**User Manual** 

# MS-22S5SB



# Preface

Dear Users,

We're pleased to present to you our 6-in-1 beauty machine featured with facial RF, eye RF, body RF, vacuum RF and 40K fat-burning and laser-pad fat-dissolving. It is a professional beauty machine, which needs to be handled by professionals with proper training. Any improper use will result in adverse outcomes. Therefore, we advise any personnel to read this manual thoroughly and follow the instructions strictly before operation.

We believe our quality product will bring in good returns on your end. Also, you can count on our worry-free after-sales service.

Thank you!

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# Part I

# **Brief Introduction**

Multipolar RF, vacuum RF, 40K ultrasonic fat-burning and laser-pad fat-dissolving machines are currently the most popular beauty machines that work on skin-firming, body-shaping and antiaging. It's an effective replacement of all the facial and body care programs in beauty salons. Moreover, they are convenient and easy to operate. It solves both skin and body management issues for beauty-lovers. This equipment requires no injection, no medication, no operation, thus having no side-effects. It is used externally during the whole process and has an immediate effect. RF machines heats deeper skin layers, stimulates collagen cells to reform in dermis, increases blood circulation in hypodermis, thus achieving skin firming and antiaging.Ultrasounds with specific frequencies target those parts in which fat is difficult to be reduced, bringing customers amazing result.

# Advantages

1. 6-in-1 beauty machine that works on both of your facial and body care.

2. Ultrasonic fat-burning replaces and transcends liposuction, bringing good news for treating obesity.

Various working heads can be replaced in different parts according to different requirements.
 One working head has multiple functions with RF having higher frequency and more energy to emit more evenly

5. The perfect combination of ultrasound, radio frequency and laser solves the dilemma of losing weight. It helps with weight loss while at the same time maintains firming skin, increases skin elasticity, metabolism, and ultimately keeps better health.

6. Adopting the cutting-edge technology of ultrasonic fat-burning.

7. Painless, non-invasive during the process. Skipping any recovery periods without affecting any work and life plans.

8. No consumption, low cost and quick returns.

9. Wider treatment range and faster and more visible effects.

10. Unevenness, bleeding, and swelling will not appear after treatment.

11. Ultrasound, vacuum and radio frequency all have the energy release of red LED respectively. They can dissolve fat and massage while at the same time accelerate metabolism, and sterilize skin. The effect is remarkable with a higher comfort level.

12. Laser fat-dissolving: evenly dissolve fat on every part to leave skin smooth, safe without any pain.

# Facial Firming and Anti-aging

## **Working Principles**

## Face RF

RF wave can directly penetrates the skin and uses the resistance formed by the skin to produce energy, which increases the temperature of the bottom layer of the skin. Using the principle of dermis collagen protein tightening and stimulating collagen protein regeneration, it has two therapeutic effects: timely skin firming and lasting collagen protein regeneration.

After treatment, an obvious sense of contraction can be felt immediately at the treatment area, and the effect of skin firming and lifting can be seen about a month later, and the effect will become more and more obvious. The effect of RF treatment can last for about 18 months to 3 years depending on the area of treatment and individual maintenance methods, which, however, may be longer depending on individual maintenance methods. New research points out that better results can be achieved after repeated treatment.

## Effects

- 1. Firm face, absorb nutrition at deep skin layer.
- 2. Increase skin elasticity and exquisiteness.
- 3. Moisturize the skin and increase the absorption rate of the skin.
- 4. Accelerate blood circulation and metabolism.
- 5. Relieve the double chin and tighten the skin.
- 6. Stimulate collagen proliferation and delay aging

## Applicable Range.

- 1. Those whose faces are dark and dull.
- 2. Those whose skin is flabby and sagging.
- 3. Those who have fine lines, nasolabial folds , wrinkles at eye corners.
- 4. Those whose face contours are not clear.
- 5. Those who have rough skin and large pores.
- 6. Those who work for a long time in the office and are exposed to ultraviolet rays.
- 7. Those who have sagging skin, edema or puffiness after giving birth

## Inapplicable Range:

1. Those who have just undergone plastic surgery with prostheses and metal materials, etc., implanted at the operation area.

2. Those who have experience in injection products recently, such as hyaluronic acid, or those who have mesotherapy, wrinkle removal, or plastic surgery.

3. Those who have hypertension, heart disease, diabetes, severe hyperthyroidism, malignant tumor, etc.

- 4. Those who are in allergic period and have severely sensitive skin and metal allergies.
- 5. Those who have trauma or wound on the skin.
- 6. Over-aging population.
- 7. Those who are in menstruation, pregnancy, lactation, surgical recovery.
- 8. Those who have skin diseases and infectious diseases.
- 9. Those who have unrealistic illusions about the effect.

## Do's and Don'ts after operation

1. Do not wash your face with overheated water for three days (you can wash your face with warm or cold water).

2. Strengthen hydration, moisturizing and avoid sunburn.

3. Do not go for hot springs, saunas, violent exercise, etc., for three days.

4. It is recommended to apply the mask at least three times a week.

5. Avoid eating spicy and greasy food, avoid staying up late, smoking and drinking, and eat more fruits and vegetables and food with less grease.

6. Avoid those food which leads to high blood pressure, high cholesterol and high blood sugar).

# **Eyes Anti-aging**

## Working Principles

## Eye RF

RF treatment for eyes: In the treatment of eyes, RF apparatus use radio frequency waves to make the bottom layer of eye skin quickly heat up and promote the growth of collagen, so as to achieve the effect of firming the skin around the eyes, removing bags under the eyes, removing dark circles under the eyes, and improving bloodshot eyes and fine lines.

## Effects

- 1. Relieve eye fatigue, dark circles, eye bags and edema.
- 2. Reduce lines around eyes and crow's feet.
- 3. Reduce dark spots and accelerate blood circulation.
- 4. Accelerate metabolism and prevent pigmentation.
- 5. Supplement eyes with nutrition and moisturize skin.
- 6. Firm and soften skin, lift the corners of the eyes.
- 7. Accelerate blood circulation around eyes and help skin absorb nutrients efficiently.

## Applicable Range

- 1. Those with wrinkles, fine lines, bags and dark circles around the eyes.
- 2. Those with dry skin, dry lines and dynamic wrinkles.
- 3. Those with eyes prone to fatigue and dryness.
- 4. Those who frequently face computer screens and mobile phones.
- 5. Those who often stay up late and have dark circles.
- 6. Those who often stay in a dry or hot environment.

#### Inapplicable Range

1. Those who had just undergone plastic surgery.

2. Those who have hypertension, heart disease, diabetes, severe hyperthyroidism and malignant tumors.

3. Those who are having an allergic reaction and have severe sensitive skin or are allergic to metals.

- 4. Those who have skin trauma or wound.
- 5. Those who are overaging.
- 6. Those who are pregnant or convalescents.
- 7. Those who have skin diseases and contagious diseases.

## Do's and Don'ts after Operation

1. Avoid excessive exposure to the sun. Sun protection is encouraged.

2. After operation, the treated area is relatively dry, moisturizing and sun protection is encouraged.

3. Within 1-3 days after operation, it is better not to use alcohol, AHA or other exfoliating products.

4. Avoid facial washing with overheated water, taking a sauna, going for hot springs or other violent exercise within 7 days after operation.

5. Moisturizers and eye masks are encouraged to use. It will be preferable to use eye masks 3 times or more a week.

# **Neck Anti-aging**

## **Working Principles**

RF waves directly penetrate the skin, making use of the resistance formed by the skin to produce energy to raise the temperature of the bottom layer of the skin, heat the tissue quickly and continuously and promote the growth of collagen, which achieves the effect of firming, lifting and smoothing skin.

## Effects

- 1. Reduce the flabbiness, roughness and dullness of the neck skin.
- 2. Firm skin and increase skin elasticity.
- 3. Remove double chin.
- 4. Accelerate lymph detox and improve facial skin.
- 5. Prevent neck and lymph diseases.

## Applicable Range

- 1. Those with rough and dull skin on the neck.
- 2. Those with lymphatic blocking
- 3. Those with sagging and inelastic neck skin.
- 4. Those who often bow their heads
- 5. Those who are not satisfied with their skin colour.

## Inapplicable Range

1. Those who have just undergone plastic surgery.

2. Those with hypertension, heart disease, diabetes, severe hyperthyroidism and malignant tumors.

3. Those who are having an allergic reaction, or people with severe sensitive skin.

- 4. Those with skin trauma or wound.
- 5. Those who are overaging.
- 6. Those who are pregnant or convalescents.

