of six meridian and also the bridge connecting the upper jiao qi and lower jiao qi blood operation of human body. They are the important factor of the body management whose S curve increases the feminine charm.

### **Effects**

1. Improve blood circulation and speed up metabolism.
2. Improve menstrual pain, irregular menstruation, abnormal leucorrhea and other female diseases.
3. Improve sleep quality, improve female sexual function and tighten the vagina.
4. Activate the warm nest function, stimulate the secretion of glands, and increase the feelings between husband and wife.
5. Make complexion ruddy, fade color spots and return to young state.
6. Shape hips, improve sagging and outward expansion of hips, tighten skin and increase elasticity.

### **Applicable Range**

1. Those with saggy hips and fat accumulation.
2. Those with stretch marks induced by obesity and pregnancy.
3. Those whose butt shape is not good-looking, flat and soft outward expansion.
4. Those with cold and cool hips with low hip temperature.
5. Those with dysmenorrhea, dysmenorrhea, irregular menstruation, gynecological inflammation and other problems.
6. Those with decreased estrogen levels and poor sex lives.

### **Inapplicable Range**

1. Those who are in menstruation, pregnancy, lactation and operation recovery.
2. Those with hypertension, heart disease, diabetes, severe thyroid gland, malignant tumor, etc

3. Those with skin diseases, patients with infectious diseases and skin sensitive period.
4. Those with wounds during recovery from surgery.
5. Those with allergic and severely sensitive skin.
6. Those who have just had liposuction.
7. Those who are overly old.

## **Notes after Operation**

1. Keep hips warm and avoid wearing miniskirts and shorts.
2. Shower 4-6 hours after operation.
3. Drink plenty of hot water to avoid cold air.
4. Avoid staying up late, drinking and overeating.
5. Avoid eating raw, cold and spicy foods and get enough sleep.
6. Avoid sauna, hot spring or strenuous exercise for 7 days after operation.

## **Body-shaping: Legs**

### **Effects**

1. Tighten skin and prevent sagging.
2. Stimulate collagen regeneration and improve fat lines.
3. Increase leg circulation and detoxification, metabolism.
4. Promote blood circulation and remove blood stasis, dredge channels and collaterals, and prevent varicose veins.
5. Tighten excessive protruding fat on legs and rid thick thighs.

### **Applicable Range**

1. Those with poor circulation of lower limbs, edema and obese people.
2. Those who have low immunity and feel discomfort and pain all over the body are prone to colds.
3. Those with constipation and has coarse, flabby skin.
4. Those whose channels and collaterals of the legs are blocked, and the proportion of the legs is poor.

### **Inapplicable Range**

1. Those who are in menstruation, pregnancy, lactation and operation recovery.
2. Those with hypertension, heart disease, diabetes, severe thyroid gland, malignant tumor, etc
3. Those with skin diseases, patients with infectious diseases and skin sensitive period.
4. Those with wounds during recovery from surgery.
5. Patients with severe varicose veins and tumors.
6. Those with allergic and severely sensitive skin.

7. People who have just had liposuction.
8. Those who are overly old.
9. Those who are pregnant or recovering from surgery.

## **Notes after Operation**

1. Keep warm after operation. Do not eat cold food.
2. 4-6 hours later in the shower.
3. Drink more warm water to replenish water and speed up metabolism.
4. Refuse to overeat or stay up late.
5. Avoid sauna, hot spring or strenuous exercise for 7 days after operation.
6. Wear pants when you're done. Avoid miniskirts and shorts.

## **Body Sculpting & Slimming**

### **Effects**

1. Relieve shoulder and back soreness, and improve the lump on back of the neck.
2. Dredge channels and collaterals, and improve channels and collaterals blocking.
3. Accelerate blood circulation and dredge channels and collaterals.
4. Promote blood circulation and remove blood stasis, dredge channels and collaterals, and prevent varicose veins.
5. Regulate the functions of viscera and strengthen the body.
6. Improve cold hands, feet, uterus and body of female.
7. Stimulate collagen regeneration, firming and shaping.
8. Improve loose and soft waist and abdomen skin.
9. Improve the jiggly and thick arm.
10. Improve unwanted fat on the back, waist and abdomen.
11. Tighten skin and prevent sagging.
12. Improve stretch marks, fat marks, and increase skin elasticity.
13. Accelerate metabolism, improve constipation and intestinal peristalsis.

### **Applicable Range**

1. Those with cold hands, feet, womb and body.
2. Those who are sedentary and don't look good at the waist.
3. Those with unwanted fat on waist and abdomen, prominent belly, loose skin after delivery.
4. Those with fat marks, stretch marks.
5. Those with constipation, abdominal meridian blocking.
6. Those with big arms, thick back, poor leg shape ratio and want to look better in clothes.
7. Those with jiggly and flabby arms.

8. Those with loose skin on arms and legs.
9. Those whose hands and legs are easily sore and numb.
10. Those with sore shoulders and backs and stiff necks.
11. Those with insomnia and dream, memory decline of the population.
12. Those who are prone to fatigue, drowsiness and poor circulation of qi and blood.
13. Those with thick back and unattractive clothes.
14. Those with poor circulation of lower limbs, edema and obese people.
15. Those who have low immunity and feel discomfort and pain all over the body are susceptible to colds.

## **Inapplicable Range**

1. Those who are during pregnancy, menstruation and lactation.
2. Those with hypertension, heart disease, diabetes, thyroid, epilepsy and severe hyperthyroidism.
3. Those with malignant tumor and hemophilia or severe bleeding.
4. Those who have just had liposuction.
5. Those with severe varicose veins and tumors.
6. Those whose surgical wound is healing or recovering.
7. Those with skin diseases and infectious diseases.
8. Those with severe gynecological diseases.
9. Those with gynecological diseases being treated.
10. Those with allergic and severely sensitive skin.
11. Those with skin trauma or cut.
12. Those who are overly old.
13. Those with metal implants in the body, such as stents and pacemakers, are allergic to metal.
14. Those who are too weak.
15. Those who over-drink, full, empty, thirsty and overworked.

## **Notes after Operation**

1. Avoid wearing clothes that show navel, shoulder or back, miniskirts or shorts, and avoid getting cold from the wind.
2. Avoid overeating, staying up late, drinking and eating raw, cold, spicy and greasy food.
3. Keep warm after operation, and do not bathe until 4-6 hours apart.
4. Avoid sauna, hot spring or strenuous exercise for 7 days after operation.
5. Before going to bed at night, you can knead your abdomen clockwise with your hands to make the metabolic effect of weight loss better.
6. Drink plenty of hot water to hydrate and speed up metabolism.



# Overall Facial Care

## Effects

1. Improve facial wrinkles, canthus lines, crow's feet, and fine lines on neck.
2. Fade pigments, spots and whiten skin.
3. Increase skin elasticity, firm and delicate skin, and lift canthus.
4. Relieve eye fatigue, dark circles, bags and edema.
5. Increase blood circulation and metabolism.
6. Deep hydration and channel nutrition into skin.
7. Clean pores and get rid of wast corneum.
8. Improve flabby skin and relieve double chin.
9. Stimulate collagen hyperplasia and delay aging.
10. Accelerate lymphatic detoxification and improve facial skin quality.
11. Prevent neck and lymphatic diseases.

## Applicable Range

1. Those with dark complexion, rough skin, large pores and dry skin.
2. Those whose skin is flabby, saggy and inelastic.
3. Those with fine lines, decree lines, canthus lines.
4. Those with wrinkles, fine lines, bags under the eyes, and dark circles under the eyes.
5. Those who face computer screens and cell phones for long hours.
6. Those who often stay up late with dark circles under their eyes.
7. Those who always be in a dry or hot environment.
8. Those who after giving birth to a baby has loose skin, edema or fat.
9. Those who work in the office for long hours, facing ultraviolet.
10. Those with unclear facial outline and who often bow the head.

## Inapplicable Range

1. Those who have just undergone plastic surgery which have implanted prostheses, metal materials and so on.
2. Those who recently experienced certain injections, such as hyaluronic acid, intradermal injection, wrinkle removal, or plastic surgery.
3. Those with hypertension, heart disease, diabetes, severe thyroid and malignant tumors.
4. Those who are having an allergic reaction, or people with severe sensitive skin or allergic to metals.
5. Those with skin trauma or wound.
6. Those who are overaging.
7. Those in menstruation, pregnancy, lactation, surgical recovery.
8. Those with skin diseases and infectious diseases.

9. Those who are unrealistic about the effects.

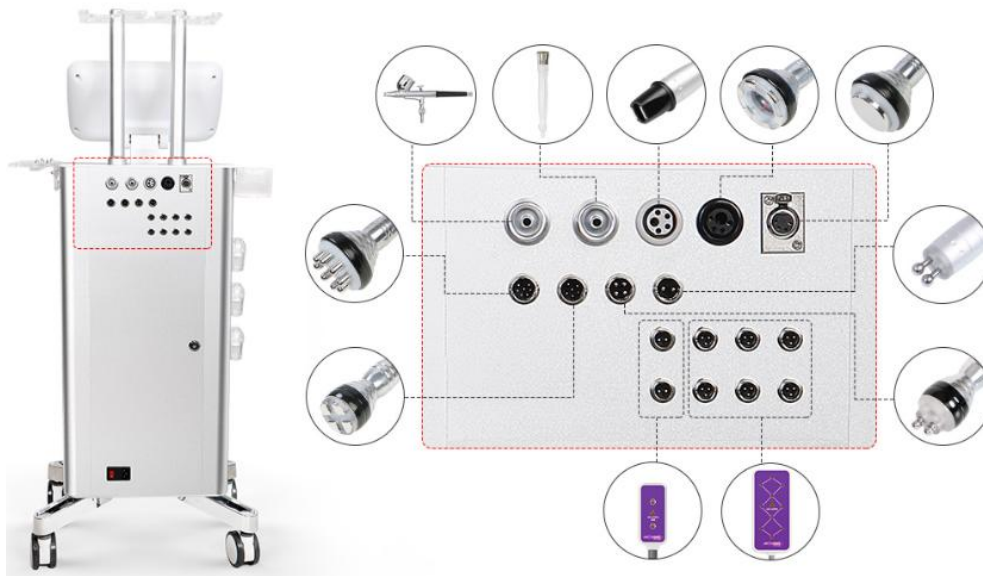
## Notes after Operation

1. Do not wash your face and neck with overheated water (with either warm or cold) within 7 days.
2. Strengthen hydrating and moisturizing, avoid overexposure to sunlight, and always apply sunscreen.
3. It is recommended to apply facial mask + eye mask + neck mask at least 3 times a week.
4. Within 1-3 days after operation, it is best not to use products such as alcohol, AHAs or exfoliating scrub and so on.
5. Avoid sauna, hot spring or strenuous exercise within 7 days after operation.
6. Avoid spicy and greasy food, staying up late, smoking and drinking; eat more fruits and vegetables, less greasy food.
7. Avoid food that will lead to "3Hs" (hypertension, hyperglycemia, hyperlipidemia), and mainly consume less greasy food.
8. Keep your neck warm.
9. Apply neck serum or cream.
10. Avoid head-bowing for long hours.

## Part II

### 1. Detailed Operation

Detailed installation is as follows:



After checking that the instrument is connected properly, the following starting interface will appear when the power supply is turned on.



## 1.1 Function Selection



Working Time Adjustment



Time +/-



Start the operation



Home



Reverse



Suction Tuning

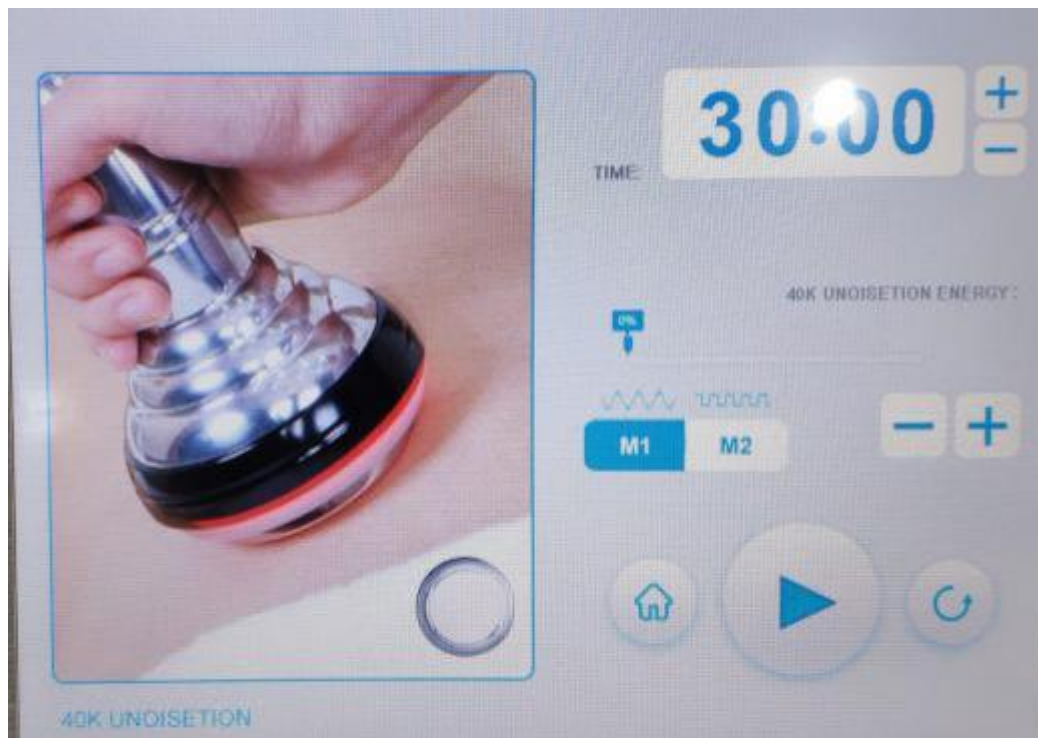


Initiate the machine

## 1.2 Detailed Operation: 40K Unoisetion



Select **40K Unoisetion** to go to the interface below



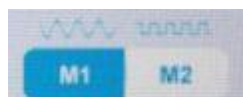
40K Working Time Adjustment



Energy Display



Energy +/-



40K Mode Selection



M1 is consecutive mode. The handle works constantly after clicking start; It is suitable for those with thick layers of fat and eager to lose weight.



M2 is intermittent mode. It is suitable to enhance the effects and for those who wish to lose weight in comfort.