7. Those with skin disease and other contagious diseases.

## Do's and Don'ts after Operation

1. Avoid sunburn. Keep the neck warm.

2. After operation, the treated area is relatively dry, moisturizing and sun protection is encouraged.

3. Within 1-3 days after operation, it is better not to use alcohol, AHA or other exfoliating products.

4. Avoid facial washing with overheated water, taking a sauna, go for hot springs or violent exercise within 7 days after operation.

5. Moisturizing and mask for the neck is encouraged, Use masks at least 3 times a week. Essence or neck cream is encouraged.

6. Avoid bowing head for a long time.

# **Body Management**

#### 1.40K

The principle of ultrasonic wave is used to make human adipose cell produce a strong impact and friction movement among adipose cells after gathering strong sound waves into the human body, which can effectively consume heat and water of cells and shrink adipose cells. in addition, when the sound wave vibrates, it can produce a strong impact of pressure among cells, the cells burst instantly, and the adipose cells are reduced, so as to achieve the effect of fat removal.

Cavitation Principle of Ultrasound: Tens of thousands of tiny bubbles, namely cavitation bubbles, are produced by vibration of liquid. These bubbles grow in the negative pressure region formed by the longitudinal propagation of ultrasound, and close rapidly in the positive pressure region, thus being compressed and stretched under alternating positive and negative pressures. The bubbles will be compressed until burst, which will generate huge instantaneous pressure, generally up to tens of MPa to hundreds of MPa, and produce strong vibration and noise.

**Advantages:** It only aims for low-density adipose tissue in a specific frequency, and protects high-density tissue such as vascular and nerve tissue.

## 2. Body RF

RF waves directly penetrate the skin, making use of the resistance formed by the skin to produce energy to raise the temperature of the bottom layer of the skin, heat the tissue quickly and continuously and promote the growth of collagen, which achieves the effect of firming, lifting and smoothing skin. The perfect combination of 40K and RF can not only help people lose weight, but also increase skin elasticity and firm skin.

## 3.Vacuum RF

Massage skin and muscles with the special negative pressure suction head, which can effectively improve body fluid flow and increase cell activity to achieve effects like improving skin elasticity, accelerating blood circulation of capillary blood vessels, clearing out toxins through lymphatic drainage, and improving and lowering the occurrence of dark spots, hyperpigmentation and blood stasis. The kneading action generated by vacuum suction can increase the tissue activity of skin and muscle, thus helping to reduce the cellular tissue and increase the elasticity of skin tissue, so that both slimming and shaping can be completed at the same time. In addition, vacuum negative pressure movement can also stimulate the surface and deep sympathetic nervous system, improve skin sensitivity. The suction and release process of air pressure can not only improve the capillary system but also improve the flow between deeper veins and lymph network, strengthen blood vessels, and improve varicose veins.

**Advantages:** breaking through the previous single and simple working mode of negative air pressure, using different modes for different parts can be more efficient and more effective for slimming and shaping, and it will never harm human body.Unique RF function head design, RF and negative pressure are relatively independent but complementary metabolic system as a whole, RF has negative pressure, negative pressure has RF, each other as a whole.Compared to

the ordinary single-stage RF can be more effective, faster and more uniform perfect remodeling body.

## Vacuum Physical Effects

#### 1. Skin layer

The suction and release of air pressure:

(1) It can improve the fluidity of cells, thus increasing the movement of cells, and can treat diseases related to blood stasis and blood stagnation.

(2) Draining lymph glands and veins.

Effects: redundant water is discharged from tissue fibers.

#### 2. Vascular layer

The suction and release of air pressure:

(1) Improve the blood circulation of microvessels, not only for the capillary system, but also the flow between the deeper veins and lymphatic networks.

(2) Remove excess toxins in the body.

Effects: Strengthen blood vessels, eliminate toxins and relieve varicose veins.

#### 3. Fibrous layer

The suction and release of air pressure:

It can promote the combination of two effects in different tissues (including skin, muscle and so on).

(1) Repair cell tissue, increase its activity.

(2) Lift and revive skin elasticity.

(3) Stimulate the production of bone collagen and improve skin plumpness.

(4) Improve the oxygen support capacity of skin and increase the consumption of carbon dioxide.

(5) Effects: Break the hard fibers of cellulite, make it more elastic, so as to achieve the effect of body-shaping.

#### **1.Nerve layer**

The suction and release of air pressure:

It stimulates the surface and deep sympathetic nervous system.

(1) Improve the sensitivity of skin.

(2) Repair skin elasticity and resist tissue fibrosis. Effects: Repair and improve skin sensitivity.

#### 4. Laser Fat-dissolving

Laser fat-dissolving device uses red laser with a wavelength of 635nm-650nm, which is a visible spectrum. This wavelength of light has a strong penetrating power, which can effectively activate and repair fat cells, penetrate the fat layer, and dissolve subcutaneous fat by heat. Its treatment method is safe, without side effects or pain.

Low levels of laser energy chemical signals are sent to fat cells to break down triglycerides stored in the body's fat layer into free fatty acids and glycerol and release them through membrane channels. Fatty acids and glycerol are transported to tissues that produce metabolic energy. The release of fatty acids is a natural response when the body needs to use stored energy reserves, so there is no unnatural reaction in the body, nor does it affect or damage surrounding structures such as skin, blood vessels and peripheral nerves. After a period of exercise therapy, it will ensure that the free fatty acids of the body are eliminated through complete metabolism.

#### **Biological Effect**

LED uses 635nm - 650nm LED laser heating fat cells in the target zone to make it decompose. In

a very short period of time, fat deposition is only absorbed by our body's natural metabolic processes and discharge. In the process of operation, the laser seal small blood vessels, significantly reduce the injuries, introduce the heat treatment area, stimulates the production of collagen, to make it smooth and tight and also achieve the effect of body-sculpting.

Laser mainly acts as a low-energy laser (biological stimulation) to reach fat in depth. It stimulates biological cells and induces or strengthens a series of physiological reactions by giving appropriate energy, including promoting local blood circulation, regulating cell function, enhancing immune function and promoting cell metabolism. It can at the same time tighten skin, wrinkles, reduce fat, and shape body. Laser penetrating power is very strong, and can activate or repair fat cells more effectively. It can also penetrate the fat layer, heat up and dissolve subcutaneous fat. The treatment method is safe, and has no side effects, no pain.

Using the latest non-operative, non-invasive laser fat decomposition technique, low levels of laser energy released. It produce a kind of chemical signals in the fat cells that will dissolve the trioxide triene stored in body into free fatty acid, glycerin and water molecules. And this is the natural reaction when using the energy reserves one need. The free fatty acids are transported into the body through the lymphatic system to provide energy for the body, just like the body would respond when there is a lack of heat.

## 1. Waist&Abdomen Shaping

#### Effects

Relieve cold hands and cold feet, cold womb or cold body of women.

- 1. Tighten the skin on the waist and abdomen.
- 2. Reduce lumbar and abdominal fat.
- 3. Tighten skin, relieve stretch marks, obesity lines and increase skin elasticity.
- 4. Accelerate metabolism, relieve constipation and improve intestinal peristalsis.

## **Applicable Range**

- 1. Those with cold feet and cold womb.
- 2. Those with lumbar and abdominal fat or who have sagging skin after birth.
- 3. Those sitting for a long time, or with bad waistlines.
- 4. Those with striae due to obesity and pregnancy.
- 5. Those with constipation or obstruction of abdominal meridians.

## Inapplicable Range

1. Those with "3 Hs" (hypertension, hyperglycemia, hyperlipidemia) and who have heart disease.

- 2. Those in pregnancy, menstruation or lactation.
- 3. Those who have just undergone surgical wounds or convalescents.
- 4. Those with epilepsy and severe diabetes and hyperthyroidism.
- 5. Those with malignant tumors, hemophilia or severe bleeding.
- 6. Those with skin diseases and infectious diseases.
- 7. Those with severe gynecological diseases.
- 8. Those whose gynecological diseases are being treated.

## Do's and don'ts after Operation

1. Avoid crop top or anything exposing waist and abdomen as well as cold and windy environment.

2. Avoid binge eating or drinking. No alcohol, no spicy and greasy food. Staying up late should be avoided. Drink warm water.

3. Keep abdomen warm. Take a bath after 4-6 hours.

4. Steam sauna, hot spring or strenuous exercise should be avoided within 7 days after operation.

5. Before going to bed at night, you can rub your abdomen clockwise with your hands, so as to better the effect of weight loss and metabolism.

## 2. Arms Shaping

#### Effects

1. Stimulate collagen growth in the bottom of the skin to shape and firm it.

- 2. Improve sagging skin.
- 3. Improve flabby arms and thick arms.
- 4. Soothe and firm sagging skin.
- 5. Tighten skin.
- 6. Accelerate blood circulation and dredge meridians and collaterals.

#### **Applicable Range**

- 1. Those with thick arms and want to look better in clothes.
- 2. Those with flabby arms.
- 3. Those with sagging arm skin.
- 4. Those whose arms are prone to pain and numbness.
- 5. Those who often hold baby or children

#### Inapplicable Range

1. Those who have just had plastic surgery.

2. Those with hypertension, heart disease, diabetes, severe hyperthyroidism, malignant tumor, etc.

- 3. Those who are during allergic period and has severely sensitive skin.
- 4. Those with skin trauma or cut.
- 5. Those who are overly old.
- 6. Those who are pregnant and who are recovering from surgery.
- 7. Those with skin diseases and infectious diseases.

## Do's and don'ts after Operation

- 1. Keep warm after operation. Do not eat cold food.
- 2. Take shower in 4-6 hours.
- 3. Drink plenty of warm water to stay hydrated.
- 4. Refuse to overeat or stay up late.
- 5. Avoid sauna, hot spring or strenuous exercise within one week after operation.

## 3. Back Shaping Effects

- 1. Relieve shoulder and back soreness, and improve the lump on back of the neck.
- 2. Dredge channels and collaterals, and improve channels and collaterals blocking.
- 3. Increase blood circulation and metabolism.
- 4. Improve blood supply to the head and sleep.

- 5. Regulate the functions of viscera and strengthen the body.
- 6. Firm skin and prevent sagging.
- 7. Reduce excess fat on the back and shape the back.

#### **Applicable Range**

- 1. Those with sore shoulders and backs and stiff necks.
- 2. Those with insomnia, dreaminess and fading memory.
- 3. Those who are prone to fatigue, drowsiness and poor circulation of qi and blood.
- 4. Those with thick back and want to look better in clothes.
- 5. Those who have a lump on the back of the neck.

#### Inapplicable Range

- 1. Those with metal implants in the body, such as stents and pacemakers, are allergic to metal.
- 2. Those are during pregnancy, menstruation and lactation.
- 1. Those whose surgical wound is healing or convalescence
- 2. Those who has "three Hs", heart disease, epilepsy and severe diabetes and hyperthyroidism.
- 3. Those with malignant tumor and hemophilia or severe bleeding.
- 4. Those with skin diseases and infectious diseases.
- 5. Those who are too weak.
- 6. Those who are drunk, thirsty, overworked, on a full or empty stomach.

## Do's and don'ts after Operation

- 1. Keep warm, avoid cold air and drink plenty of hot water.
- 2. Take shower in 4-6 hours after operation.
- 3. Avoid staying up late, drinking and overeating.
- 4. Avoid raw, cold and spicy foods and get enough sleep.
- 5. Avoid shoulder-baring and backless clothing

## **3.Buttocks Shaping**

Buttocks are located in the middle of human body, and are the key hub of meridian qi and blood operation. They are the main switch of six meridian and also the bridge connecting the upper jiao qi and lower jiao qi blood operation of human body. They are the important factor of the body management whose S curve increases the feminine charm.

#### Effects

1. Improve blood circulation and speed up metabolism.

2. Improve menstrual pain, irregular menstruation, abnormal leucorrhea and other female diseases.

3. Improve sleep quality, improve female sexual function and tighten the vagina.

4. Activate the warm nest function, stimulate the secretion of glands, and increase the feelings between husband and wife.

5. Make complexion ruddy, fade color spots and return to young state.

6. Shape hips, improve sagging and outward expansion of hips, tighten skin and increase elasticity.

## Applicable Range

1. Those with saggy hips and fat accumulation.

2. Those with stretch marks induced by obesity and obesity.

3. Those whose butt shape is not good-looking, flat and soft outward expansion.

4. Those with cold and cool hips with low hip temperature.

5. Those with cold womb, dysmenorrhea, irregular menstruation, gynecological inflammation and other problems.

6. Those with decreased estrogen levels and poor sex lives.

#### Inapplicable Range

- 1. Those who are in menstruation, pregnancy, lactation and operation recovery.
- 2. Those with hypertension, heart disease, diabetes, severe thyroid gland, malignant tumor, etc
- 3. Those with skin diseases, patients with infectious diseases and skin sensitive period.
- 4. Those with wounds during recovery from surgery.
- 5. Those with allergic and severely sensitive skin.
- 6. Those who have just had liposuction.
- 7. Those who are overly aging.

## Do's and Don'ts after Operation

- 1. Keep hips warm and avoid wearing miniskirts and shorts.
- 2. Take Shower in 4-6 hours after operation.
- 3. Drink plenty of hot water to avoid cold air.
- 4. Avoid staying up late, drinking and overeating.
- 5. Avoid eating raw, cold and spicy foods and get enough sleep.
- 6. Sauna, hot spring or strenuous exercise should be avoided within 7 days after operation.

## 6. Legs Shaping

## Effects

- 1. Tighten skin and prevent sagging.
- 2. Stimulate collagen regeneration and improve fat lines.
- 3. Increase leg circulation and detoxification, metabolism.

4. Promote blood circulation and remove blood stasis, dredge channels and collaterals, and prevent varicose veins.

5. Tighten excessive protruding fat on legs and get rid of fat on thick thighs.

## **Applicable Range**

1. Those with poor circulation of lower limbs, edema and obese people.

2. Those who have low immunity and feel discomfort and pain all over the body are prone to colds.

3. Those with constipation and has coarse, flabby skin.

4. Those whose channels and collaterals of the legs are blocked, and the proportion of the legs is poor.

## Inapplicable Range

1. Those who are in menstruation, pregnancy, lactation.

2. Those with hypertension, heart disease, diabetes, severe hyperthyroidism, malignant tumor, etc

3. Those with skin diseases, patients with infectious diseases and skin sensitive period.

- 4. Those with wounds during recovery from surgery.
- 5. Patients with severe varicose veins and tumors.

- 6. Those with allergic and severely sensitive skin.
- 7. People who have just had liposuction.
- 8. Those who are overly aging.
- 9. Those who are pregnant or recovering from surgery.

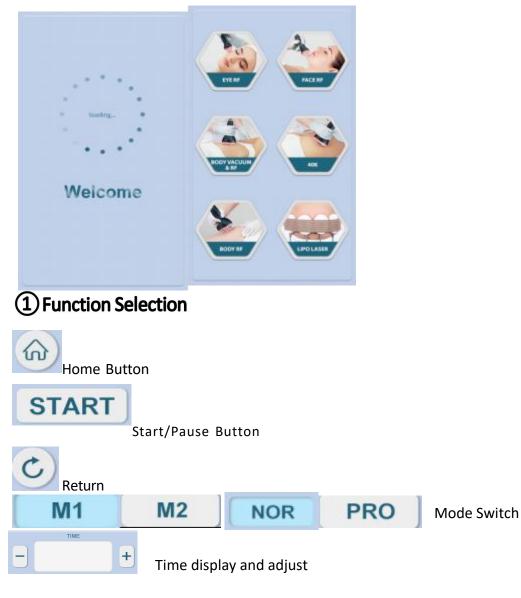
## Do's and Don'ts after Operation

- 1. Keep warm after operation. Do not eat cold food.
- 2. Take shower in 4-6 hours later.
- 3. Drink more warm water to replenish water and speed up metabolism.
- 4. Refuse to overeat or stay up late.
- 5. Avoid sauna, hot spring or strenuous exercise for 7 days after operation.
- 6. Wear pants when you're done. Avoid wearing miniskirts and shorts.

# Part II

## **1. Detailed Operation**

After checking that the instrument is connected properly, the following starting interface will appear when the power supply is turned on.





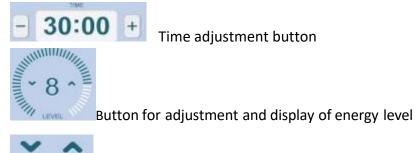
The knob is used for adjusting the suction level of the RF Vacuum. (Twist to the left to decrease the suction level and twist to the right to increase the suction level.)