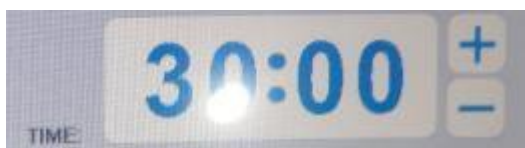
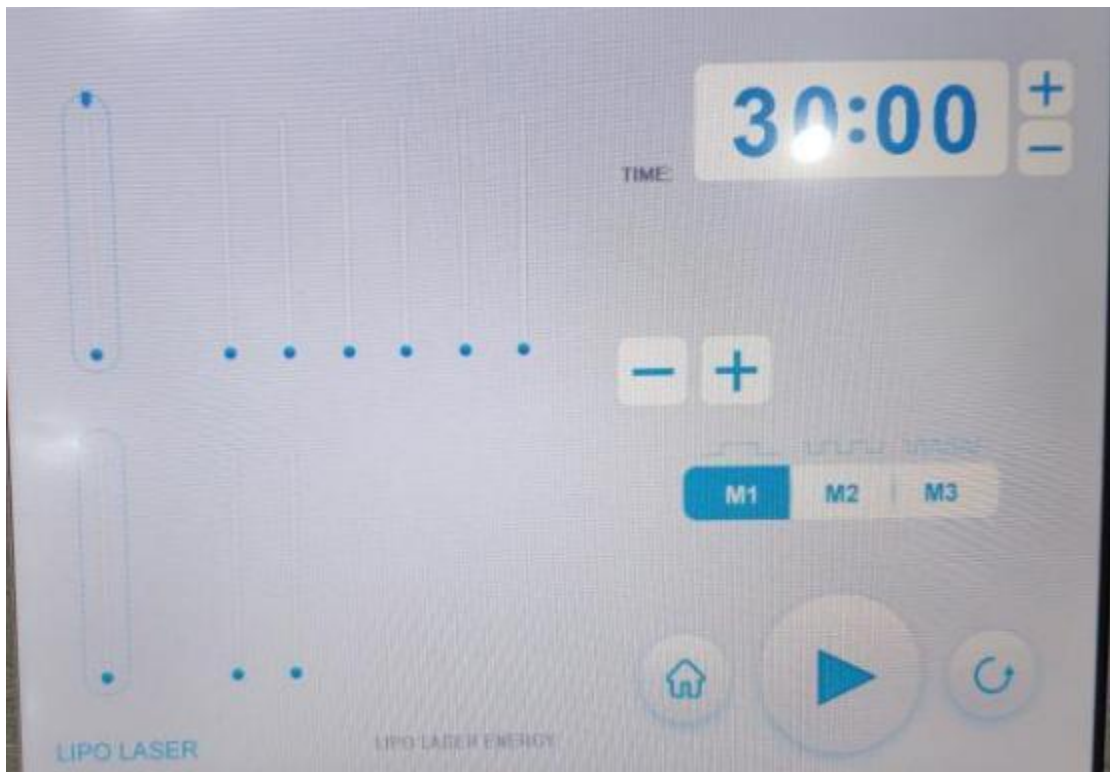


Click to start the operation

### 1.3 Detailed Operation: Lipo Laser



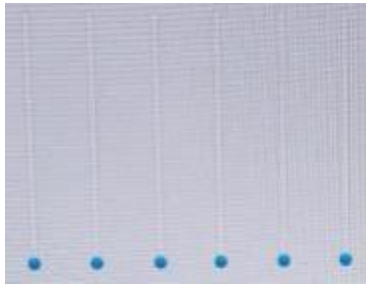
Select to go to the interface below



Working Time Adjustment



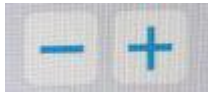
Energy Adjustment of All Lipo Laser Pads



Energy Adjustment of Individual Big Lipo Laser Pads



Energy Adjustment of All Individual Small Lipo Laser Pads



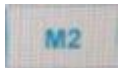
Energy +/-



Lipo Laser Mode Selection



M1 is the consecutive mode. Light stays on the entire time. It is suitable to enhance the effects for those with extra unwanted cellulite



M2 is the intermittent mode with relatively slower rate of light change. It is suitable to consolidate the effects for those who wish to lose weight in comfort.



M3 is the intermittent mode with relatively faster rate of light change. It is suitable for those with thick layers of fat and wish to see powerful results.



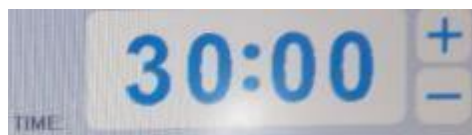
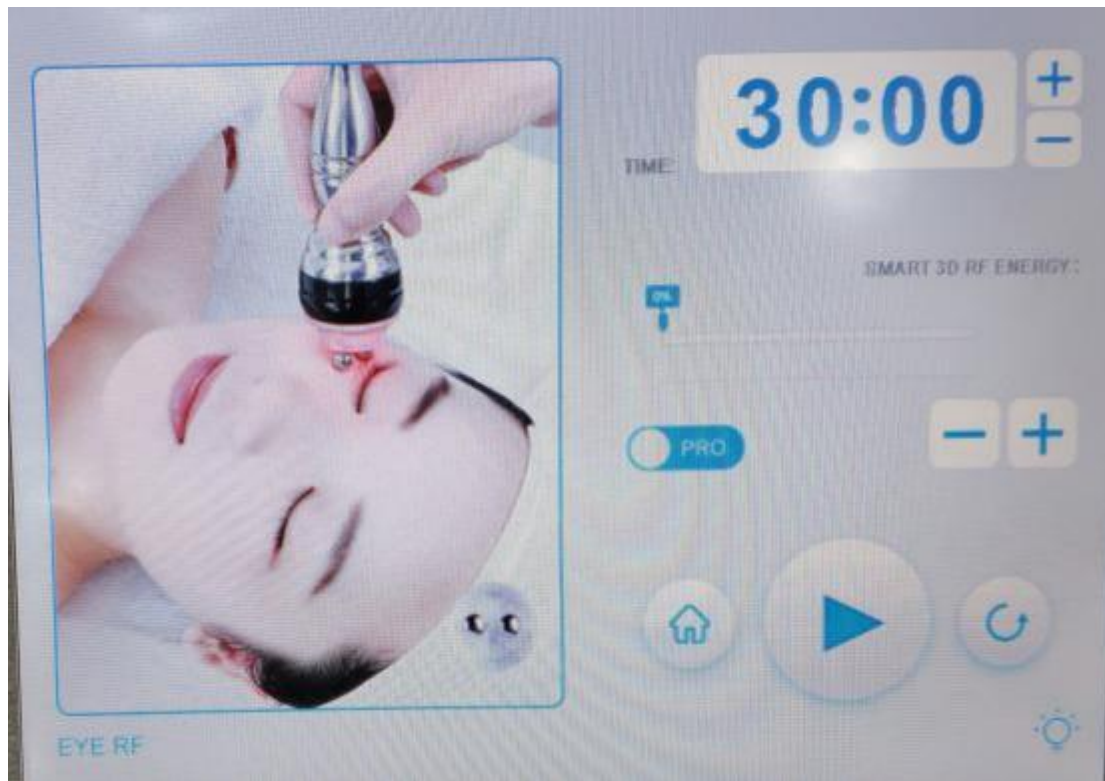
Click to start the operation



## 1.4 Detailed Operation: Eye RF



Select to go to the interface below



Eye RF Working Time Adjustment



Time +/-



Energy Display



Energy +/-



RF Mode Selection. NOR is the set mode. The red LED turns on and the

handle reached the set level; POR is the smart mode. The red LED turns on and the handle emits energy slowly after handles comes in full contact with the skin.

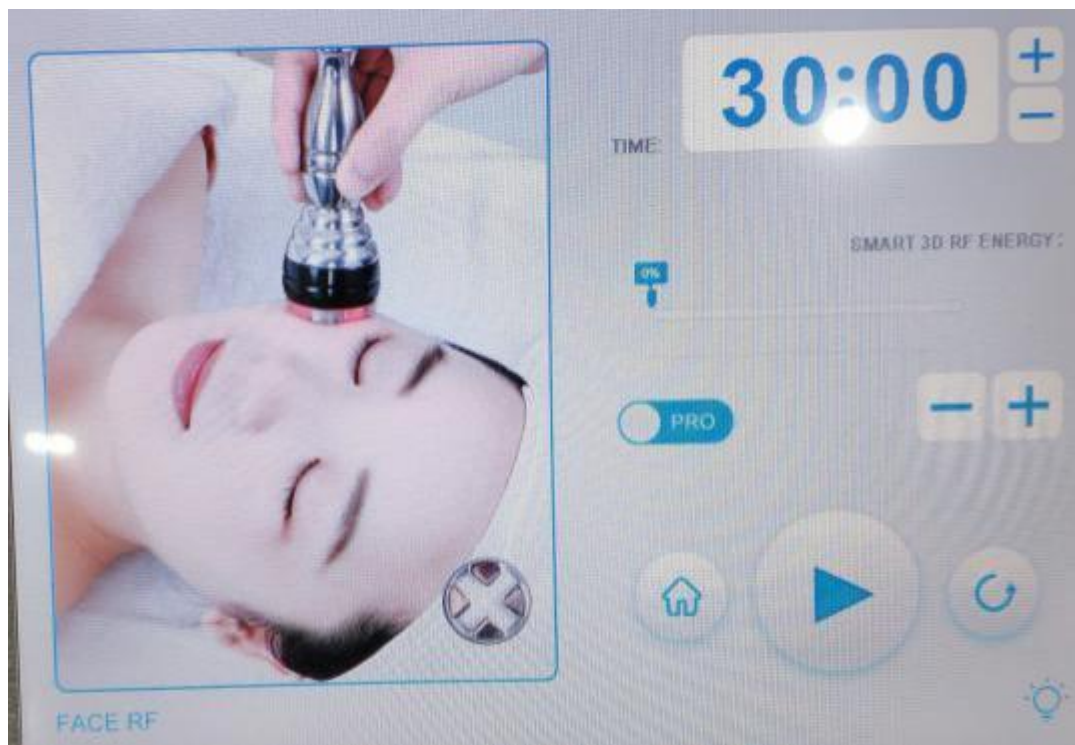


Click to start the operation

### 1.5 Detailed Operation: Face RF



Select to go to the interface below



Working Time Adjustment



Energy Display



Energy +/-





RF Mode Selection. NOR is the set mode. The red LED turns on and the handle reached the set level; POR is the smart mode. The red LED turns on and the handle emits energy slowly after handles comes in full contact with the skin.

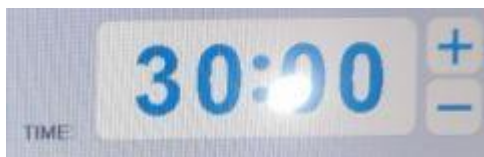
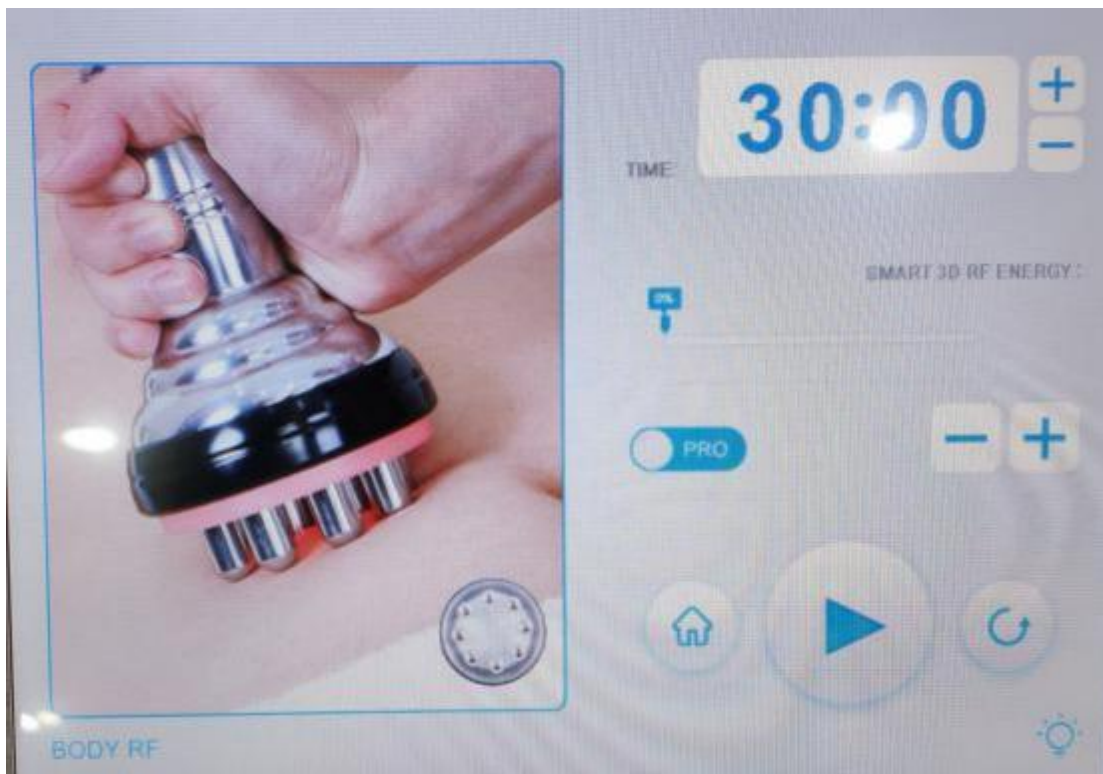


Click to start the operation

## 1.6 Detailed Operation: Body RF



Select to go to the interface below



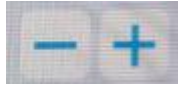
Working Time Adjustment



Time +/-



Energy Display



Energy +/-



RF Mode Selection. NOR is the set mode. The red LED turns on and the handle reached the set level; POR is the smart mode. The red LED turns on and the handle emits energy slowly after handles comes in full contact with the skin.