## 2 Detailed Operation: Eye RF



to go to the interface below.





Button for adjusting energy level of Eye RF Treatment



LED begins to turn red after touching the skin, and the heat of RF is released slowly to reach the energy setting. PRO is the fixed mode. After pressing the start button, the red LED is always on, and the RF temperature is directly set to the pre-set level.)

The interface of facial RF and body RF is the same as that of eye RF, and the specific time, energy level and mode are adjusted according to individual endurance and personal needs.

## 3 Detailed Operation: Vacuum RF



to go to the interface below.



Time adjustment button

Button for adjustment and display of energy level

Button for adjusting energy level of Vacuum RF Treatment

**NOR PRO** The working mode of Vacuum RF Treatment (NOR is smart mode, LED begins to turn red after touching the skin, and the heat of RF is released slowly to reach the energy setting. PRO is the fixed mode. After pressing the start button, the red LED is always on, and the RF temperature is directly set to the pre-set level.)



Adjustment for Vacuum Suction Time(suction time is longer than the release time)



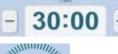
Adjustment for Vacuum Release Time(If it is "0", it is the constant suction mode)

## 4 Detailed Operation: 40K



to go to the interface below.





Time adjustment button

Button for adjustment and display of energy level

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Button for adjusting energy level of 40K Treatment

M1 40K Treatment mode (M1 is the mode of continuous energy release, that is, the handle has been releasing energy after pressing start button, which is suitable for people with thick and accumulated fat; M2 mode is non-continuous mode and suitable for people who are locally obese and want to improve body shape.)

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(5) Detailed Operation: Laser Pads

The leftmost laser panel is to adjust a whole row of laser panels. If you need to adjust a single laser panel, press a single laser panel first, and then press the energy adjustment key to adjust the energy.

#### M1

M1 is consecutive working mode. (The light stays on for the entire time. It is suitable for those who just begin their operation or use it for the first time.)

M2 M2 is non-constant working mode (Laser flashes slowly and it is suitable for maintaining and consolidating the effect)

M3 is fast-frequency working mode. (Laser flashes rapidly. It is suitable for those who need strong effect of weight reduction.)

## 2. Technical Parameters

Power supply Input: 100V-240V Power : 190W

40K Unoisetion Cavitation 2.0 Handle Frequency:40KHz Power:20W

Sextupole RF Handle Freqeuncy: 1MHz Power:30W

Vacuum RF Head Freqeuncy:3MHz Power:50W Vacuum: <-80kPa Pressure: >250kPa Air flow: >10L/minute Noise level:<70db(30cm away)

Bipole RF handle Frequency: 1MHZ Power:30W

8 Pole RF handle Freqency: 3MHZ Power:50W

Led laser wavelength: 635nm ~650nm Power of each light: 5mw Energy output :64 x 5mW =320mw ( 6 big pads \*10 light/each+2 small pads \* 2 light/each) Mains power output: 100VA

## 3. User Contraindications

Patients with the following symptoms should be cautious about using this instrument. Please consult a doctor or a professional before using the instrument. The details are as follows:

1. Those who are in pregnancy or lactation.

- 2. Those with heart disease or who are equipped with pacemaker.
- 3. Those whose wounds have not healed and who are recovering from the operation.
- 4. Those with epilepsy, severe diabetes and hyperthyroidism.
- 5. Those with malignant tumor, hemophilia or severe bleeding.
- 6. Those with skin diseases and infectious diseases.
- 7. Those who are sensitive to current.

## 4. Dos and Dont's

1. The plug with grounding pin must be used before the instrument is used and the power socket of the instrument is properly grounded.

2. Ensure that the voltage of the instrument is suitable. If the voltage of the local power supply is not stable, we suggest that the user add a voltage regulator with matching power between the mains and the instrument.

3. In order to ensure the treatment effect and normal service life of the instrument, please use the specified parts provided or suggested by the original manufacturer.

4. The instrument should not be placed in damp places or near water sources, and should not be directly exposed to sunlight.

5. Do not place the instrument near a strong heat source, as this may affect the life and normal use of the instrument.

6. Before treatment, please remove all metal objects from the body first, so as to avoid unexpected conditions and influence the curative effect.

7. Please restrain from using the device on eyes, thyroid, parathyroid, testicles, abdomen of pregnant women, and pacemakers.

8. Patients who are suffering from illness should consult with a doctor and gain permission from the doctor before using.

9. Please turn off the power switch of the device, and ensure that the total power supply of the device is turned off before the staff leaves after daily use, so as to ensure the safety of the electrical products.

10. Use device or train device operators in strict accordance with instructions in the user manual. 11. When taking other weight-loss drugs, it is recommended to stop taking them for 1 to 2 months before treatment. Extension of the course of treatment is recommended if you wish to lose weight immediately.

12. Don't use the instrument on an empty stomach. After a full meal, wait at least 1 hour before a course of weight loss treatment.

13. During operation, the instrument should be in full contact with the skin to avoid uneven heating or getting scalded.

14. Start from the lowest energy level and slowly add up.

15. When using this device, the operating parts must be kept moist and dry skin should be avoided.

16. Clean the instrument with normal saline (do not use ethyl alcohol) after operation to ensure its cleanliness and hygiene and prolong its service life.

17. When vacuum RF is used in eye area, the suction should not be overly high to avoid bad effect.

18. When operating, we must first fix the laser pad on the customer, and then start the instrument to adjust the energy, which needs to be adjusted slowly from low to high, so that the customer feels warm and comfortable.

19. Products with high oil must be applied to keep skin moisturized.

20. When using the laser pads, the whole surface of the laser pads should be in contact with the skin fully, not only in a small area.

21. The laser pads can be used separately, fix it on the operating area, set the energy, each treatment takes 20-30 min. It has a better effect with massage, RF and vacuum&RF device.

#### 5. Troubleshooting & Solutions

# 1. The instrument cannot be started, and the button light on the back of the instrument does not work?

A. Make sure the power cordis connected to a valid power socket.

B. Whether the fuse tube on the back of the instrument is loose or burnt out.

#### 2. No RF output of the instrument?

A. Please check whether the plug connecting the instrument handle and the body is tightly connected.

B. Please check whether the treatment area has been cleaned. Grease or oil essential oil products may cause poor contact between the treatment handle of the instrument and human body, resulting in no RF output.

#### 3. Weakened RF output?

A. Please check whether the plug connecting the instrument handle and the body is tightly connected.

B. Please check whether non-conductive grease and other substances are stained on the treatment handle, which will cause poor contact and weaken the output.

C. Please check whether the product used is the adaptive product specified by the instrument.

#### 4. No suction or very little suction?

A. Please turn off the instrument and check the filter element specially used for the instrument, which may need to be replaced.

B. Please check the rubber ring of the handle plug, because the rubber ring may be worn and cause air leakage.

C. Please check whether the oil filter cup outside the filter is tightened and whether the rubber ring is worn. It is possible that air leakage at this position may lead to poor air pressure.

D. If the above methods cannot address the issue, please contact the instrument dealer for assistance.

#### 5. I can start the instrument, but the screen show's error message?

A. Please unplug the power plug behind the instrument and wait for about 1 minute before restarting the instrument.

B. If the above methods cannot be handled, please contact the instrument dealer for assistance.

#### 6. FAQs

#### 1. Q: How long can I start seeing results of RF treatment?

A:Under normal circumstances within that day or a week. Skin collagen tissue is heated and produces contractions, and you can obviously feel skin tightening. Because RF works by stimulating subcutaneous tissue and bring about sustainable collagen regeneration, so the more you do it, the more visible effects you shall receive.

#### 2. Q: Is RF harmful to skin?

A: RF treatment falls under the category of non-surgery operation. It stimulates collagen regeneration at the skin bottom and boosts metabolism, therefore has no damage to the skin. Partial redness and fever is the normal phenomenon of accelerated blood circulation, and will be resolved by oneself after a moment, so there's no need to worry.

#### 3. Q: How long does the body firming treatment take?

A: One operation time is 60 minutes. We will combine professional techniques and instruments to achieve remarkable results.

#### 4. Q: What are all the functions of this instrument?

A: Dissolve fat, body shaping, smooth skin, firming, lifting, and anti-aging. It can be operated all over the body. In terms of facial care, it can contour facial outline, alleviate wrinkles and saggy skin. In terms of body care, it can reduce regional fatness and build S curve, promote the metabolism and detoxification of the whole body. Meanwhile, it can also enhance the functions of viscera and regulate the sub-health of the body.

#### 5. Q:Which one is better in terms of weight loss, liposuction or this machine?

A: The principle of liposuction is to suck out the excess fat in one part of the body through the method of negative pressure suction, so as to achieve the purpose of rapid weight loss on parts of the body. It achieves fast results, requires anesthesia, recovery period. It falls under the category of surgery operation and comes with risks. However, our machine is risk-free and has no side effects. While losing weight, it can stimulate collagen regeneration to lift and tighten skin. By lifting, it can also shape perfect curves and accentuate women's natural charm.

#### 6. Q: Will I experience rebound after operation?

A: Ultrasonic works by dissolving fat to reduce weight, and are not prone to rebound. Because what's dissolved through ultrasonic treatment is fat, not water. The formation of fat needs a longer period of time to accumulate, so it is not prone to rebound.

#### 7. Q: Do I need to be on a diet?

A: Pay attention to what you eat. Because radio frequency and ultrasonic treatment end with blasting adipose and accelerated metabolism. It's best to avoid to eating spicy, oily, or fried food, to avoid affecting regular metabolism. Also proper workout and sweating help with the process, in a way weight loss will be more visible as well.

#### 8. Q: Does it have any side effects on the body?

A: RF beauty treatment is non-invasive and so far the most safe and effective method to remove wrinkles and shape body. Generally speaking side effects won't appear. A small number of people may experience transient redness or swelling that will disappear after a few hours. Those with dry skin may experience atrophy after the initial treatment. The skin will lose moisture due to RF heat. However, the skin will become plump at the beginning of collagen regeneration and these symptoms will disappear after three days. There are no side effects on health.

#### 9. Q: Can ultrasound be operated all over the body?

A: Ultrasonic cavitation ruptures fat cells and causes mechanical disruption of fat cell membrane. Liquefied fat cells then cleared away by metabolic pathways. Our heart is a hollow organ, and sensitive to high frequency sound waves. Back and forth reflex occur due to the fact that muscle tissue and blood in the heart do not conduct sound waves in the same way. The reflex force can detach cardiac valves from cardiac muscles. If directed at the eye, it can cause retinal detachment. In a word, avoid eye and heart area when using ultrasonic beauty device. (It is also advised not to use it on waist, back and chest.)

#### 10. Q: Does ultrasound have side effects on human body?

A: Ultrasonic beauty machine requires no surgery, no opening up and no anesthesia, therefore is indeed non-invasive. It relies on ultrasound (mechanical sound wave) - blast fat through cavitation - ultrasound focusing. And the results are fat smash - fat dissolving - skin firming and body sculpting respectively. It only targets at low density fat cells while leaving high density tissues like blood vessels intact, therefore having no side effects on human body. Slight tinnitus might appear to happen during the treatment, which is within normal range so there's no need to worry.

#### 11. Q: Why does tinnitus occur?

A: It's because ultrasound comes with a high frequency vibration, which could go up to 20kHz. It also goes deep into skin fat layers, which could go down to 20mm below epidermis. Highly intensifies ultrasound cause high speed friction among fat cells, resulting in them bursting and heating up, and eventually emulsified. And during the process, ultrasound cause microvibration to the tissue that make us feel like as "tinnitus".

#### 12. Q: What is collagen?

A: Collagen is a kind of biological macromolecule substance, a kind of white, opaque and nonbranched fibrous protein. It can supplement the nutrition needed by all layers of the skin, enhance the collagen activity in the skin, lock moisture, nourish the skin, delay aging, beautify, relieve facial relaxation, provide nutrients for the hair and so on. Collagen is a nutrient that human body must replenish to delay aging. With the growth of age, collagen will gradually be lost. At the age of 20, women have begun to age, collagen gradually decrease. At the age of 25, collagen loss reaches its peak. At the age of 40, the content is less than half of which one has at age 18. It is the loss of collagen and water that causes the wrinkles on the face of the elderly. The breakage of collagen fibers and elastic mesh will cause skin tissue to be oxidized, atrophied and collapsed. The skin will be dry, wrinkled, flabby and inelastic etc,. Therefore, in order to delay aging, collagen must be supplemented.

#### 13. Q: Why do I need hip maintenance?

A: Because it can help the body lymphatic system discharge poison, improve the gynaecological disease, and avoid harm brought by buttock blockage. Hip impassability surely bring about gynaecological issues. What's inside buttocks is pelvic cavity, bowel. It connects daimai, lumbar vertebra, sciatic nerve from above, uterus ovary, uterine adenexa in front, anus, vagina, inguinal lymphatic from below.

If suffering from squeeze of shangjiao and xiaojiao meridian channels, hip would be most vulnerable to cold, wet and blood stasis. When hip is affected by cold, it can cause meridian contraction of hips, dysmenorrhea, irregular menstruation, dark menstruation color, clot, deterred blood flow and meridian channels. It also affects fertility.

#### 14. Q: How does negative pressure detoxify?

A: Negative pressure can congest capillary, stimulate cell to increase vitality. The suction and release of pressure during operation can make local pores continue to open and close, therefore promote skin breathing, increase the amount of skin oxygen,

speed up the elimination of waste. So it achieves the effects of promoting qi and blood circulation, dispelling coldness and dampness, dredging channels and collaterals, clearing toxins, heat and so on.

#### 15. Q:Will there be a rebound through laser fat-dissolving?

A: the number of adipose cells in the body is fixed, with age growing to a constant in adulthood, the increase in weight is due to the increase in the volume of adipose cells, laser fat-dissolving will remove the local fat structure, reducing the volume of fat. Of course, the little rebound after fat-dissolving does not mean that there will be no rebound. In general, as long as the diet is reasonable, instead of bingeing all day, there will be no rebound.

# 16. Q:Does people need to control food intake and take exercise when they lose weight by laser treatment?

A: The efficacy of losing weight by laser is more significant, but we can not blindly rely on it, for example, one's weight will reach the ideal range by using it, but if he does not pay attention to diet control, eating and drinking in the later stage, then it is likely to lead to a rebound. You know, there is no weight-losing product in the world that absolutely guarantees that it has permanent efficacy. So losing weight by laser is an auxiliary method. When the weight reaches the ideal range, we should also reasonably plan their own diet and reasonable exercise after stopping using it.

## 7. Packing List

- 1 x main machine
- 1 x 40K RF Handle
- 1 x Vacuum RF Handle
- 1 x Facial RF Handle
- 1 x Eye RF Handle
- 1 x Body RF Handle
- 8 x Laser LED Pad
- 1 x Fittings Stand
- 1 x Filter
- 2 x Fuse
- 1 x Power Line

## 8. Operational Diagrams

Parameter Adjustment	Product	Techniques	Diagrams
Skin Anti-agi	ng and Fir	ming: 60 minutes, or	nce a week
Face RF Energy level:3-7 Operation time:15-20 minutes Mode: NOR: fixed mode PRO:smart mode	Makeup Remover+ Face Wash+Hot &Cold Steam+ Massage Cream+ Base face Essence+ Facial mask	<ol> <li>Remove makeup and clean face, 5 min.</li> <li>Apply base mask and use hot steam, 10 min.</li> <li>Clean the face, 2 min.</li> <li>Apply toner, 1 minute</li> <li>Apply massage cream evenly on face and caress face, 3 times.</li> <li>Push the following acupoints (Ren-24, Du-26, St-4, St-6, LI- 20, BL-1, BL-2, EM3, TE-23, Gb- 1, the Temple, St-1, St-2), 3 times.</li> </ol>	Technique 5 、7
		<ul> <li>7. Caress the whole face, 3 times.</li> <li>8. Alternate both hands to lift in 3 lines from chin to ear lobe, corner of mouth to ear gate, nose wing to temple, lower eyelid to temple, lift canthus, 3</li> </ul>	Technique 8、 17

	times.	Technique 10、
	9. Do the same to the other	12、19
	side.	$\sim$
	10. Lift towards hairlines on	(mar)
	forehead, 3 times.	
	11. Alternate hands in lifting	A - P
	the face as if plucking the	M
	string, 3-5 times.	
	12. Alternate fingers in plucking	Technique 15
	forehead towards hairline with	A
	one hand, 3-5 times	
	13. One side, pluck and lift face	No ch
	by alternating hands,2-3	1-/
	minutes	M
	14. Do the same to the other	
	side.	
	15. Move in a zigzag shape on	
	forehead with middle and ring	
	fingers, slide to the front side of	
	ears and lift back and forth for	
	3 times and pass behind ears.	
	16. the end	
	17. Face RF Operation, lift	
	upwards from jaw to earlobe,	
	mouth corner to ear gate, nose	
	wing to temple, 3 times	
	18. Do the same on the other	
	side.	
	19. Lift towards hairlines on	
	forehead, 3 times.	
	20. Wash face clean,2 minutes	
	21.Apply face mask, 14 minutes	
	22.Wash face clean, 2 minutes.	
	23. Apply toner, essence, face	
	cream and sunscreen.	
	24 The end	
Treatment suggestions		

#### **Treatment suggestions**

A course of treatment consists of ten treatment sessions. After one session, skin will be firmed and hydrated with necessary nutrients absorbed. After a full course, skin will be lifted and glossy. Two courses helps increase skin smoothness and plumpness and make face contour clearer. Three courses help increase skin metabolism and detoxification, fade pigmented spots and brighten dull skin, prevent skin sagging and aging and make the collagen at the bottom layer of skin regenerate to realize skin rejuvenation, smoothness, firming and glossiness.