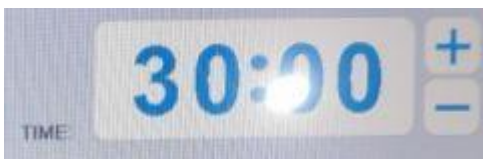
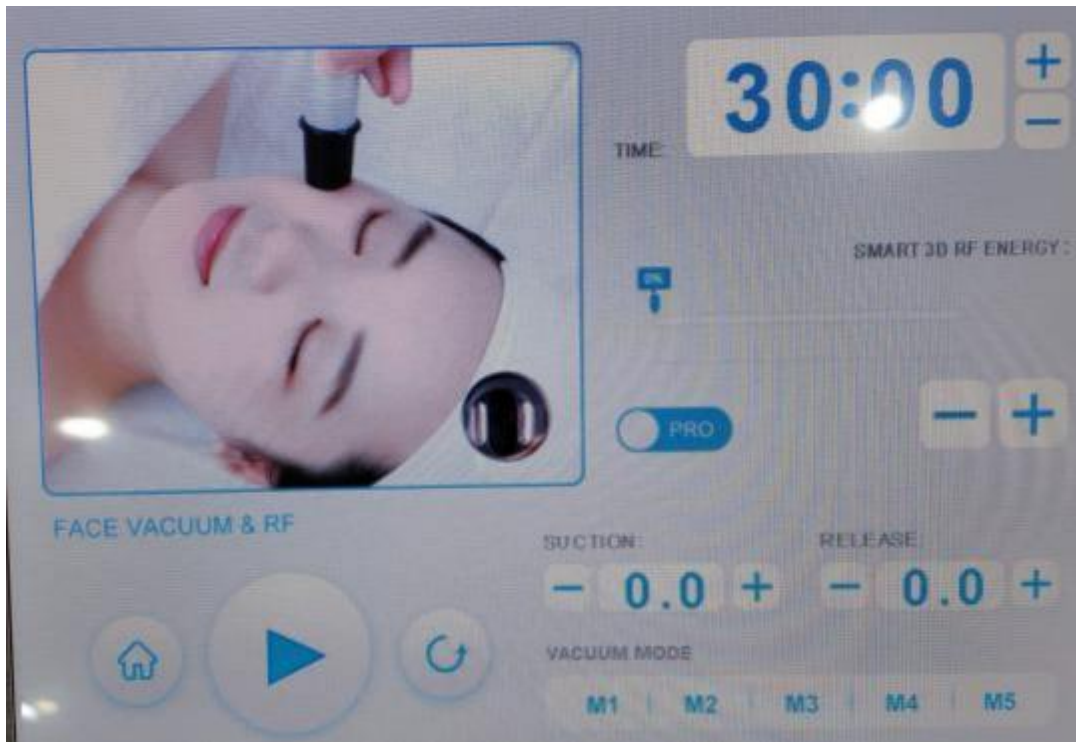


Click to start the operation

## 1.7 Detailed Operation: Face Vacuum&RF



Select to go to the interface below



Working Time Adjustment



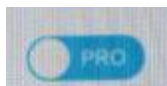
Time +/-



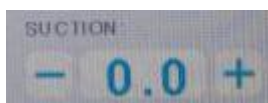
Energy Display



Energy +/-



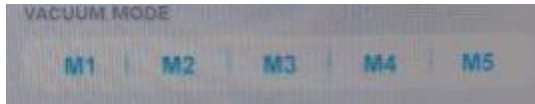
RF Mode Selection. NOR is the set mode. The red LED turns on and the handle reached the set level; POR is the smart mode. The red LED turns on and the handle emits energy slowly after handles comes in full contact with the skin.



Vacuum Suction Time Adjustment: Select suction time subjecting to your comfort level. It is advised to start from the minimal number and add up slowly after adaptation.



Vacuum Release Time Adjustment: Select release time subjecting to your comfort level. (Release time refers to the interval period between suction and release. 0 means direct suction.)



Vacuum&RF Mode Selection



M1: Direct suction mode (suction mode is on after turning on the device. Suitable for those opt for strong detoxification)



M2: Intermittent mode with a relatively slow interval rate (suitable for those opt for detoxification through massage and slight petechiae)



M3: Intermittent mode with a relatively fast interval rate (suitable for those who opt for detoxification through massage and slight petechiae)



M4: Intermittent mode with a relatively faster interval rate (suitable for those who opt for detoxification through massage and accelerated circulation)



M5: Intermittent mode with the fastest interval rate (suitable for those who opt for relaxation through massage)

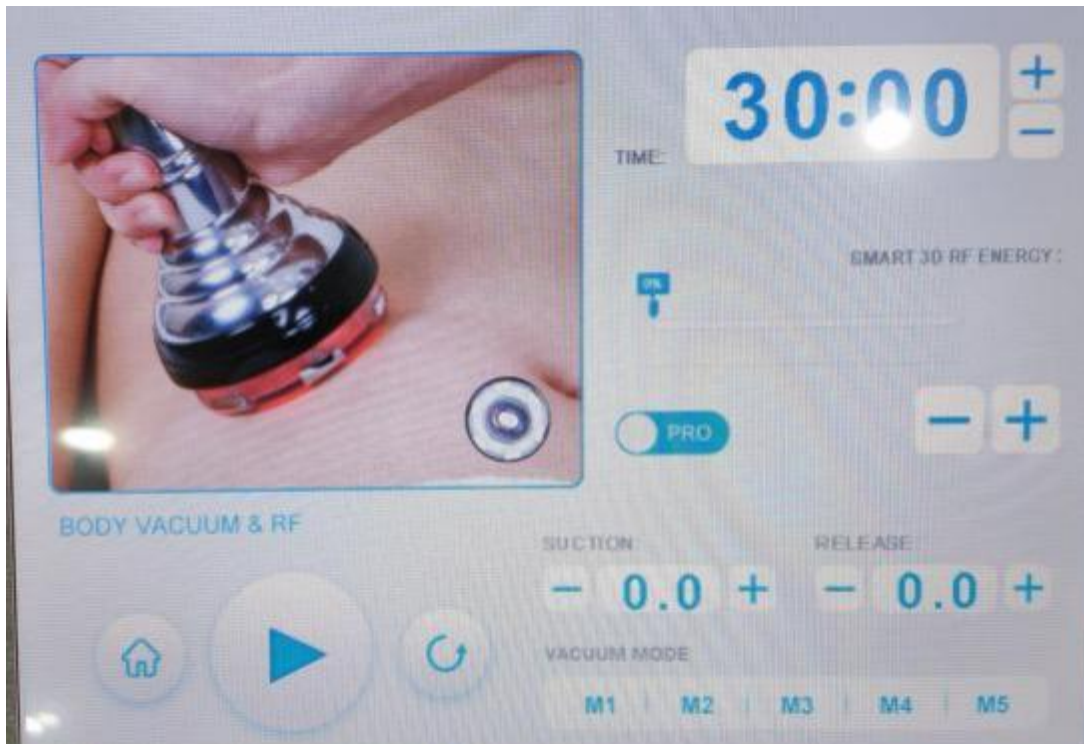


Click to start the operation

## 1.8 Detailed Operation: Body Vacuum&RF



Select to go to the interface below



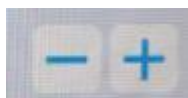
Working Time Display



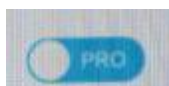
Time +/-



Energy Display



Energy +/-



RF Mode Selection. NOR is the set mode. The red LED turns on and the handle reached the set level; POR is the smart mode. The red LED turns on and the handle emits energy slowly after handles comes in full contact with the skin.



Vacuum Suction Time Adjustment: Select suction time subjecting to your comfort level. It is advised to start from the minimal number and add up slowly after adaptation.



Vacuum Release Time Adjustment: Select release time subjecting to your comfort level. (Release time refers to the interval period between suction and release. 0 means direct suction.)



Vacuum&RF Mode Selection



M1: Direct suction mode (suction mode is on after turning on the device. Suitable for those opt for strong detoxification)



M2: Intermittent mode with a relatively slow interval rate (suitable for those opt for detoxification through massage and slight petechiae)



M3: Intermittent mode with a relatively fast interval rate (suitable for those who opt for detoxification through massage and slight petechiae)



M4: Intermittent mode with a relatively faster interval rate (suitable for those who opt for detoxification through massage and accelerated circulation)



M5: Intermittent mode with the fastest interval rate (suitable for those who opt for relaxation through massage)



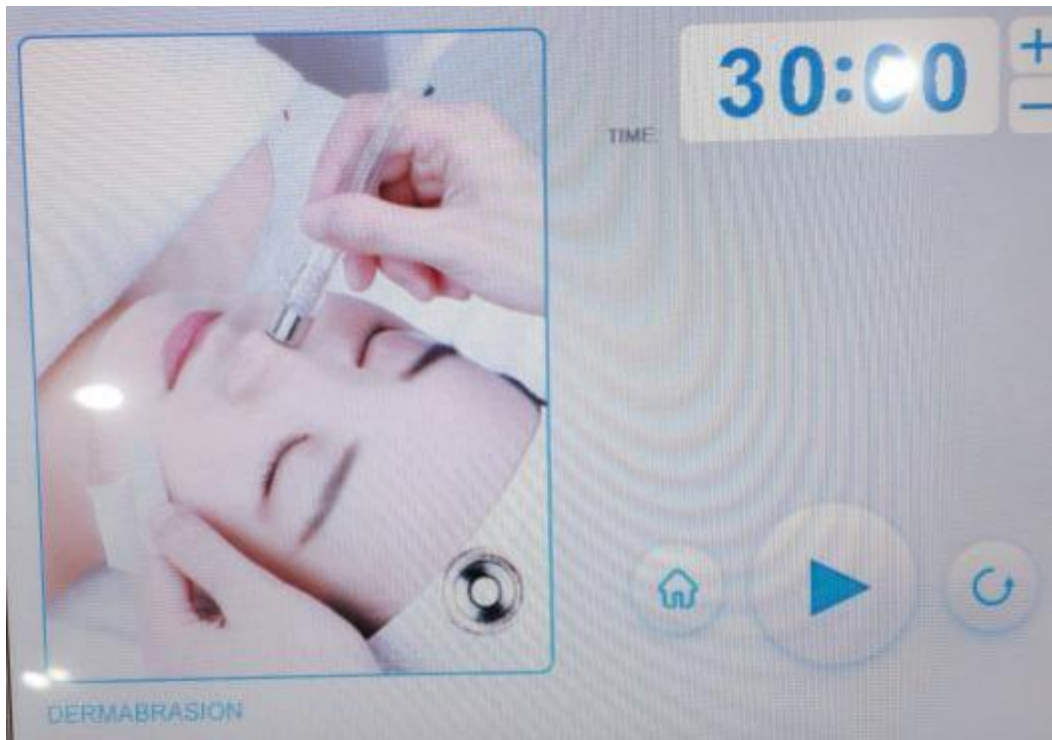
Click to start the operation

## 1.9 Detailed Operation: Dermabrasion



Select to go to the interface below





Inset the black rubber ring on the PVC vacuum hose



Put filter cotton inside the probe



Connect the probe tightly with the PVC vacuum hose

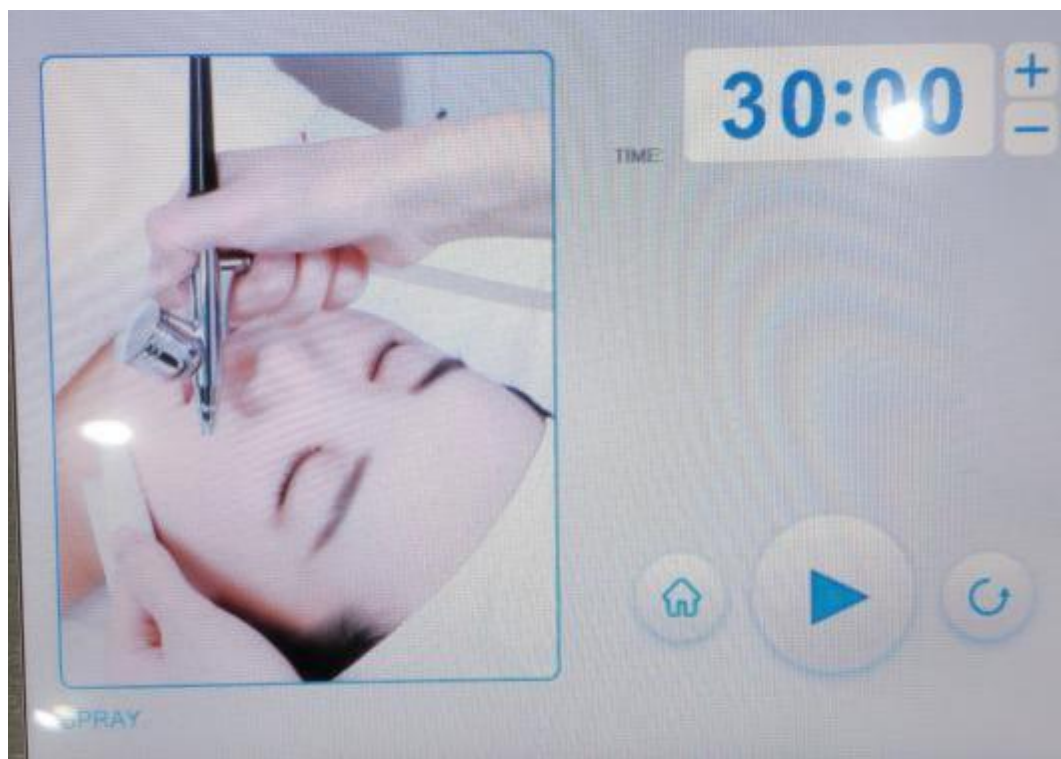


Click to start the operation

## 1.10 Detailed Operation: Hydro Spray Jet



Select to go to the interface below



Pour the essence into the hydro bottle and start



Pour essence/toner/purified water/normal saline into the container (arrow pointed at)





Place thumb on the button (arrow pointed at) to spray

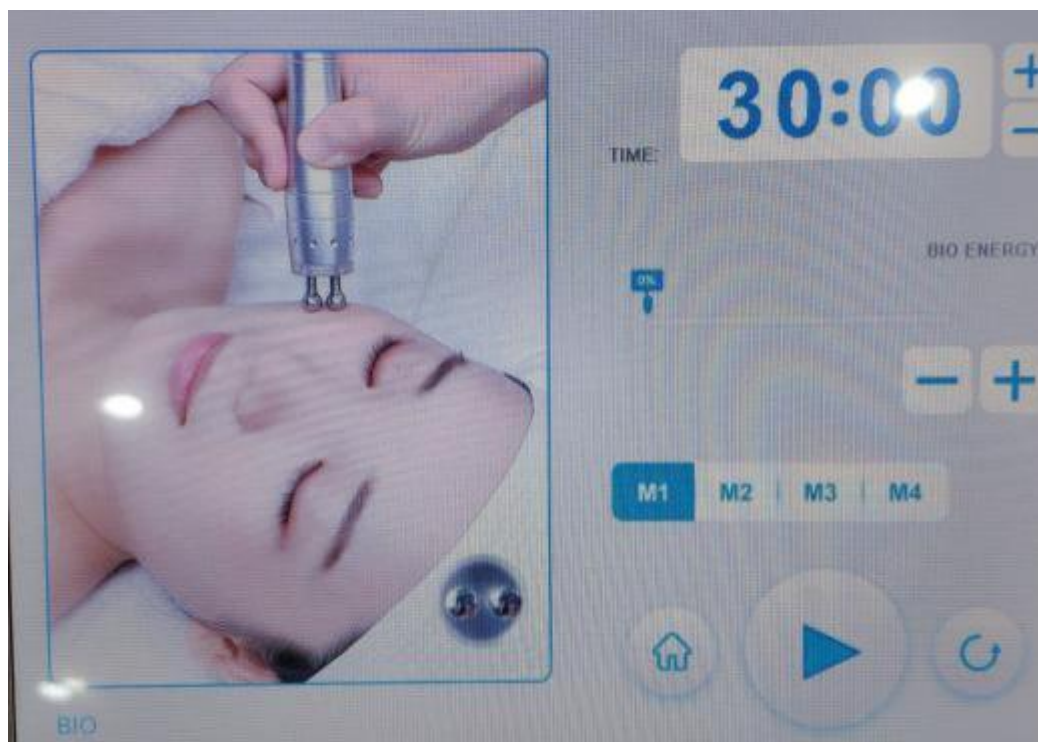


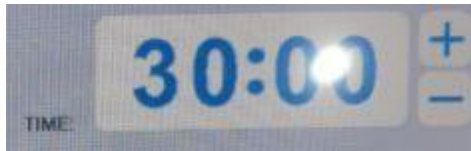
Click to start the operation

### 1.11 Detailed Operation: BIO



Select to go to the interface below





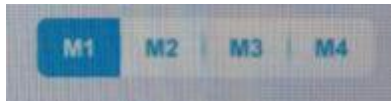
BIO Working Time Adjustment



BIO Energy Display



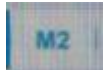
Energy +/-



BIO Modes Selection



M1 has a relatively slower rate of interval. It is suitable for beginners.