## Eye Wrinkle Reduction:25 minutes, 2-3 times a week

Eye RF

Makeup

		_	]
Energy level:3-7 Operation time: 10-15 minutes Mode: NOR:fixed mode PRO: smart mode	remover+ Face wash+ Essence/Ey e Cream+ Eye masks+ MS-22S5SB	<ul> <li>face, 5 min.</li> <li>Apply toner, 1 min.</li> <li>Apply essence(Eye cream) evenly around eyes, 3 times.</li> <li>Eye RF Operation,set the energy level, mode and time: about 10 minutes</li> <li>Lift from lower eyelid to eye corner,3-6 times</li> <li>Lift from lower eyelid to temple, 3-6 times</li> <li>Move the probe beneath lower eyelid in small circles and move all the way to the temple,3-6 times.</li> <li>Lift from beneath lower eyelid towards temple, 3-6 times</li> <li>Lift from eye bone to hairline,3-6 times</li> <li>Do the same on the other side.</li> <li>Wash eye area clean, 1 minute</li> <li>Apply eye mask, 15 minutes</li> <li>Remove eye mask and wash eye area clean, 2 minutes.</li> <li>Apply eye essence</li> </ul>	Technique 5 Technique 6 Technique 7 Technique 7 Technique 8 9 Technique 8 9

# Neck Treatment:60 minutes, once a week

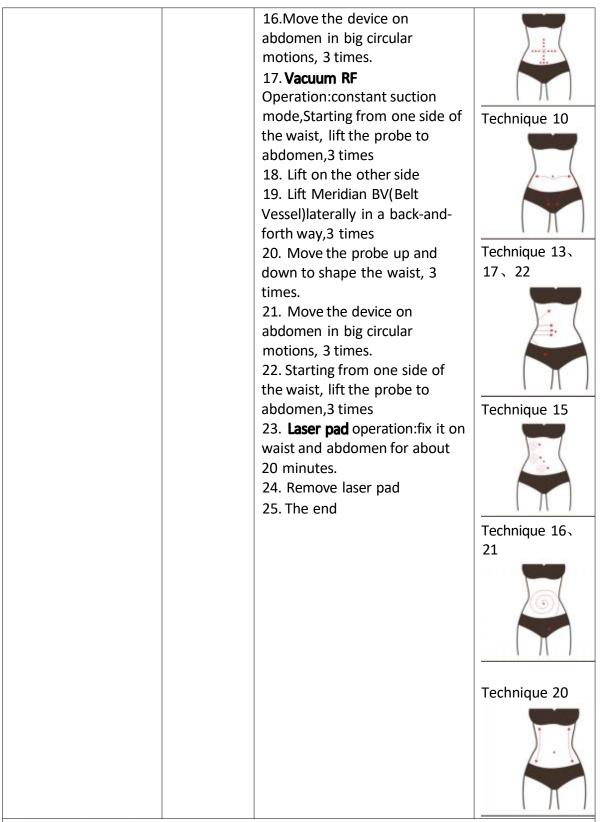
Neck RF	Makeup	1. Remove makeup and cleanse	Technique 3
Energy level:3-7	Remover+	neck, 5 min.	24
Operation time: 10-15	Face Wash+	2. Apply toner, 1 min.	·
minutes	Massage	3. Neck massage: apply and rub	
Mode:	Cream+	oil on the chest with both	
NOR:fixed mode	Essence+	hands to the back of the neck	
PRO:smart mode	Neck Mask	and press Gb-20 and Du-16	Technique 4
		acupoint, 3 times.	
		4. Alternately lift the lower jaw	
		and double chin to pass behind	
		the ear and under the armpit, 3	
		times.	

<ul> <li>5. Push downwards with hand spread and hukou pointing down, tracing 3 meridian channels from neck side to the armpit, 3 times.</li> <li>6. Push downwards with 4 fingers, tracing 3 meridian channels from neck side to the armpit, 3 times.</li> <li>7. Push downwards with kneeling fingers till the neck turns hot and slide to the armpit, 3 times.</li> <li>8. Push downwards with hand spread and hukou pointing down from external collarbone to armpit, 3-5 times.</li> <li>9. Do the same on the other side.</li> <li>10. The end</li> <li>11. Neck RF Operation, 12. coupled with hand massage, lift double chin to pass behind the ear and under the armpit, 3 times.</li> <li>12. Move the device in circles on one side of neck to pass under armpit, 3-5 times.</li> <li>13. Slide the device from internal and external clavicle to the armpit, 3-5 times.</li> <li>14. Move the device in circles on the whole neck area, 3 times.</li> <li>15. Do the same on the other side.</li> <li>16. Clean neck with hot towel, 2 minutes.</li> <li>17. Apply neck mask, 15 minutes.</li> <li>18. Clean neck with hot towel, apply hot compresses for 15 minutes.</li> <li>19. Apply toner, eye essence, neck essence, neck cream and sunscreen</li> <li>20 the end</li> </ul>		16(91)
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#### **Treatment Suggestions**

10 treatments account for one full course. After one treatment, skin becomes tender, smooth. After a full course, neck skin becomes smooth, speed up the neck lymphatic circulation. After 2 courses it tightens skin, fade necklines, improve the double chin. After

facial dullness, some pr restore young state.	odiems such	as acne, and delay the aging of	ne skin, make ski
Shaping V	Vaist&Abo	domen: 60 min, once a	week
40K RF Energy level:3-7 Operation time:10-15 minutes Mode selection: M1:constant mode M2:non-constant mode Vacuum RF Energy level:3-7 Operation time:10-15 minutes Mode: NOR: fixed mode PRO: smart mode SUCTION: suction time RELEASE: release time Suction&release time can be freely adjusted.When release time is 0, it is on the constant suction mode. Laser Pad Operation time:20 minutes mode; M1: constantly on M2: slow flash M3: quick flash	Massage Cream(esse nce)+Gel+ MS-22S5SB	<ol> <li>Massage by hands</li> <li>Apply and rub oil on abdomen with hands, 3 times.</li> <li>Rub stomach back and forth with both hands, 3-5 times.</li> <li>Knead abdomen with both hands using chiropractic techniques, 3 times.</li> <li>Lift Meridian BV(Belt Vessel) on both sides of waist with both hands alternately, 16 times.</li> <li>Move hands as if writing an "8" number on waist, 3 times.</li> <li>Overlap hands and message the intestinal canal clockwise, 3 times.</li> <li>Move hands in circular motion and caress the treatment area, 3 times.</li> <li>Push on the following acupoints: Ren-13, Ren-12, Ren-10, Ren-8, Ren-6, Ren-4, Ren-3, St-25, SP-15, Ren-2,RN-2 2 times.</li> <li>Starting from Ren-3 point, push both thumbs to belly navel, slide them to waist and the lift upwards to groin, 3 times.</li> <li>Caress the treatment area with hands and slide to groin.</li> <li>the end</li> <li>40K operation: starting from one side of the waist, lift the device to abdomen and groin, 3 times.</li> <li>Repeat the previous operation on the other side, 3 times.</li> <li>Move the device on abdomen in small circular motions, 3 times.</li> </ol>	Technique 2 8 11 Technique 3 19 Technique 3 19 Technique 4 Technique 4 Technique 5 Technique 5 Technique 7 Technique 7 Technique 9



#### **Treatment Suggestions**

A course of treatment consists of ten treatment sessions. After one treatment session, abdomen is heating up, metabolism is accelerated. After one course, fat is slowly reduced through metabolism, body starts to slim down. Constipation and other issues are addressed at the same time. After 2 courses the effect gradually becomes obvious, skin is tightened and lifted, skin collagen increased. Stretch marks and flabby skin are also improved. 3 courses help reinforce the effect. Redundant fat gradually disappear, lumbar abdomen curve start to take in shape, and slim waist starts to show.