M2 has a relatively fast rate of interval. It is suitable for those with dull and dark skin.



M3 has a relatively faster rate of interval. It is suitable for those with coarse skin and lack in nutrition.



M4 is the consecutive mode. It is suitable for those with dehydrated, dull and dark skin.



Click to start the operation

## 2. Technical Parameters

Power supply Input:100V-240V

Power :390W

Uoisetion 40K cavitation Head:

Frequency:40KHz

Power:45W

8 Pole 3D Smart RF w/Photon for body

Frequency:1MHz

Power:45W

Quadrupole 3D Smart RF w/Photon for face

Frequency:1MHz

Power:35W

3D Smart Bipolar RF w/Photon for eye area

Frequency:1MHz

Power:25W

Bipolar SMART RF w/ vacuum for face&eyes

Frequency:1MHz

Power:20W

Vacuum: <-80kPa

Pressure: >250kPa

Air flow: >10L/minute

Noise level: <70dB (30cm away)

Dermabrasion

Power: 45W

Vacuum: <-80kPa

Pressure: >250kPa

Air flow: >10L/minute

Noise level: <70dB (30cm away)

Nozzle Diameter: 0.2mm-0.3mm

Fluid Cup Capacity: 7cc

Weight: 289 g / 10.19 oz

### **3. Safety Precautions**

Patients with the following symptoms should be cautious about using this instrument. Please consult a doctor or a professional before using the instrument. The details are as follows:

1. Those who are pregnant or lactating.
2. Those with heart disease or who are equipped with pacemaker.
3. Those whose wounds have not healed and who are recovering from the operation.
4. Those with epilepsy, severe diabetes and hyperthyroidism.
5. Those with malignant tumor, hemophilia or severe bleeding.
6. Those with skin diseases and infectious diseases.
7. Use with caution for those who are allergic to electric currents.

### **4. Dos and Dont's**

1. Use a grounding pin and make sure the power socket of the device is properly connected before each operation.

2. Ensure that the voltage of the device is appropriate. If the voltage of the local power supply is unstable, we recommend that users increase to the matching power voltage.
3. In order to ensure the therapeutic effect and normal service life expectancy of the device, please use the specified accessories provided or recommended by the original manufacturer.
4. The device should not be placed in wet environment or near water, nor should they be directly exposed to sunlight.
5. Do not place the device near a strong heat source, because this may affect the life and normal use of the device.
6. Before treatment, please remove all metal objects from the body first, so as to avoid unexpected conditions and influence the curative effect.
7. Please restrain from using the device on eyes, thyroid, parathyroid, testicles, abdomen of pregnant women, and pacemakers.
8. Patients who are suffering from illness should consult with a doctor and gain permission from the doctor before using.
9. Please turn off the power switch of the device, and ensure that the total power supply of the device is turned off before the staff leaves after daily use, so as to ensure the safety of the electrical products.
10. Use device or train device operators in strict accordance with instructions in the user manual.
11. When taking other weight-loss drugs, it is recommended to stop taking them for 1 to 2 months before treatment. Extension of the course of treatment is recommended if you wish to lose weight immediately.
12. Don't use the instrument with an empty stomach. After a full meal, wait at least 1 hour before a course of weight loss treatment.
13. When operating, the instrument should fully touch the skin to avoid uneven heat.
14. Do not stay at one place for over 5 seconds to avoid scald.
15. Start from the lowest energy level and slowly add up.
16. When using this device, the operating parts must be kept moist and dry skin should be avoided.
17. Clean the instrument with normal saline after operation to ensure its cleanliness and hygiene and prolong its service life.
18. Adjust suction level accordingly when operating vacuum&RF on face to avoid petechiae.
19. Adjust the vacuum suction pressure subjecting to the customers' comfort level accordingly.
20. Remind customer to adjust breathing when operating on philtrum with hydro sprayjet.
21. Make sure to distinguish inhale hole from exhale hole. DO NOT insert the hydro sprayjet into the inhale hole to avoid any possible damage to the machine.
22. Make sure to install rubber ring when operating microdermabrasion setting to avoid no suction or weak suction.

23. Make sure to install filter cotton when operating microdermabrasion setting to avoid filth being inhaled to the tube and damage the machine.
24. Products used in the hydro spray jet needs to be of watery nature.
25. During operation, the laser paddle must be fixed on the customer first, and then the instrument should be started to adjust the energy. The energy should be adjusted slowly from low to high to make the customer feel warm and comfortable.
26. During operation, the whole surface of the laser paddle should be in full contact with the skin, not only with a small area.
27. Laser paddle can be used alone, directly fixed where the customer wants to lose fat, and adjust energy level. Operation time of one treatment area should be about 20 minutes. Combined with massage, RF and ultrasonic instruments it achieves better results.

## **5. Troubleshooting & Solutions**

### **1. The instrument cannot be started, but the key light on the back of the instrument does not work?**

- A. Make sure the power cord is connected to a valid power socket.
- B. Whether the fuse tube on the back of the instrument is loose or burnt out.

### **2. No RF output of the instrument?**

- A. Please check whether the plug connecting the instrument handle and the body is tightly connected.
- B. Please check whether the treatment area has been cleaned. Grease or oil essential oil products may cause poor contact between the treatment handle of the instrument and human body, resulting in no rf output.

### **3. Weakened RF output?**

- A. Please check whether the plug connecting the instrument handle and the body is tightly connected.
- B. Please check whether non-conductive grease and other substances are stained on the treatment handle, which will cause poor contact and weaken the output.
- C. Please check whether the product used is the adaptive product specified by the instrument.

### **4. No suction or very little suction?**

- A. Please turn off the instrument and check the filter element specially used for the instrument, which may need to be replaced.
- B. Please check the rubber ring of the handle plug, because the rubber ring may be worn and cause air leakage.
- C. Please check whether the oil filter cup outside the filter is tightened and whether the rubber ring is worn. It is possible that air leakage at this position may lead to poor air pressure.

D. If the above methods cannot address the issue, please contact the instrument dealer for assistance.

**5.No spray coming from the hydro spray jet?**

- A. Please check whether the nozzle is blocked.
- B. Please check whether the regulating part of the nozzle tail is tightened.
- C. Please check whether the wrench of the spray gun is loose.

**6. I can start the instrument, but the screen show's error message?**

- A. Please unplug the power plug behind the instrument and wait for about 1 minute before restarting the instrument.
- B. If the above methods cannot be handled, please contact the instrument dealer for assistance.

**6.FAQs**

**1. Q: How long can I start seeing results of RF treatment?**

A: Under normal circumstances within that day or a week. Skin collagen tissue is heated and produces contractions, and you can obviously feel skin tightening. Because RF works by stimulating subcutaneous tissue and bring about sustainable collagen regeneration, so the more you do it, the more visible effects you shall receive.

**2. Q: Is RF harmful to skin?**

A: RF treatment falls under the category of non-surgery operation. It stimulates collagen regeneration at the skin bottom and boosts metabolism, therefore has no damage to the skin. Partial redness and fever is the normal phenomenon of accelerated blood circulation, and will be resolved by oneself after a moment, so there's no need to worry.

**3.Q: How long does the body firming treatment take?**

A: One operation time is 60 minutes. We will combine professional techniques and instruments to achieve remarkable results.

**4.Q: What are all the functions of this instrument?**

A: Dissolve fat, body shaping, smooth skin, firming, lifting, and anti-aging. It can be operated all over the body. In terms of facial care, it can contour facial outline, alleviate wrinkles and saggy skin. In terms of body care, it can reduce regional fatness and build S curve, promote the metabolism and detoxification of the whole body. Meanwhile, it can also enhance the functions of viscera and regulate the sub-health of the body.

**5.Q:Which one is better in terms of weight loss, liposuction or this machine?**

A: The principle of liposuction is to suck out the excess fat in one part of the body through the method of negative pressure suction, so as to achieve the purpose of rapid weight loss on parts of the body. It achieves fast results, requires anesthesia, recovery period. It falls under the category of surgery operation and comes with risks. However, our machine is risk-free and has no side effects. While losing weight, it can stimulate collagen regeneration to lift and tighten skin. By lifting, it can also shape perfect curves and accentuate women's natural charm.

**6.Q: Will I experience rebound after operation?**

A: RF works by dissolving fat to reduce weight, and are not prone to rebound. Because what's dissolved through RF treatment is fat, not water. The formation of fat needs a longer period of time to accumulate, so it is not prone to rebound.

**7.Q: Do I need to be on a diet?**

A: Pay attention to what you eat. Because radio frequency and ultrasonic treatment end with blasting adipose and accelerated metabolism. It's best to avoid eating spicy, oily, or fried food, to avoid affecting regular metabolism. Also proper workout and sweating help with the process, in a way weight loss will be more visible as well.

**8.Q: Does it have any side effects on the body?**

A: RF beauty treatment is non-invasive and so far the most safe and effective method to remove wrinkles and shape body. Generally speaking side effects won't appear. A small number of people may experience transient redness or swelling that will disappear after a few hours. Those with dry skin may experience atrophy after the initial treatment. The skin will lose moisture due to RF heat. However, the skin will become plump at the beginning of collagen regeneration and these symptoms will disappear after three days. There are no side effects on health.

**9.Q: Can RF instrument be used for chest shaping?**

A: As the growth of age and female physiology period, sub-health state, gravity, stimulation during lactation, a large number of nutrition loss... All the above will cause collagen loss, decreased blood flow, damaged elastic tissue, flabby ligament gland, and prolapsed breasts. Through RF energy conduction, collagen protease can be promoted to repair elastic tissue and ligament glands, thus achieving the effect of chest lifting and shaping.

**10. Q: Can ultrasound be operated all over the body?**

A: Ultrasonic cavitation ruptures fat cells and causes mechanical disruption of fat cell membrane. Liquefied fat cells then cleared away by metabolic pathways. Our heart is a hollow organ, and sensitive to high frequency sound waves. Back and forth reflex occur due to the fact that muscle tissue and blood in the heart do not conduct sound waves in the same way. The reflex force can detach cardiac valves from cardiac muscles. If directed at the eye, it can cause retinal detachment. In a word, avoid eye

and heart area when using ultrasonic beauty device. (It is also advised not to use it on waist, back and chest.)

**11.Q: Does ultrasound have side effects on human body?**

A: Ultrasonic beauty machine requires no surgery, no opening up and no anesthesia, therefore is indeed non-invasive. It relies on ultrasound (mechanical sound wave) - blast fat through cavitation - ultrasound focusing. And the results are fat smash - fat dissolving - skin firming and body sculpting respectively. It only targets at low density fat cells while leaving high density tissues like blood vessels intact, therefore having no side effects on human body. Slight tinnitus might appear to happen during the treatment, which is within normal range so there's no need to worry.

**12.Q: Why does tinnitus occur?**

A: It's because ultrasound comes with a high frequency vibration, which could go up to 20kHz. It also goes deep into skin fat layers, which could go down to 20mm below epidermis. Highly intensifies ultrasound cause high speed friction among fat cells, resulting in them bursting and heating up, and eventually emulsified. And during the process, ultrasound can cause microvibration to the tissue that make us feel like as "tinnitus".

**13.Q: What is collagen?**

A: Collagen is a kind of biological macromolecule substance, a kind of white, opaque and non-branched fibrous protein. It can supplement the nutrition needed by all layers of the skin, enhance the collagen activity in the skin, lock moisture, nourish the skin, delay aging, beautify, relieve facial relaxation, provide nutrients for the hair and so on. Collagen is a nutrient that human body must replenish to delay aging. With the growth of age, collagen will gradually be lost. At the age of 20, women have begun to age, collagen gradually decrease. At the age of 25, collagen loss reaches its peak. At the age of 40, the content is less than half of which one has at age 18. It is the loss of collagen and water that causes the wrinkles on the face of the elderly. The breakage of collagen fibers and elastic mesh will cause skin tissue to be oxidized, atrophied and collapsed. The skin will be dry, wrinkled, flabby and inelastic etc,. Therefore, in order to delay aging, collagen must be supplemented.

**14. Q: Why do I need breast maintenance?**

A: The lymph nodes of bosom rank the top among other parts of the body, which also lead to toxin accumulation very easily, and urbanite life rhythm is very fast now, working pressure is very big, which can bring about the hyperplasia of different level. The saying goes that bosom is the cradle of children, the garden of the woman, the symbol of female identity! Breast maintenance can make your figure more beautiful, add scores for your whole temperament, thus turn head rate increases 10 times certainly! Good figure and temperament will also ensure husband's loyalty!



The evolution of breast cancer: breast milk residual , secretions, toxins -- nodules and blockages -- lobular hyperplasia, ductal hyperplasia, breast hyperplasia -- duct blockage and adhesion -- fibroma, breast cyst -- breast cancer.

**15.Q: Why do I need hip maintenance?**

A: Because it can help the body lymphatic system discharge poison, improve the gynaecological disease, and avoid harm brought by buttock blockage. Hip impassability surely bring about gynaecological issues. What's inside buttocks is pelvic cavity, bowel. It connects daimai, lumbar vertebra, sciatic nerve from above, uterus ovary, uterine adenexa in front, anus, vagina, inguinal lymphatic from below.

If suffering from squeeze of shangjiao and xiaojiao meridian channels, hip would be most vulnerable to cold, wet and blood stasis. When hip is affected by cold, it can cause meridian contraction of hips, dysmenorrhea, irregular menstruation, dark menstruation color , clot, deterred blood flow and meridian channels. It also affects fertility.

**16.Q: How does negative pressure detoxify?**

A: Negative pressure can congest capillary, stimulate cell to increase vitality. The suction and release of pressure during operation can make local pores continue to open and close, therefore promote skin breathing, increase the amount of skin oxygen, speed up the elimination of waste. So it achieves the effects of promoting qi and blood circulation, dispelling coldness and dampness, dredging channels and collaterals, clearing toxins,heat and so on.

**17.Q: Will the skin become thinner and more sensitive after microdermabrasion treatment?**

A: No. During the process, microdermabrasion operation is just to remove the skin aging cuticle. Our skin regenerates every 28 days, so it will only make the skin become more smooth, fine and glowing. Sensitive symptoms will not appear.

**18.Q: Is it dependent?**

A: No, this is for skin problems to improve and deeply clean the skin, which belongs to the maintenance and improving skin of malnutrition caused by other factors. It's used to help skin absorb nutrition products, solve other issues such as dark,yellowish skin, water shortage, rough skin, wrinkled skin. Without the treatment you skin will only go back to secretion of its own and aging, therefore not dependence factor is involved.


## **7.Packing List**







1 x Host


1 x Unoisetion Cavitation 2.0 Probe

- 1 x Bipolar 3D SMART RF with vacuum for face
- 1 x Bipolar 3D SMART RF probe with photon for eye area
- 1 x Quadrupole 3D SMART RF probe with photon for face
- 1 x 8 Pole 3D SMART RF probe with photon for body
- 1 x Sextupolar Smart RF Vacuum probe with photon for body
- 1 x Bio face lift probe
- 9 x Derambrasion tips
- 3 x Dermabrasion wands
- 2 x Small LED Laser pads
- 6 x Big LED Laser pads
- 1 x Water spray jet
- 1 x Power Supply Cord

## 8.Operational Diagrams

| Parameter<br>Adjustment   | Product   | Techniques  | Diagrams  |
|---|---|---|---|
| <b>Facial Anti-aging: 60 min, once/week</b>   |   |   |   |
| Microdermabrasion energy level:<br>20%-80%<br><br>Operate according to different skin types of customers (try the set | Makeup remove +<br>Face wash+<br>Blackhead export liquid+<br>Hydrating base mask+<br>Massage cream+<br>Essence+<br>Facial mask+ | <ol style="list-style-type: none"> <li>1. Remove makeup and clean, 5 min.</li> <li>2. Apply toner, 1 min.</li> <li>3. Apply blackhead export liquid+hot steam (on large pores or clogged area, and toner on cheeks; for sensitive skin it is not recommended to do so but apply toner+cold steam) 5-8 min.</li> </ol> | Technique4<br><br>Technique5 |






|  |               |  |  |
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| <p>energy on lower arm first then on face, meanwhile check with customers constantly.)</p> <p>BIO Energy: 30%-80%</p> <p>Mode: M1</p> <p>RF Energy: 30%-80%</p> <p>Mode: PRO</p> | <p>Device</p> | <p>4. Microdermabrasion operation: stay on forehead for one sec, then gently twist and leave it up in the air(forehead → nose → chin) 5 min.</p> <p>5. Operation on cheek: start from chin, and operate in dots then connects 3 dots in a line. Move in parallel lines. End with temple, 3 min.</p> <p>6. Do the same on the other side, 3 min.</p> <p>7. Wash face clean, 2 min.</p> <p>8. Apply hydrating facial mask+cold steam, 10 min</p> <p>9. Wash face clean, 2 min.</p> <p>10. Apply massage cream on face and massage face and caress, 3 times.</p> <p>11. Push the following acupoints (chengjiang point, renzhong point, dicang point, jiache point, yingxiang point, jingming point, cuanzhu point, yuyao point, sizhu kong point, tongziliao point, temple, chengqi point, siba point), 3 times.</p> <p>12. Lift face with both hands as if playing musical instrument, 2 min.</p> <p>13. Alternates hands in lifting the face as if playing musical instrument, 1 min.</p> <p>14. Do the same on the other side.</p> <p>15. Alternate both hands to lift in 3 lines from chin to ear lobe, corner of mouth to ear gate, nose wing to temple, 3 times.</p> <p>16. Lift towards hairline on</p> | <div style="text-align: center;">  </div> <hr/> <p style="text-align: center;">Technique10</p> <div style="text-align: center;">  </div> <hr/> <p style="text-align: center;">Technique11</p> <div style="text-align: center;">  </div> <hr/> <p style="text-align: center;">Technique15,20</p> <div style="text-align: center;">  </div> <hr/> <p style="text-align: center;">Technique16,21</p> <div style="text-align: center;">  </div> <hr/> <p style="text-align: center;">Technique18</p> <div style="text-align: center;">  </div> <hr/> <p style="text-align: center;">Technique19</p> |
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|  | <p>forehead, 3 times.</p> <p>17. Do the same on the other side.</p> <p>18. Move middle and ring fingers on forehead in figure Z and slide to the front of the ear back and forth, then slide to the back of the ear, 3 times.</p> <p>19. RF operation: lift from jaw to forehead in circular lines to make one line next to another, 3 times.</p> <p>20. Brace the skin with the probe and another free hand to keep the treatment surface tight and lifted; move from jaw to earlobe, mouth corner to ear gate, nose wing to temple, lower eyelid to temple, and lift the corner of the eye, 3 times.</p> <p>21. Lift towards hairline on forehead, 3 times.</p> <p>22. Do the same on the other side.</p> <p>23. Clean face, 2 min.</p> <p>24. Apply (anti-aging/whitening/hydrating) essence evenly on face.</p> <p>25. Repeat the same techniques with BIO operation.</p> <p>26. Apply facial mask, 15 min.</p> <p>27. Wash face clean, 2 min</p> <p>28. Apply toner, essence, cream and sunscreen</p> |  |
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**Suggested Treatment:**

10 treatments account for one full course. After one time, the skin will be tightened. After a course of treatment, the skin will be plump, firm and ruddy. 2 courses help increase skin elasticity, accelerate metabolism and detoxification, lighten dark spots, brighten skin, and lower the rate of skin sensitivity. 3 courses help stabilize skin state, prevent skin aging and laxity, and help define facial outlines.

## Facial Tightening and Lifting: 60 min, once/week

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| <p>Vacuum&amp;RF<br/>Energy:<br/>10%-30%</p> <p>Suction:<br/>0.3-1.0</p> <p>Release :<br/>0-0.5</p> <p>Suction&amp; Release Mode:M1</p> <p>RF Mode:PRO</p> <p>Hydro energy level:<br/>Liquid export volume is recommended to set as small</p> <p>BIO Energy:<br/>30%-80%</p> <p>Mode: M1</p> | <p>Makeup remover oil+<br/>Face wash+<br/>Cleansing base mask+<br/>Massage cream+<br/>essence+<br/>Device+<br/>Facial mask</p> | <ol style="list-style-type: none"> <li>1. Remove makeup and clean, 5 min.</li> <li>2. Apply toner, 1 min.</li> <li>3. Apply cleansing base mask, 10 min.</li> <li>4. Clean face, 2 min.</li> <li>5. Apply massage cream on face and massage face and caress, 3 times.</li> <li>6. Push the following acupoints (chengjiang point, renzhong point, dicang point, jiache point, yingxiang point, jingming point, cuanzhu point, yuyao point, sizhukong point, tongziliao point, temple, chengqi point, sibai point) , 3 times.</li> <li>7. Lift face with both hands as if playing musical instrument, 2 min.</li> <li>8. Alternates hands in lifting the face as if playing musical instrument, 1 min.</li> <li>9. Do the same on the other side.</li> <li>10. Alternate both hands to lift in 3 lines from chin to ear lobe, corner of mouth to ear gate, nose wing to temple, 3 times.</li> <li>11. Lift towards hairline on forehead, 3 times.</li> <li>12. Do the same on the other side.</li> <li>13. Move middle and ring fingers on forehead in figure Z and slide to the front of the ear back and forth, then</li> </ol> | <p>Technique5</p>  <hr/> <p>Technique6</p>  <hr/> <p>Technique10</p>  <hr/> <p>Technique11</p>  <hr/> <p>Technique13</p>  <hr/> <p>Technique14,15,20,23</p> |
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|  | <p>slide to the back of the ear, 3 times.</p> <p>14. Vacuum&amp;RF operation, Lift from chin to earlobe, mouth corner to ear gate, nose wing to temple to lift the treatment area, 3 times.</p> <p>15. Brace the skin with the probe and another free hand to keep the treatment surface tight and lifted; move from jaw to earlobe, mouth corner to ear gate, nose wing to temple, lower eyelid to temple, and lift the corner of the eye, 3 times.</p> <p>16. Lift towards hairline on forehead, 3 times.</p> <p>17. Do the same on the other side.</p> <p>18. Clean face, 2 min.</p> <p>19. Pour (whitening/hydrating/soothing/anti-aging)essence into the hydro bottle(with the proportion of essence:distilled water being 2:1), 2 min.</p> <p>20. Hydro spray jet operation: start from chin to earlobe, then from mouth corner to ear gate. Move in parallel lines, meanwhile brace the skin with the free hand to keep the treatment surface tight, 2 times.</p> <p>21. Move vertically towards hairline on forehead, meanwhile brace the skin with the free hand to keep the treatment surface tight, 2 times.</p> <p>22. BIO operation: move the probe from the jaw to</p> |  <hr/> <p>Technique16,21,24</p>  <hr/> <p>Technique22</p>  <hr/> |
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|  |  | <p>forehead in circular motions and lift in lines with one line next to another, 3 times.</p> <p>23. move from jaw to earlobe, mouth corner to ear gate, nose wing to temple, lower eyelid to temple to lift the treatment area, 3 times.</p> <p>24. Lift on forehead towards hairline, 3 times.</p> <p>25. Do the same on the other side.</p> <p>26. Apply hydrating facial mask, 15 min.</p> <p>27. Wash face clean, 2 min.</p> <p>28. Apply toner, essence, cream and sunscreen</p> |  |
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**Suggested Treatment:**

10 times for a course of treatment. After one treatment, skin heats up, feeling tight and lifted. After a full course skin complexion is brightened, skin appears to be tight and plump. Two courses help increase skin elasticity, boost metabolism and detoxification, fade pigmented spots and improve skin dullness. Three course help main the healthy, young state and prevent skin laxity and aging.

**Facial Cleaning& Hydrating: 60 min, once/week**






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| <p>Microderma brasion<br/>energy level:<br/>20%-80%</p> <p>Operate according to different skin types of customers (try the set energy on lower arm first then on face, meanwhile</p> | <p>Makeup remove+<br/>Face wash+<br/>Blackhead export liquid+<br/>Hydrating mask+<br/>Cold and hot steam+<br/>Essence+<br/>Distilled water+<br/>Facial mask+<br/>Device</p> | <ol style="list-style-type: none"> <li>1. Remove makeup and clean face, 5 min.</li> <li>2. Apply toner, 1 min.</li> <li>3. Apply blackhead export liquid+hot steam (on large pores or clogged area, and toner on cheeks; for sensitive skin it is not recommended to do so but apply toner+cold steam) 5-8 min.</li> <li>4. Microdermabrasion operation: stay on forehead for one sec, then gently twist and leave it up in the air(forehead → nose → chin) 5 min</li> </ol> | <p>Technique 4</p>  <hr/> <p>Technique 5</p>  <hr/> <p>Technique 11</p> |
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| <p>check with customers constantly.)</p> <p>Hydro energy level:<br/>Liquid export volume is recommended to set as small</p> | <ol style="list-style-type: none"> <li>5. Operation on cheek: start from chin, and operate in dots then connects 3 dots in a line. Move in parallel lines. End with temple, 3 min.</li> <li>6. Do the same on the other side, 3 min.</li> <li>7. Wash face clean, 2 min.</li> <li>8. Apply hydrating facial mask + cold steam, 10 min</li> <li>9. Wash face clean, 2 min.</li> <li>10. Pour (whitening/hydrating/soothing/anti-aging)essence into the hydro bottle(with the proportion of essence:distilled water being 2:1), 2 min.</li> <li>11. Hydro spray jet operation: start from chin to earlobe, then from mouth corner to ear gate. Move in parallel lines, meanwhile brace the skin with the free hand to keep the treatment surface tight, 2 times.</li> <li>12. Move vertically towards hairline on forehead, meanwhile brace the skin with the free hand to keep the treatment surface tight, 2 times.</li> <li>13. Apply facial mask, 15 min.</li> <li>14. Wash face clean, 2 min.</li> <li>15. Apply toner, essence, cream, and sunscreen.</li> </ol> |  <hr/> <p>Technique 12</p>  |
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**Recommended treatment:**  
10 treatments account for one full course. After one treatment you will feel a clean, smooth and less course skin. After one full course you will see your skin is smooth, fine and elastic. After two courses your skin will be tight, glossy, and even toned. Three courses help your skin remain elastic, glossy and exuberant with less fine lines.



## Anti-aging around Eyes: 60min, once/week



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| <p>RF Face Energy: 30%-80%</p> <p>Mode: PRO</p> <p>BIO Energy: 30%-80%</p> <p>Mode: M1</p> | <p>Makeup remover oil+ Face wash+ Toner+ Eye essence+ Device+ Eye mask</p> | <ol style="list-style-type: none"> <li>1. Remove makeup and clean face, 5 min.</li> <li>2. Apply toner, 1 min.</li> <li>3. Apply essence evenly around eyes and gently massage to rub it in, 1 min.</li> <li>4. Push the following acupoints(jingming point, cuanzhu point, yuyao point, sizhukong point, temple, tongziliao point, chengqi point) using middle and ring fingers, 3 times.</li> <li>5. Move hands in circular motion on eyes and push temples, 3 times.</li> <li>6. Move middle and ring fingers horizontally below lower eyelids and slide to back of the ear, 3 times.</li> <li>7. Lift middle and ring fingers from inner eye corner to upper eyelids and slide to back of the ear, 3 times.</li> <li>8. Lift eye corners with “scissor” hand gesture, 3-5 times.</li> <li>9. Repeat the previous operation on the other side, 3 times.</li> <li>10. Move hands in circular motion on eyes and push temples, 3-5 times.</li> <li>11. RF operation: move the probe beneath lower eyelid in small circles and move all the way till the temple, 3-5 times.</li> <li>12. Combined with hand,</li> </ol> | <p>Technique3,5,10</p>  <hr/> <p>Technique4</p>  <hr/> <p>Technique6</p>  <hr/> <p>Technique7</p>  <hr/> <p>Technique8</p>  <hr/> <p>Technique11</p> |
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|  |  | <p>move the probe from lower eyelid to temple to lift the treatment area, 3-5 times.</p> <p>13. Lift from the beginning of the eyebrows to the end, 3-5 times.</p> <p>14. Combined with hand, move the probe to lift the corner of the eyes towards the hairline, 3-5 times.</p> <p>15. Do the same on the other side.</p> <p>16. Repeat the same technique with BIO operation.</p> <p>17. Apply eye mask, 15 min.</p> <p>18. Wash eyes and face clean, 2 min.</p> <p>19. Apply toner, facial essence, eye essence, cream and sunscreen.</p> |  <p>Technique12,14</p>  <p>Technique13</p>  |
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**Suggested Treatment:**

10 treatments account for one full course. Once done, the eyes are lifted and tightened, increasing blood circulation to the eyes. After one course, it lightens fine lines, dark circles under the eyes and brightens the skin. After 3 courses, the skin around the eyes is firm, tender and shiny, improving and preventing the aging of the eyes.