# Arm Shaping:60 minutes, once a week

40K RF Operation time:10-15 minutes Energy level:3-7 Mode selection: M1:constant M1:non-constant M1:non-constant <b>Body RF</b> Energy level:3-7 Operation:20-30 minutes Mode: NOR: fixed mode PRO: smart mode PRO: smart mode <b>Laser Pad</b> Operation time:15 minutes Mode M1: constantly on M2: slow flash M3: quick flash	Essential oil+ Gel+ Towel+ MS-22S5SB	<ol> <li>Techniques</li> <li>Left-right order: lay the arm flatwise, apply and rub oil in from lower arm to the entire arm and slide to the fingers, 3 times.</li> <li>Push the entire arm with both palms, 3 times.</li> <li>Push hands upwards tracing three main collateral channels: Large Intestine Meridian(LI) - Triple Energizer Meridian(TE) - Small Intestine Meridian(SI) to armpits with fingers spread and hu kou pointing upwards, 3 times.</li> <li>Caress the treatment area, 3 times.</li> <li>Trace and rub three main collateral channels on arms with kneeling finger back and forth till them turn hot, 3 times.</li> </ol>	Technique 2 3 3 4 5 6 7 Technique 8 9 Technique 8 9 Technique 10
MIS: QUICK HASH		<ul> <li>7.Caress the treatment area, 3 times.</li> <li>8. Lay inner arm upwards, and push hands tracing three yin channel on inner arm: Lung Meridian(LU) - Pericardium Meridian(PC) - Heart Meridian(PC) - Heart Meridian(HT) to armpit, with hukou pointing upwards, 3 times respectively.</li> <li>9. Rub three channels back and forth with kneeling fingers till they turn hot, 3 times.</li> <li>10. Caress the treatment area and slide to fingers.</li> <li>11. Repeat the previous operation on another side.</li> <li>12. The end of massage technique.</li> <li>13. 40K device operation: lay arms flatwise and start from fat part of lower arm, tracing three channels to armpit, 3 times.</li> <li>14. Move the device in annular motion, tracing three channels</li> </ul>	Technique $13$ $16 \cdot 21 \cdot 24$ Technique $14$ $15 \cdot 22 \cdot 23$ Technique $17$ 25 Technique $17$ 25 Technique $19$ 27

to armpit, 3 times. 15. You may double the operation on flabby arms, 3 times. 16. Trace three channels to armpit, 3 times. 17. Lay inner arm flatwise and push three channels on upper arm to armpit, 3 times. 18. Trace three channels on upper arm and move the device in circles to armpit. 20. Do the same on the other side. 21. <b>Body RF</b> operation: Lay arms flatwise and start from fat part of lower arm, tracing three channels to armpit, 3 times. 22. Trace three channels on upper arm and move the probe in circles to armpit, 3 times. 23. You may double the operation on flabby arms, 3 times. 24. Trace three channels to armpit, 3 times. 25. Lay inner arm flatwise and push three channels on upper arm to armpit, 3 times. 26. Trace three channels on upper arm and move the device in circles to armpit, 3 times. 26. Trace three channels on upper arm and move the device arm to armpit, 3 times. 26. Trace three channels on upper arm and move the device in circles to armpit, 3 times. 26. Trace three channels on upper arm and move the device in circles to armpit, 3 times. 26. Trace three channels on upper arm and move the device in circles to armpit, 3 times. 27. Trace three channels form
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#### **Treatment Suggestions**

A course of treatment consists of ten treatment sessions. After one treatment session, it will feel warm and tight, and the arms will be relaxed. A course of treatment help reduce excessive arm fat and the skin appear to be tight and plump. 2 courses of treatment begins to shape the arms, strengthen the effect, dredge meridians, and enhance the constitution. 3 courses help consolidate effects and prevent rebound.

# Back Shaping :60 min, once a week

Body RF	Massage	1. Techniques	Technique 2
Energy level:3-7	cream(esse	2. Apply oil on back and press	11
Operation time:15-20	ntial	Gb-20 and Du-16 points.	
ninutes	oil)+MS-	3. Apply oil on back and press	11
Mode:	22S5SB	Gb-20 and Du-16 points.	GUID
NOR:fixed mode		4. Move thumb outwards from	$\Lambda' \Lambda$
PRO: smart mode		Bladder Meridian(BL) to the 8	
/acuum RF		Crevice Area and then to Gb-20	
Energy level:3-7		and Du-16 points.	Technique 3
Operation time:15-20		5. Starting from neck to caudal	reeninque s
minutes		vertebra, move hands in S-	50
Mode:		shape, 3 times.	/λ' `Λ\
NOR:fixed mode		6. Push Bladder Meridian(BL)	$\langle \nabla \rangle$
PRO: smart mode		with thumb in left-right order, 3	
SUCTION: suction		times.	Tochnique 4
time		7. Push Bladder Meridian(BL) to	Technique 4
RELEASE: release		the 8 Crevice Area with both	
time		thumbs, at the same time, 3	/ 入 至 人 \
Suction&release time		times.	
can be freely		8. Push Bladder Meridian(BL) in	
adjusted.When		three kneeling fingers, 3 times.	
release time is 0, it is		9. Push scapula slot with both	Technique 5
on the constant		hands alternately in left-right	25
suction mode		order, 3-6 times.	12/2(2)
Suction mode		10. Push scapula slot with both	$(0 \ge 0)$
		hands horizontally, 3-6 times.	
		11. Caress the back with both	
		hands and push Gb-20 and Du-	Technique 6、
		16 points, 3 times.	7、8、14
		12. Overlap both thumbs and	25
		push SI-11 point and slide to	$\left( \lambda \right) \left( \lambda \right)$
		the arm, 3 times.	(0   0)
		13. Do the same on the other	Y
		side,3 times	
		14. Rub Meridian GV and	Technique 9、
		Bladder Meridian(BL) with	19、26
		hands until they turn hot.	1
		15.the end	60
		16. Body RF Operation:Starting	$\Lambda$ $\Lambda$
		from Meridian GV to Bladder	V V
		Meridian(BL), move the device	
		from neck to the 8 Crevice	Technique 10、
		area, 3-5 times.	19、26
		17. Move the device in circles	127 20
		on Du-14 point, and the 8	
		Crevice area , 3-5 times	
		respectively.	

18. From Da Ban Jin to neck,	ノレ
move the device back and	(i) (i)
forth, 3-5 times.	$\langle 0 \rangle \rangle$
19. Lift the device on scapula slot in left-right order, 3-5	
times.	Technique 12
20. Move the device	13
horizontally as if writing an "8"	~~
number to the 8 Crevice area, 3	(A) (A)
times. 21. Move the probe upwards in	$(\bigcirc \bigcirc)$
annular motion to armpit in	
left-right order on both sides, 3	Technique 16
times.	23
22. Lift from sides of the waist	~~
upwards till armpit, 3-5 times. 23. Vacuum RF	$\left( \lambda \right) \left( \lambda \right)$
Operation:Starting from	$\langle 0 \rangle$
Meridian GV to Bladder	
Meridian(BL), move the device	Technique 17、
from neck to the 8 Crevice area, 3-5 times.	24
24. Move the device in circles	25
on Du-14 point, and the 8	12091
Crevice area , 3-5 times	$\langle Q \rangle$
respectively.	
25. From Da Ban Jin to neck, move the device back and	Technique 18
forth, 3-5 times.	25
26. Lift the probe on scapula	and and
slot in left-right order, 3-5	$\langle \lambda \rangle$ $\langle \Lambda \rangle$
times. 27. Move the device	
horizontally on the back as if	
writing an "8" number to the 8	Technique 20、
Crevice area, 3 times.	27
28. Move the probe upwards in annular motion to armpit in	65
left-right order on both sides, 3	$\Lambda = \Lambda$
times.	
29. Lift from sides of the waist	
upwards till armpit, 3-5 times.	Technique 21
30. The end	28
	(Si)
	$\left(0 \stackrel{\circ}{\approx} 0\right)$
	Tashairus 22
	Technique 22、 29
	23

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#### **Treatment suggestions**

A course of treatment consists of 10 treatment sessions. After one treatment session, back will be significantly relaxed, and it can also alleviate neck stiffness, and lift skin. A course help relax shoulder, reduce back fat, ease the lump on the nape of the back, and shape the backline. After two courses, the lump appears to be smaller, and it help dredge meridians, regulate sub-health, and improve sleep. 3 courses help with back thinning, refine back line, strengthen visceral function, improve digestion, detoxification and metabolism, (a course of treatment is to reduce fat, two courses are to strengthen effect, three courses help with consolidation and avoid rebound.)