**Anti-aging on Neck: 60 min, once/week**

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| <p>RF Face Energy:<br/>30%-80%</p> <p>Mode:<br/>PRO</p> <p>BIO Energy:<br/>30%-80%</p> <p>Mode:<br/>M1</p> <p>Vacuum&amp;RF</p> | <p>Makeup remover oil+<br/>Face wash+<br/>Massage cream+<br/>Essence+<br/>Device+<br/>Neck mask</p> | <ol style="list-style-type: none"> <li>1. Remove makeup and cleanse face, 5 min.</li> <li>2. Apply toner, 1 min.</li> <li>3. Neck massage: apply and rub oil on the chest with both hands to the back of the neck and point to feng chi and feng fu acupoint, 3 times.</li> <li>4. Alternately lift the lower jaw and double chin to pass behind the ear and under the armpit, 3 times.</li> <li>5 Push downwards with</li> </ol> | <p>Technique3</p>  <p>Technique4, 10,18</p>  |
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| <p>Energy:<br/>30%-80%</p> <p>Suction<br/>Interval:<br/>0.3-1.0</p> <p>Release<br/>Interval:<br/>0-0.5</p> <p>Suction&amp; Release<br/>Mode:<br/>M1</p> <p>RF Mode:<br/>PRO</p> |  | <p>hand spread and hukou pointing down, tracing 3 meridian channels from the neck side to the armpit, 3 times.</p> <p>6. Push downwards with 4 fingers, tracing 3 meridian channels from neck side to the armpit, 3 times.</p> <p>7. Push downwards with kneeling fingers till the neck turns hot and slide to the armpit, 3 times.</p> <p>8. Push downwards with hand spread and hukou pointing down from external collarbone to armpit, 3-5 times.</p> <p>9. Do the same on the other side.</p> <p>10. RF operation: coupled with hand massage, lift double chin to pass behind the ear and under the armpit, 3 times.</p> <p>11. Move the device in circles on one side of neck to pass under armpit, 3 times.</p> <p>12. Slide the device from internal and external clavicle to the armpit, 3-5 times.</p> <p>13. Move the device in circles on the whole neck area, 3 times.</p> <p>14. Coupled with hand, lift neck in lines, 3-5 times.</p> <p>15. Do the same on the other side.</p> <p>16. Clean neck, 2 min.</p> <p>17. Apply essence evenly, 1min.</p> <p>18. BIO operation: coupled with hand massage, lift</p> | <p>Technique5,6,7,11,19</p>  <hr/> <p>Technique13</p>  <hr/> <p>Technique14,21</p>  |
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|  |  | <p>double chin to pass behind the ear and under the armpit, 3 times.</p> <p>19. Move the probe in three circular lines and pass under the armpit, 3 times.</p> <p>20. Slide the device from internal and external clavicle to the armpit, 3-5 times.</p> <p>21. Coupled with hand, lift neck in lines, 3-5 times.</p> <p>22. Do the same on the other side.</p> <p>23. Repeat the same techniques with vacuum&amp; RF treatment.</p> <p>24. Apply neck mask, 15 min.</p> <p>25. Wash neck clean, 2 min.</p> <p>26. Apply essence and neck cream.</p> |  |
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**Suggested Treatments:**

10 treatments account for one full course. After one treatment, skin becomes tender, smooth. After a full course, neck skin becomes smooth, speed up the neck lymphatic circulation. After 2 courses it tightens skin, fade necklines, improve the double chin. After 3 course, skin is fine, firm and glowing, which also promote lymph drainage, improve facial dullness, some problems such as acne, and delay the aging of the skin, make skin restore young state

**Shaping Waist&Abdomen: 60 min, once/week**

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| <p>Vacuum&amp; RF Energy: 30%-80%</p> <p>Suction Interval: 0.3-1.0</p> <p>Release Interval: 0-0.5</p> | <p>Essential oil+ Gel+ Device</p> | <ol style="list-style-type: none"> <li>1. Apply and rub oil on abdomen with hands, 3 times.</li> <li>2. Rub stomach back and forth with both hands, 3-5 times.</li> <li>3. Knead abdomen with both hands using chiropractic techniques, 3 times.</li> <li>4. Lift daimai on both sides of waist with both hands</li> </ol> | <p>Technique1,7,10</p>  <p>Technique2</p> |
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| <p>Suction&amp; Release Mode:<br/>M1</p> <p>RF Mode:<br/>PRO</p> <p>40K Energy:<br/>30%-80%</p> <p>Mode:<br/>M1</p> <p>Lipo Laser Energy:<br/>30%-80%</p> <p>Mode: M1</p> |  | <p>alternately, 16 times.</p> <p>5. Move hands as if writing an “8” number on waist, 3 times.</p> <p>6. Overlap hands and message the intestinal canal clockwise, 3 times.</p> <p>7. Move hands in circular motion and caress the treatment area, 3 times.</p> <p>8. Push on the following acupoints: shangwan zhongwan xiawan shenque qihai guanyuan zhongji tianshu dasheng qugu, 2 times.</p> <p>9. Starting from zhongji point, push both thumbs to belly navel, slide them to waist and the lift upwards to groin, 3 times.</p> <p>10. Caress the treatment area with hands and slide to groin.</p> <p>11. Apply gel evenly on abdomen, 1 min.</p> <p>12. 40K operation:starting from one side of the waist, lift the device to abdomen and groin, 3 times. Repeat the previous operation on the other side, 3 times.</p> <p>13. Move the device on abdomen in small circular motions, 3 times.</p> <p>14. Move the device on abdomen in big circular motions, 3 times.</p> <p>15. Move the probe to shape the waist as if writing “8”, 3-5 times.</p> <p>16. Move the probe up and down to shape the waist,</p> |  <p>Technique3</p>  <p>Technique4</p>  <p>Technique5</p>  <p>Technique6</p>  <p>Technique8</p>  <p>Technique9</p> |
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3-5 times.  
 17. Combined with hand, lift da imai on both sides of the waist, 16 times.  
 18. Wipe abdomen clean with hot towel, 2 min.  
 19. Apply essential oil evenly on abdomen, 1 min.  
 20. Repeat the same techniques with vacuum & RF treatment.  
 21. Lipo Laser treatment: Fixate the pads on fat part of the abdomen, 20 min.  
 22. Remove the pads and clean abdomen with towel.



Technique12



Technique14



Technique15



Technique16



Technique17



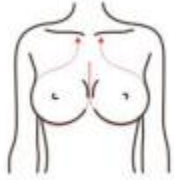
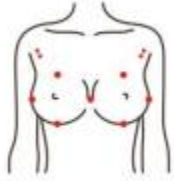
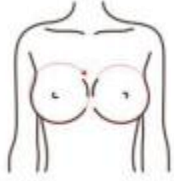
Technique18

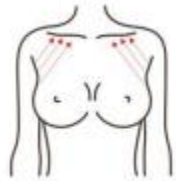
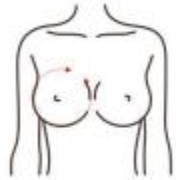
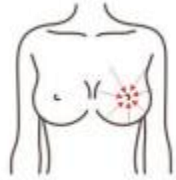
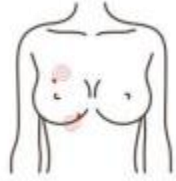




**Suggested Treatment:**

Ten treatments account for one full course of treatment. Once done, abdomen is heating up, metabolism is accelerated. After one course, fat slowly reduce through metabolism, body starts to slim down. Constipation and other issues are addressed at the same time. After 2 courses the effect gradually becomes obvious, skin is tightened and lifted, skin collagen increased. Stretch marks and flabby skin are also improved. 3 courses help reinforce the effect. Redundant adipose gradually disappear, lumbar abdomen curve start to take in shape, and slim waist starts to show.

**Shaping Breasts: 60 min, once/week**

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| <p>RF Energy:<br/>30%-80%</p> <p>Mode:<br/>PRO</p> | <p>Massage cream(Essential oil)+<br/>Device</p> | <ol style="list-style-type: none"> <li>Stand at the head of the bed, both hands from shan zhong point began to rub oil to armpit up at the same time lift the suspension ligament (this is to caress treatment area) 3 times.</li> <li>Both hands thumb point: shanzhong, rugen, dabao, yingchuang, zhongfu, yunmen, 3 times.</li> <li>Caress the treatment area, 3 times.</li> <li>Overlap both palms from shan zhong point to chest both sides back and forth as if writing an "8" number, 3 times.</li> <li>Lift the accessory breast to the suspensory ligament alternately with both hands, first left, then right, 10 times.</li> <li>Caress the treatment area, 3 times</li> </ol> | <p>Technique1,3,6,10</p>  <hr/> <p>Technique2</p>  <hr/> <p>Technique4</p>  <hr/> <p>Technique5</p> |
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|  | <p>7. Sit beside the customer, first left, then right, with both hands to soothe and lift the chest, 3-5 times.</p> <p>8. Alternately push the breast duct around the chest (one circle of the chest), 3-5 times.</p> <p>9. Use the thumb to dredge the nodules in the chest, 3 times.</p> <p>10. Lift the whole chest with hands, 3-5 times.</p> <p>11. The technique on the other side is the same as above.</p> <p>12. RF operation: first left, then right, from the bottom to the top along the direction of the chest to the nipple, combined with hand pacification, 5-8 times.</p> <p>13. Draw half a circle along the chest to lift and pull from the bottom to the collarbone, combining with hand comfort, 5-8 times.</p> <p>14. Make small circles to clear the nodule site for 3-5 times.</p> <p>15. The customer lies on his side and stands up with her arms. The device burns fat in circles at the position of auxiliary breast, 5-8 times.</p> <p>16. The instrument is pushed from the position of underarm auxiliary breast to the chest (shaping and receiving auxiliary breast), 5-8 times</p> <p>17. The technique on the other side is the same as above.</p> |  <hr/> <p>Technique7</p>  <hr/> <p>Technique8, 12</p>  <hr/> <p>Technique9, 14</p>  <hr/> <p>Technique13</p>  <hr/> <p>Technique15</p>  <hr/> <p>Technique16</p> |
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**Suggested Treatment:**







10 times account for a course of treatment. After a full course, breasts will experience heat, blood circulation is boosted, and a certain improvement effect will be seen. After a course of treatment the effect is more obvious, nodules are improved. 3 courses help tighten the skin and consolidate shaping effect, and increase the elasticity of the breasts. Regulating endocrine makes women more attractive




**Shaping Arms: 60 min, once/week**

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| <p>RF Energy:<br/>30%-80%</p> <p>Mode: PRO</p> <p>40K Energy:<br/>30%-80%</p> <p>Mode: M2</p> <p>Lipo Laser<br/>Energy:<br/>30%-80%</p> <p>Mode: M2</p> | <p>Essential oil+<br/>Gel+<br/>Device</p> | <ol style="list-style-type: none"> <li>1. Left-right order: lay the arm flatwise, apply and rub oil in from lower arm to the entire arm and slide to the fingers, 3 times.</li> <li>2. Push the entire arm with both palms, 3 times.</li> <li>3. Push hands upwards tracing three main collateral channels(dachangjing-sanjiaojing-xiaochangjing) to armpits with fingers spread and hukou pointing upwards, 3 times.</li> <li>4. Caress the treatment area, 3 times.</li> <li>5. Trace and rub three main collateral channels on arms with kneeling finger back and forth till them turn hot, 3 times.</li> <li>6. Caress the treatment area, 3 times.</li> <li>7. Lay inner arm upwards, and push hands tracing three yin channel on inner arm(feijing-xinbaojing-xinjin</li> </ol> | <p>Technique1</p>  <hr/> <p>Technique2,3,4,5,6</p>  <hr/> <p>Technique7</p>  <hr/> <p>Technique8, 16,18</p> |
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|  | <p>g) to armpit, with hukou pointing upwards, 3 times respectively.</p> <p>8. Rub three channels back and forth with kneeling fingers, 3 times.</p> <p>9. Caress the treatment area and slide to fingers.</p> <p>10. The end of massage techniques.</p> <p>11. Repeat the previous operation on another side.</p> <p>12. RF device operation: lay arms flatwise and start from fat part of lower arm, tracing three channels to armpit, 3 times.</p> <p>13. Move the device in annular motion, tracing three channels to armpit, 3 times.</p> <p>14. You may double the operation on flabby arms, 3 times.</p> <p>15. Trace three channels to armpit, 3 times.</p> <p>16. Lay inner arm flatwise and push three channels on upper arm to armpit, 3 times.</p> <p>17. Trace three channels on upper arm and move the device in circles to armpit, 3 times.</p> <p>18. Trace three channels from upper arm to armpit.</p> <p>19. Apply gel evenly on arms, 1 min.</p> <p>20. Repeat the same techniques with 40K treatment.</p> <p>21. Lipo Laser operation: Fixate the pads on fat part of the arms, 20 min.</p> |  <hr/> <p>Technique9</p>  <hr/> <p>Technique12, 15</p>  <hr/> <p>Technique13, 14, 17</p>  <hr/> |
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|  |                              | <p>22. Remove the pads, and wipe the arm clean with hot towel.</p> <p>23. Do the same on the other side.</p>   |  |
| <p><b>Suggested Treatment:</b></p> <p>10 treatments account for a full course. Once done, it will feel warm and tight, and the arms will be relaxed. A course of treatment help reduce excessive arm fat and the skin appear to be tight and plump. 2 courses of treatment began to shape the arms, strengthen the effect, dredge meridians, and enhance the physique. 3 courses help consolidate stability and prevent rebound.</p> |                              |  |  |
| <p><b>Shaping Back: 60 min, once/week</b></p>  |                              |  |  |
| <p>RF Energy:<br/>30%-80%</p> <p>Mode:PRO</p> <p>Vacuum&amp;RF Energy:<br/>30%-80%</p> <p>Suction:<br/>0.3-1.0</p> <p>Release :<br/>0-0.5</p> <p>Suction&amp;Release Mode:M1</p> <p>RF Mode:PRO</p> <p>Lipo Laser Energy:<br/>30%-80%</p> <p>Mode:M3</p>   | <p>Essential oil+ Device</p> | <ol style="list-style-type: none"> <li>1. Apply oil on back and press Fengchi and fengfu points.</li> <li>2. (Starting from hairline) stroke badanjin with thumb, 3-5 times.</li> <li>3. Move thumb outwards from pangguangjin to baliiao area and then to fengchi and fengfu point.</li> <li>4. Starting from neck to caudal vertebra, move hands in S-shape, 3 times.</li> <li>5. Push pangguangjin with thumb in left-right order, 3 times.</li> <li>6. Push pangguangjin to baliiao area with both thumbs, at the same time, 3 times.</li> <li>7. Push pangguangjin in three kneeling fingers, 3 times.</li> <li>8. Push scapula slot with both hands alternately in left-right order, 3-6 times.</li> <li>9. Push scapula slot with both hands horizontally, 3-6 times</li> </ol> | <p>Technique1,10</p>  <hr/> <p>Technique2</p>  <hr/> <p>Technique3</p>  <hr/> <p>Technique4</p>  <hr/> <p>Technique5,6,7,13,14,</p> |