## Buttocks Shaping: 60 min, once a week

Vacuum RF	Massage	1. Massage techniques	Technique 2
Energy level:3-7	Cream(esse	2. Standing on the side,	5、
Operation time:20-30	ntial	accumulate oil on hands and	11
minutes	oil)+MS-	then slide to the waist from the	/ \
Mode:	22S5SB	8 Crevice Area and then lift up	62
NOR:fixed mode		along the hips from the waist, 3	
PRO:SMART mode		times (this is to caress the	
SUCTION: suction		treatment area.)	
time		3. Push the 8 Crevice area with	Technique 3
RELEASE: release		two thumbs, 3 times.	/ \
time		4. Caress the treatment area	
Suction&release time		for 3 times and then press	
can be freely		point: Bl-23, 8 Crevice area, Du-	$( \land )$
adjusted.When		1, Gb-30, BL-36, 3 times.	\ I /
release time is 0, it is		5. Caress the treatment area, 3	Technique 4
on the constant		times.	/• •\
suction mode		6. Left-right order, both hands	
		push from the root of the thigh	
Laser Pad		in bottom-to-top way Bladder	
Operation time:20		Meridian(BL) - Kidney	
minutes		Meridian(KI) - Liver	Technique 6、
Mode		Meridian(LV) - Gallbladder	14、17
M1: constantly on		Meridian(GB) to Meridian BV, 3	/ \
M2: slow flash		times each.	
M3: quick flash		7. Push Bladder Meridian(BL) -	
		Kidney Meridian(KI) - Liver Meridian(LV) - Gallbladder	
		Meridian(GB)from thigh root to	\    /
		Meridian upwards, 3 times	Technique 7、
		each.	10

21. Remove pad
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#### Treatment Suggestions

A course of treatment. After one treatment, buttocks will experience lifting and heat. After a course of treatment buttocks start to show obvious curve lines, and excessive fat begin to disappear slowly, and skin appear to be tight. After 3 courses, the conditions of cold body and uterus, other gynecological problems such as irregular menstruation are improved. It also help consolidate the effect, and increase the female charm.

Leg Shaping: 60 minutes, once a week				
40K RF	Massage	1. Massage techniques	Technique 2	
Energy level:3-7	Cream(esse	2. Left-right order: apply and	3、4、5、7、	
Operation time:10-15	ntial	rub oil in from calf to thigh to	8、9	
minutes	oil)+gel+MS	heel, 3 times.		
Mode selection:	-22S5SB	3. Alternately push the entire		
M1:constant mode		leg from bottom to top with		
M2: non-constant		heels of palms and then push		

·		
mode	back to the heel, 3 times.	
	4. Move hands upwards to	
	push four main collateral	
Energy level:3-7	channels: Bladder Meridian(BL)	SOL
Operation time:10-15	- Kidney Meridian(KI) - Liver	00
minutes	Meridian(LV) - Gallbladder	Technique 6
Mode:	Meridian(GB) with fingers	
NOR: fixed mode	spread and hukou pointing	STE/
PRO: smart mode	upwards.	1313
SUCTION: suction	5. Push popliteal fossa with	VII/
time	both hands alternately, 3 times.	00
RELEASE: release	6. Twist both hands upwards	Technique 12、
time	alternately as if twisting a fried	15、17、20、
Suction&release time	dough, 3 times.	23
can be freely	7. Caress the treatment area, 3	) ()
adjusted.When	times.	
release time is 0, it is	8. Push four main collateral	
on the constant	channels upwards with kneeling	)[](
suction mode	fingers of both hands, 3 times.	00
	9. Caress the treatment area, 3	Technique 13
Laser Pad	times.	16、21、24
Operation time:15	10. Do the same on the other	):// (
minutes	side.	$(\cdot, \Omega)$
Mode:	11. The end	
M1: constantly on	12. <b>40K</b> operation: Move the	11/
M2: slow flash	probe from foot to popliteal	00
M3: quick flash	fossa to push Bladder	Technique 15
	Meridian(BL) - Kidney	17、23
	Meridian(KI) - Liver	1/ \ 23
	Meridian(LV) - Gallbladder	
	Meridian(GB), 3 times.	1.
	13. Move the probe in small	
	circular motion on calf, 3 times.	
	14. Move the device upwards	Taskain AC
	to popliteal fossa and caress	Technique 16
	the treatment area with hands,	18、21、
	3 times.	24
	15. Push from popliteal fossa	
	tracing 4 main collateral	
	channels to the end of thigh, 3	\/
	times.	). )
	16. Move the device in circular	1-11-1
	motion from popliteal fossa to	Technique 13、
	the end of thigh, 3 times.	21
	17. Push from popliteal fossa	). () (
	tracing main collateral channels	
	to the end of thigh, 3 times.	
	18. Move in small circles on	2115
	thigh to dissolve fat,3-5 times	00
	19. Do the same on the other	Technique 25
	side.	

20. Vacuum RF Operation:lift	$ \rightarrow $
from heel to popliteal fossa with hands, 3 times	
21. Move in small circles on	
calf,3 times	
22. Move on calf from top to bottom back and forth,3-5	Technique 26
times.	
23. Lift from popliteal fossa to	
thigh root,3 times. 24. Move the probe in small	20
circles on thigh, 3 times.	
25. Lift from two sides of leg to	Technique 29
the middle, 3 times.	30、33、35、
26. Lift upwards from two sides of thigh in annular motion	38、40、42
27. Do the same on the other	
side.	
28. Massage the front side of	
legs:rub oil into skin from feet to thigh root(caress the	
treatment area),3 times	
29. Push four main collateral	Technique 34、
channels: Bladder Meridian(BL)	37
- Kidney Meridian(KI) - Liver Meridian(LV) - Gallbladder	4 . 1
Meridian(GB) to thigh root with	
fingers spread and hukou	2 0
pointing upwards.	
30. Push four collateral channels with kneeling fingers	Y / 1 /
of both hands,3 times	Technique 36、
31. The end	41
32. Do the same on the other	
side. 33. <b>40K</b> Operation:Lift the	
probe towards knee from calf	\.·  /
while tracing 3 meridians, 3	$\langle     \rangle$
times(start from thigh if there's	Technique 42
not enough unwanted fat on calf.)	ζ. λ
34. Move the probe on two	
sides of calf in annular motion,	
3 times(start from thigh if	
there's not enough unwanted fat on calf.)	\ II /
35. Lift the probe from knee to	Technique 43
thigh root in lines, 3 times.	
36. Move the probe in small circles on thigh, 3 times.	
37. Lift the probe from knee to	

<ul> <li>thigh root in annular motion, 3 times.</li> <li>38. Lift the device from knee to thigh root in parallel lines, 3 times.</li> <li>39. Vacuum RF Operation:Lift the probe towards knee from calf while tracing 3 meridians, 3 times(start from thigh if there's not enough unwanted fat on calf.)</li> <li>40. Lift from knee to thigh root,3 times</li> <li>41. Move in small circles on thigh,3 times.</li> <li>42. Lift from two sides of thighs to the middle,3-5 times.</li> <li>43. Lift upwards on two sides of thigh in annular motion.</li> <li>44. Do the same on the other thigh.</li> <li>45. Laser Pad Operation:fix it on the fat area of legs for about</li> </ul>	
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#### Treatment Suggestions

A course of treatment consists of ten treatment sessions. After one treatment, leg is relaxed, and circulation is accelerated. After a course of treatment, leg becomes thin, skin collagen tissue experience contraction due to heat effect, and tightening effect can obviously be felt on the skin. After 2 courses, leg is tight and slim, and obvious results are seen. 3 courses help consolidate the effect. Super RF + super ultrasound is to stimulate the dermis of the skin, which can sustain collagen regeneration, so the treatment effect will be more and more obvious.