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|  | <p>10. Caress the back with both hands and push fengchi and fengfu points, 3 times.</p> <p>11. Overlap both thumbs and push tianzong point and slide to the arm, 3 times.</p> <p>12. Repeat the previous action on another arm, 3 times.</p> <p>13. Rub dumai and pangguangjin with hands until they turned hot.</p> <p>14. RF Operation: Starting from dumai to pangguangjin, move the device from neck to baliao area, 3-5 times.</p> <p>15. Move the device in circles on dazhui point, and baliao area, 3-5 times respectively.</p> <p>16. From dabanjin to neck, move the device back and forth, 3-5 times.</p> <p>17. Lift the device on scapula slot in left-right order, 3-5 times.</p> <p>18. Move the device horizontally as if writing an "8" number to baliao area, 3 times.</p> <p>19. Move the device upwards in annular motion to armpit in left-right order on both sides, 3 times.</p> <p>20. Starting from neck, slide the device from dumai and pangguangjin to baliao area, 3-5 times.</p> <p>21. Repeat the same technique with Vacuum&amp;RF Operation.</p> <p>22. Lipo Laser operation:</p> |  <hr/> <p>Technique8,17</p>  <hr/> <p>Technique9</p>  <hr/> <p>Technique11,12</p>  <hr/> <p>Technique15</p>  <hr/> <p>Technique16</p>  <hr/> <p>Technique18</p> |
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|  |  | <p>Fixate the pads on fat part of the back, 20 min.</p> <p>23. Remove the pads, and wipe the back clean with hot towel.</p> |  <hr/> <p>Technique19</p>  <hr/> <p>Technique20</p>  |
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**Suggested Treatment:**

10 treatments account for a full course. Once done, back feel significantly relaxed, and it can also alleviate neck stiffness, and lift skin. A course help relax shoulder, reduce back fat, ease the lump on the nape of the back, and shape the back line. After two courses, the lump appears to be smaller, and it help dredge meridians, regulate sub-health, and improve sleep. 3 courses help with back thinning, define back line, strengthen viscera function, improve digestion, detoxification and metabolism, (a period of treatment is to reduce size, two courses is to strengthen effect, three courses help with consolidation and avoid rebound.)

**Shaping Buttocks: 60 min, once/week**

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| <p>RF Energy:<br/>30%-80%</p> <p>Mode:PRO</p> <p>40K Energy:<br/>30%-80%</p> <p>Mode:M1</p> | <p>Essential oil+<br/>Gel+<br/>Device</p> | <p>1. Standing on the side, accumulate oil on hands and then slide to the waist and then lift up along the hips from the waist, 3 times (this is to caress the treatment area.)</p> <p>2. Repeatedly push ba liao zone with two thumbs</p> | <p>Technique1,4,10</p>  <hr/> <p>Technique2</p> |
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| <p>Lipo Laser<br/>Energy:<br/>30%-80%</p> <p>Mode:M1</p> | <p>3. Caress the treatment area for 3 times and then point: "shenyu", "ba liao", "chang qiang", "huan tiao" and "cheng fu", 3 times.</p> <p>4. Caress the treatment area, 3 times.</p> <p>5. First left, then right, with both hands extending from the root of the thigh from bottom to top -- bladder tendon -- kidney -- liver -- gallbladder -- vein, 3 times each.</p> <p>6. Both hands follow from the root of thigh from bottom to top -- bladder channel, kidney channel, liver channel and gallbladder channel to the vein, 3 times each.</p> <p>7. Overlap both palms and push up together from thigh root to pulse (ascension) ,3 to 5 times.</p> <p>8. Push your hands from bottom to top from both sides of your hips to the top of your hips, 3 times.</p> <p>9. Repeat the previous operation.</p> <p>10. Caress the treatment area.</p> <p>11. The technique on the other side is the same as above.</p> <p>12. RF Operation: lift from the thigh root to daimai in lines , 3 times.</p> <p>13. Lift 3 times from bottom to top on both sides of the buttocks to the highest point of the buttocks.</p> <p>14. Circle your hips, 3 to 5</p> |  <p>Technique3</p>  <p>Technique5, 12, 15</p>  <p>Technique6</p>  <p>Technique8, 13, 16</p>  <p>Technique14</p>  |
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|  |  | <p>times.</p> <p>15. Lift 3 times from thigh root to vein.</p> <p>16. Lift from bottom to top on both sides of the buttocks to the highest point of the buttocks, 3 times.</p> <p>17. Do the same on the other side.</p> <p>18. Apply gel evenly on the buttocks.</p> <p>19. Repeat the same techniques with 40K treatment.</p> <p>20. Lipo Laser operation: Fixate the pads on fat part of the buttocks, 20 min.</p> <p>21. Remove the pads, and wipe the buttocks clean with hot towel.</p> |  |
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**Suggested Treatment:**





10 treatments account for a full course. After one treatment, buttocks will experience lifting and heat. After a course of treatment buttocks start to show obvious curve lines, and excessive fat begin to disappear slowly, and skin appear to be tight. After 3 courses, the conditions of cold body and uterus, other gynecological problems such as irregular menstruation are improved. It also help consolidate the effect, and increase the female charm.

**Shaping Legs: 70 min, once/week**

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| <p>Vacuum&amp;RF<br/>Energy:<br/>30%-80%</p> <p>Suction:<br/>0.3-1.0</p> <p>Release :<br/>0-0.5</p> <p>Suction&amp; Release Mode:M1</p> | <p>Essential oil<br/>(Massage cream)+<br/>Gel+<br/>Device</p> | <p>1. Rear leg, left-right order: apply and rub oil in from calf to thigh to heel, 3 times.</p> <p>2. Alternately push the entire leg from bottom to top and wrap back into the heel, 3 times</p> <p>3. Move hands upwards to four main collateral channels(pangguangjin-shen jin-ganjin-danjin) with fingers spread and hukou pointing upwards</p> | <p>Technique1,2,3,4,6,7,8</p>  <p>Technique5</p> |
|---|---|---|---|

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| <p>RF Mode:PRO</p> <p>40K Energy:<br/>30%-80%</p> <p>Mode:M1</p> <p>Lipo Laser<br/>Energy:<br/>30%-80%</p> <p>Mode:M1</p> |  | <ol style="list-style-type: none"> <li>4. Push hands alternately to popliteal fossa, 3 times.</li> <li>5. Twist both hands upwards alternately as if twisting a fried dough, 3 times.</li> <li>6. Caress the treatment area, 3 times.</li> <li>7. Push four main collateral channels upwards with kneeling fingers of both hands, 3 times.</li> <li>8. Caress the treatment area, 3 times.</li> <li>9. Do the same on the other side.</li> <li>10. Apply gel evenly on treatment area.</li> <li>11. 40K operation:move the device from popliteal fossa to pangguangjin-shenjin-ganjin-danjin, 3 times.</li> <li>12. Move the device in circular motion on calf, 3 times.</li> <li>13. Move the device upwards to popliteal fossa and caress the treatment area with hands, 3 times.</li> <li>14. Push from popliteal fossa tracing 4 main collateral channels to the end of thigh, 3 times.</li> <li>15. Move the device in circular motion from popliteal fossa to the end of thigh, 3 times.</li> <li>16. Push from popliteal fossa tracing main collateral channels to the end of thigh, 3 times.</li> <li>17. Wipe the treatment area with hot towel.</li> <li>18. Apply essential oil</li> </ol> |  <hr/> <p>Technique11,13</p>  <hr/> <p>Technique12</p>  <hr/> <p>Technique14,16</p>  <hr/> <p>Technique15</p>  <hr/> <p>Technique23,24,25,26,28</p>  <hr/> <p>Technique29,33</p> |
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|  | <p>evenly on treatment area.</p> <p>19. Repeat the same techniques with Vacuum&amp;RF treatment.</p> <p>20. do the same on the other side.</p> <p>21. Lipo Laser operation: Fixate the pads on fat part of the treatment area, 20 min.</p> <p>22. Remove the pads, and wipe the treatment area clean with hot towel.</p> <p>23. Foreleg: rub oil with both hands from heel to the thigh root (namely to caress the treatment area), 3 times.</p> <p>24. Alternately push the entire leg from bottom to top and wrap back into the heel, 3 times</p> <p>25. Move hands upwards to four main collateral channels(pijing-weijing-ganji ng-danjing) with fingers spread and hukou pointing upwards, 3 times.</p> <p>26. Push four main collateral channels upwards with kneeling fingers of both hands, 3 times.</p> <p>27. Apply gel evenly on the treatment area.</p> <p>28. 40K operation: Lift the device towards knee while tracing 3 collaterals, 3 times(start from thigh if there's not enough unwanted fat on calf.)</p> <p>29. Move the device on two sides of calf in annular motion, 3 times(start from thigh if there's not enough unwanted fat on calf.)</p> |  <hr/> <p>Technique30,34</p>  <hr/> <p>Technique31</p>  <hr/> <p>Technique32</p>  |
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|  |  | <p>30. Lift the device from knee to thigh root in lines, 3 times.</p> <p>31. Move the device in small circles on thigh, 3 times.</p> <p>32. Coupled with hand, lift from 2 sides of leg to the middle, 3 times.</p> <p>33. Lift the device from knee to thigh root in annular motion, 3 times.</p> <p>34. Lift the device from knee to thigh root in lines, 3 times.</p> <p>35. Wipe the treatment area with hot towel.</p> <p>36. Apply essential oil evenly on treatment area.</p> <p>37. Repeat the same techniques with vacuum&amp; RF treatment.</p> <p>38. Do the same on the other side.</p> <p>39. Lipo Laser operation:<br/>Fixate the pads on fat part of the treatment area, 20 min.</p> <p>40. Remove the pads, and wipe the treatment area clean with hot towel.</p> |  |
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**Suggested Treatment:**

10 treatments account for a full course. After one treatment, leg is relaxed, and circulation is accelerated. After a course of treatment, leg becomes thin, skin collagen tissue experience contraction due to heat effect, and tightening effect can obviously be felt on the skin. After 2 courses, leg is tight and slim, and obvious results are seen. 3 courses help consolidate the effect. Super RF + super ultrasound is to stimulate the dermis of the skin, which can sustain collagen regeneration, so the treatment effect will be more and more obvious

**Body-Shaping&Slimming: 180 min, once/week**

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| Body RF<br>Energy: | Essential oil<br>(Massage | <b>Arms</b><br>1 Left-right order: lay the | Technique1,5 |
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| <p>30%-80%</p> <p>Mode: PRO</p> <p>Vacuum&amp;RF Energy: 30%-80%</p> <p>Suction: 0.3-1.0</p> <p>Release : 0-0.5</p> <p>Suction&amp; Release Mode: M1</p> <p>RF Mode: PRO</p> <p>40K Energy: 30%-80%</p> <p>Mode: M1</p> <p>Lipo Laser Energy: 30%-80%</p> <p>Mode: Fat part of the treatment: M1</p> <p>Arms: M2</p> <p>Back: M3</p> | <p>cream)+ Gel+ Device</p> | <p>arm flatwise, apply and rub oil in from lower arm to the entire arm and slide to the fingers (to caress the treatment area), 3 times.</p> <p>2. Push the entire arm with both palms, 3 times.</p> <p>3. Push hands upwards tracing three main collateral channels(dachangjing-sanjiaojing-xiaochangjing) to armpits with fingers spread and hukou pointing upwards, 3 times.</p> <p>4. Trace and rub three main collateral channels on arms with kneeling finger back and forth till them turn hot, 3 times.</p> <p>5. Caress the treatment area and slide to the fingers, 3 times.</p> <p>6. RF device operation: lay arms flatwise and start from fat part of lower arm, tracing three channels to armpit, 3 times.</p> <p>7. Move the device in annular motion, tracing three channels to armpit, 3 times. You may double the operation on flabby arms, 3 times.</p> <p>8. Trace three channels on upper arm and move the device in circles to armpit, 3 times.</p> <p>9. Apply gel evenly on arms, 1 min.</p> <p>10. Repeat the same techniques with 40K treatment.</p> <p>11. Lipo Laser operation: Fixate the pads on fat part of</p> |  <p>Technique 2,3,4,6,8</p>  <p>Technique 7</p>  <p>Technique 15</p>  <p>Technique 16</p>  <p>Technique 17</p>  <p>Technique 18,30</p> |
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the arms, 20 min.  
 12. Remove the pads, and wipe the arm clean with hot towel.  
 13. Do the same on the other side.  
 14. The end of arm treatment.

**Abdomen**

15. Massage abdomen and apply and rub oil on abdomen with hands, 3 times.  
 16. Rub stomach back and forth with both hands, 3 times.  
 17. Knead abdomen with both hands using chiropractic techniques, 3 times.  
 18. Lift daimai on both sides of waist with both hands alternately, 3 times.  
 19. Move hands as if writing an "8" number on waist, 3 times.  
 20. Overlap hands and message the intestinal canal clockwise, 3 times.  
 21. Push on the following acupoints: shangwan zhongwan xiawan shenque qihai guanyuan zhongji tianshu dasheng qugu, 2 times.  
 22. Starting from zhongji point, push both thumbs to belly navel, slide them to waist and the lift upwards to groin, 3 times.  
 23. Caress the treatment area with hands and slide to groin.



Technique19



Technique20



Technique21









Technique22













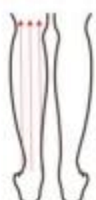

Technique24






Technique26

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|  |  | <p>24. Apply gel evenly on abdomen, 1 min.</p> <p>25. 40K operation: starting from one side of the waist, lift the device to abdomen and groin, 3 times</p> <p>26. Repeat the previous operation on the other side, 3 times.</p> <p>27. Move the device on abdomen in small circular motions, 3 times.</p> <p>28. Move the device on abdomen in big circular motions, 3 times.</p> <p>29. Move the probe to shape the waist as if writing "8", 3-5 times.</p> <p>30. Move the probe up and down to shape the waist, 3-5 times.</p> <p>31. Combined with hand, lift daimai on both sides of the waist, 16 times.</p> <p>32. Wipe abdomen clean with hot towel, 2 min.</p> <p>33. Apply essential oil evenly on abdomen, 1 min.</p> <p>34. Repeat the same techniques with vacuum &amp; RF treatment.</p> <p>35. Lipo Laser treatment: Fixate the pads on fat part of the abdomen, 20 min.</p> <p>36. Remove the pads and clean abdomen with towel.</p> <p>37. The end of abdomen treatment.</p> <p><b>Back</b></p> <p>38. Massage and apply oil on back and press Fengchi and fengfu points.</p> <p>39. (Starting from hairline)</p> |  <hr/> <p>Technique27</p>  <hr/> <p>Technique28</p>  <hr/> <p>Technique29</p>  <hr/> <p>Technique37</p>  <hr/> <p>Technique38,46</p>  <hr/> <p>Technique39</p> |
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|  | <p>stroke badanjin with thumb, 3-5 times.</p> <p>40. Move thumb outwards from pangguangjin to baliao area and then to fengchi and fengfu point, 3 times.</p> <p>41. Starting from neck to caudal vertebra, move hands in S-shape, 3 times.</p> <p>42. Push pangguangjin with thumb in left-right order, 3 times.</p> <p>43. Push pangguangjin to baliao area with both thumbs, at the same time, 3 times.</p> <p>44. Push pangguangjin in three kneeling fingers, 3 times.</p> <p>45. Push scapula slot with both hands alternately in left-right order, 3 times.</p> <p>46. Overlap both thumbs and push tianzong point and slide to the arm, 3 times.</p> <p>47. RF Operation: Starting from dumai to pangguangjin, move the device from neck to baliao area, 3-5 times.</p> <p>48. Move the device in circles on dazhui point, and baliao area, 3-5 times respectively.</p> <p>49. From dabanjin to neck, move the device back and forth, 3-5 times.</p> <p>50. Lift the device on scapula slot in left-right order, 3-5 times.</p> <p>51. Move the device horizontally as if writing an "8" number to baliao area, 3 times.</p> |  <hr/> <p>Technique40</p>  <hr/> <p>Technique41,42,45</p>  <hr/> <p>Technique43,47</p>  <hr/> <p>Technique44</p>  <hr/> <p>Technique48</p>  <hr/> <p>Technique49</p> |
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|  | <p>52. Move the device upwards in annular motion to armpit in left-right order on both sides, 3 times.</p> <p>53. Starting from neck, slide the device from dumai and panguangjin to baliao area, 3-5 times.</p> <p>54. Repeat the same technique with Vacuum&amp;RF Operation.</p> <p>55. Lipo Laser operation: Fixate the pads on fat part of the back, 20 min.</p> <p>56. Remove the pads, and wipe the back clean with hot towel.</p> <p>57. The end of the back treatment.</p> <p><b>Legs</b></p> <p>58. Leg Massage: from left to right, apply and rub oil in from calf to thigh to heel, 3 times.</p> <p>59. Move hands upwards to four main collateral channels(panguangjin-shen jin-ganjin-danjin) with fingers spread and hukou pointing upwards, 3 times.</p> <p>60. Push hands alternately to popliteal fossa, 3 times.</p> <p>61. Twist both hands upwards alternately as if twisting a fried dough, 3 times.</p> <p>62. Push four main collateral channels upwards with kneeling fingers of both hands, 3 times.</p> <p>63. Do the same on the other side.</p> <p>64. Apply gel evenly on</p> |  <hr/> <p>Technique50</p>  <hr/> <p>Technique55,56,57,59</p>  <hr/> <p>Technique58</p>  <hr/> <p>Technique62</p>  <hr/> <p>Technique63</p>  <hr/> <p>Technique64</p> |
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|  | <p>treatment area.</p> <p>65. 40K operation:move the device from popliteal fossa to panguangjin-shenjin-ganjin-danjin, 3 times.</p> <p>66. Move the device in circular motion on calf, 3 times.</p> <p>67. Push from popliteal fossa tracing 4 main collateral channels to the end of thigh, 3 times.</p> <p>68. Move the device in small circular motion from popliteal fossa to the end of thigh, 3 times.</p> <p>69. Coupled with hand, lift from 2 sides of leg to the middle, 3 times.</p> <p>70. Wipe the treatment area with hot towel.</p> <p>71. Apply essential oil evenly on treatment area.</p> <p>72. Repeat the same techniques with vacuum&amp; RF treatment.</p> <p>73. Do the same on the other side.</p> <p>74. Lipo Laser operation: Fixate the pads on fat part of the treatment area, 20 min.</p> <p>75. Remove the pads, and wipe the treatment area clean with hot towel.</p> <p>76. The end of leg treatment.</p> |  <hr/> <p>Technique65</p>  <hr/> <p>Technique66</p>  |
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**Suggested Treatment:**



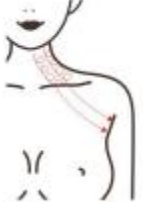



10 times account for a full course of treatment. After one treatment, your body will feel relaxed, blood circulation boosted, and skin tightened. After a course you will see less fat on different parts of the body, collagen regenerated, and firm skin. After 2 courses fat reduces, and curve lines begin to show. 3 courses will help with enhance the effects and shape up, and S curve will appear.









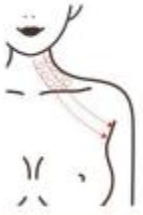


## Overall facial Care: 100 minutes, once/week

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| <p>Microdermabrasion energy level: 20%-80%</p> <p>Operate according to different skin types of customers (try the set energy on lower arm first then on face, meanwhile check with customers constantly.)</p> <p>Hydro energy level: Liquid export volume is recommended to set as small</p> <p>Face RF Energy: 30%-80%</p> <p>Mode: PRO</p> <p>Eye RF Energy: 30%-80%</p> <p>Mode: PRO</p> <p>BIO Energy: 30%-80%</p> | <p>Makeup remove + Face wash+ Blackhead export liquid+ Cold&amp;hot steam+ Hydrating base mask+ Massage cream+ Device+ Essence+ Eye essence+ Facial mask+ Eye mask+ Neck mask</p> | <ol style="list-style-type: none"> <li>1. Remove makeup and clean, 5 min.</li> <li>2. Apply toner, 1 min.</li> <li>3. Apply blackhead export liquid+hot steam (on large pores or clogged area, and toner on cheeks; for sensitive skin it is not recommended to do so but apply toner+cold steam) 5-8 min.</li> <li>4. Microdermabrasion operation: stay on forehead for one sec, then gently twist and leave it up in the air(forehead → nose → chin) 5 min.</li> <li>5. Operation on cheek: start from chin, and operate in dots then connects 3 dots in a line. Move in parallel lines. End with temple, 3 min.</li> <li>6. Do the same on the other side, 3 min.</li> <li>7. Wash face clean, 2 min.</li> <li>8. Apply hydrating facial mask+cold steam, 10 min</li> <li>9. Wash face clean, 2 min.</li> <li>10. Apply massage cream on face and massage face and caress, 3 times.</li> <li>11. Push the following acupoints (chengjiang point, renzhong point, dicang point, jiache point, yingxiang point, jingming point, cuanzhu point, yuyao point, sizhu kong point, tongziliao point, temple, chengqi point, sibai point),</li> </ol> | <p>Technique4</p>  <hr/> <p>Technique5</p>  <hr/> <p>Technique10</p>  <hr/> <p>Technique11</p>  <hr/> <p>Technique15,20</p>  <hr/> <p>Technique16</p> |
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| <p>Mode:M1</p> <p>Vacuum&amp;RF Energy:</p> <p>Face:10%-30%</p> <p>Neck:30%-80%</p> <p>Suction: 0.3-1.0</p> <p>Release : 0-0.5</p> <p>Suction&amp; Release Mode:M1</p> <p>RF Mode:PRO</p> |  | <p>3 times.</p> <p>12. Lift face with both hands as if playing musical instrument, 2 min.</p> <p>13. Alternates hands in lifting the face as if playing musical instrument, 1 min.</p> <p>14. Do the same on the other side.</p> <p>15. Move hands in circular motion on eyes and push temples, 3 times.</p> <p>16. Move middle and ring fingers horizontally below lower eyelids and slide to back of the ear, 3 times.</p> <p>17. Lift middle and ring fingers from inner eye corner to upper eyelids and slide to back of the ear, 3 times.</p> <p>18. Lift eye corners with “scissor” hand gesture, 3-5 times.</p> <p>19. Repeat the previous operation on the other side, 3 times.</p> <p>20. Move hands in circular motion on eyes and push temples, 3-5 times.</p> <p>29. Alternate both hands to lift in 3 lines from chin to ear lobe, corner of mouth to ear gate, nose wing to temple, 3 times.</p> <p>30. Lift towards hairline on forehead, 3 times.</p> <p>31. Do the same on the other side.</p> <p>32. Move middle and ring fingers on forehead in figure Z and slide to the front of the ear back and forth, then slide to the back of the ear,</p> |  <p>Technique17</p>  <p>Technique18</p>  <p>Technique21</p>  <p>Technique22</p>  <p>Technique24</p>  <p>Technique25</p> |
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|  | <p>3 times.</p> <p>33. Neck massage: apply and rub oil on the chest with both hands to the back of the neck and point to feng chi and feng fu acupoint, 3 times.</p> <p>34. Alternately lift the lower jaw and double chin to pass behind the ear and under the armpit, 3 times.</p> <p>35. Push downwards with hand spread and hukou pointing down, tracing 3 meridian channels from the neck side to the armpit, 3 times.</p> <p>36. Push downwards with 4 fingers, tracing 3 meridian channels from neck side to the armpit, 3 times.</p> <p>37. Push downwards with kneeling fingers till the neck turns hot and slide to the armpit, 3 times.</p> <p>38. Push downwards with hand spread and hukou pointing down from external collarbone to armpit, 3-5 times.</p> <p>39. Alternate hands in lifting the neck, 3 times.</p> <p>40. Do the same on the other side.</p> <p>41. RF operation: lift from jaw to forehead in circular lines to make one line next to another, 3 times.</p> <p>42. Coupled with hand to lift (with 3 line techniques), 3 times.</p> <p>43. Lift towards hairline on forehead, 3 times.</p> <p>44. Do the same on the</p> |  <p>Technique26</p>  <p>Technique27,28,29</p>  <p>Technique30</p>  <p>Technique31</p>  <p>Technique33</p>  |
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|  |  | <p>other side.</p> <p>45. Eye RF operation: move the probe beneath lower eyelid in small circles and move all the way till the temple, 3-5 times.</p> <p>46. Combined with hand, move the probe from lower eyelid to temple to lift the treatment area, 3-5 times.</p> <p>47. Lift from the beginning of the eyebrows to the end, 3-5 times.</p> <p>48. Combined with hand, move the probe to lift the corner of the eyes towards the hairline, 3-5 times.</p> <p>49. Do the same on the other side.</p> <p>50. Neck RF operation: coupled with hand massage, lift double chin to pass behind the ear and under the armpit, 3 times.</p> <p>51. Move the device in circles on one side of neck to pass under armpit, 3 times.</p> <p>52. Slide the device from internal and external clavicle to the armpit, 3-5 times.</p> <p>53. Move the device in circles on the whole neck area, 3 times.</p> <p>54. Coupled with hand, lift neck in lines, 3-5 times.</p> <p>55. Do the same on the other side.</p> <p>56. Clean face and neck, 3 min.</p> <p>57. Pour (whitening/hydrating/soothing/anti-aging)essence into the hydro bottle(with the</p> | <p>Technique34,50,56,57</p>  <hr/> <p>Technique35,51,58</p>  <hr/> <p>Technique37</p>  <hr/> <p>Technique38,40</p>  <hr/> <p>Technique39</p>  <hr/> <p>Technique42,63,68</p>  <hr/> <p>Technique43,64,69</p> |
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|  | <p>proportion of essence:distilled water being 2:1), 2 min.</p> <p>58. Hydro spray jet operation on face: start from chin to earlobe, then from mouth corner to ear gate. Move in parallel lines, meanwhile brace the skin with the free hand to keep the treatment surface tight, 2 times.</p> <p>59. Move vertically towards hairline on forehead, meanwhile brace the skin with the free hand to keep the treatment surface tight, 2 times.</p> <p>60. Hydro spray jet operation on neck: move the jet upwards in circles on neck, 2 times.</p> <p>61. From collar bone to jawline, move the jet in lines to lift the treatment area with one line next to another, 2 times.</p> <p>62. Apply (anti-aging/anti-wrinkle) essence evenly on face, 1 min.</p> <p>63. BIO operation has the same techniques as RF treatment.</p> <p>64. Vacuum&amp;RF Device operation on face: lift from chin to forehead in lines with one line next to another, 3 times.</p> <p>65. Coupled with hand to lift from chin (with 3 line techniques), 3 times.</p> <p>66. Move vertically towards hairline on forehead to lift</p> |  <hr/> <p>Technique45,52,71</p>  <hr/> <p>Technique46,53,66,72</p>  <hr/> |
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|  |  | <p>the treatment area, 3 times.</p> <p>67. Do the same on the other side.</p> <p>68. Apply eye essence evenly around eye area, 1 min.</p> <p>69. Repeat the same techniques with BIO operation.</p> <p>70. Apply (anti-aging/anti-wrinkle) essence evenly on neck.</p> <p>71. BIO operation on neck: coupled with hand massage, lift double chin to pass behind the ear and under the armpit, 3 times.</p> <p>72. Move the probe in three circular lines and pass under the armpit, 3 times.</p> <p>73. Slide the device from internal and external clavicle to the armpit, 3-5 times.</p> <p>74. Coupled with hand, lift neck in lines, 3-5 times.</p> <p>75. Do the same on the other side.</p> <p>76. Vacuum&amp;RF operation on neck: coupled with hand massage, lift double chin to pass behind the ear and under the armpit, 3 times.</p> <p>77. Move the probe in three circular lines and pass under the armpit, 3 times.</p> <p>78. Slide the device from internal and external clavicle to the armpit, 3-5 times.</p> <p>79. Coupled with hand, lift neck in lines, 3-5 times.</p> <p>80. Do the same on the other side.</p> <p>81. Apply eye mask, facial mask, neck mask (at the</p> |  |
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|  |  | <p>same time), 15 min</p> <p>82. Remove the masks and clean the treatment area, 5 min.</p> <p>83. Apply toner, essence, cream, eye cream, neck cream and sunscreen.</p> |  |
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**Suggested Treatment:**

Ten treatments account for one full course. After one treatment, the skin will be firm, tender, delicate and smooth, and the eyes will be elevated to accelerate the blood circulation and lymph circulation of the eyes. After one course, it lightens fine lines, dark circles under the eyes and brightens the skin. After two courses, the overall skin is smooth, firm and elastic, and the double chin is improved. Three courses help prevent and delay skin aging, relaxation and sagging, and restore skin to its youthful state.